



# The Homemaker Echo

Official Newsletter of the Hawaii Association for Family and Community Education

Volume 49 Issue 2

**June 2023**

*In this issue:*

- \*President's Message*
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**Go Paperless!** ~100 FCE members have chosen to receive the Homemaker Echo via email. Please consider joining them by contacting me so that I can add your name to the email list. You will receive the Echo in COLOR and weeks before the USPS issue. This also saves HAFCE in mailing costs and it saves a few more trees for a healthy environment.

Send your email address for a paperless delivery to:  
 Denise Smith  
 Homemaker Echo Editor  
[cdsmith2139@gmail.com](mailto:cdsmith2139@gmail.com)  
 (650) 969-3422

## PRESIDENT'S MESSAGE

June 2023

From what I have observed on Oahu and what I learned about the neighbor islands; it seems to me that HAFCE is doing a great job of recovering from the pandemic. We are doing more things in person when it is appropriate. We still Zoom when we need to. I hope we don't abandon that technology because we are better connected now than we were in the past. What we need to start now, is more community outreach events. Our communities need to be reminded of our existence. So, I encourage you to consider some of the events your councils did in the past or think up some new things to share with others.



We are all looking forward to the face-to-face convention in Hilo. I encourage you to attend. I know the Hilo folks have great plans for an informative and enjoyable event.

Lastly, some of you know that I have been sending an almost daily cartoon ever since the first days of the Covid outbreak. As the pandemic has died down, the cartoons have changed to just funny thoughts that I share. If you are not receiving the cartoons, and you wish to do so, just send me an email with a request. Would love to add you to the list!

Stay safe and healthy,

*Jacquie Maly, HAFCE President*

### Hawaii FCE Board Members

#### Executive Officers

President ~ Dr. Jacqueline Maly  
 Vice President ~ Lynn Barut  
 Secretary ~ Kathy Uehana  
 Treasurer ~ Frances Dinnan  
 Past President ~ Ruthie Haitzuka

#### Education Chairs

Health ~ LaVanda Salas  
 Home ~ Martha Yamada  
 International ~ Vacant  
 Leadership ~ Vacant  
 Youth ~ Terrienne Sewake

**CES Advisor** vacant



## *From the Editor....*

### A Reminder

The deadline for articles for the next issue of the Homemaker Echo is: **September 10<sup>th</sup>, 2023**

Please send articles and photos to: [cdsmith2139@gmail.com](mailto:cdsmith2139@gmail.com) or 433 Sylvan Ave. spc 39 Mountain View, CA 94041 or (650) 969-3422 or (808) 430-2097 cell ~ Leave a message if I'm not home

***Aloha, Denise***



## Trimble Foundation Distribution Committee - Pat Kubo - Chair

We hope that all of you can help spread the word to our high schools, colleges, universities, and community organizations, to apply for a Trimble Foundation grant or scholarship. Individuals applying for scholarships can be FCE members, members of our families, or members of the public. They can be first time college students or returning students. Organizations who apply for grants must be a non-profit dedicated to the betterment of communities through health, welfare, or education. The amount of funds available is \$20,000.

**Application forms are available on the [hawaiifce.org](http://hawaiifce.org) website or by contacting any FCE Council President or Board member. Deadline to apply: July 31, 2023**



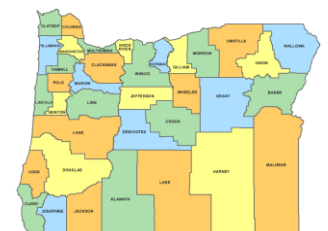
## Sneak Peek! - Denise Smith

Here's my attempt at fabric origami aloha shirts! I've never been very good at origami but these little shirts turned out pretty cute, I think. This year's quilt is called "Retro Aloha Shirts" and it is 40" X 40" with a sleeve for hanging. Tickets have been distributed to council presidents so be sure to ask about purchasing some. Cost is \$5 each or \$10 for 3. All proceeds will go to the ACWW organization to support their worldwide programs to help rural women and their families. The lucky winner's ticket will be drawn at the convention in Hilo - October 6<sup>th</sup> - 8<sup>th</sup>. This will be my last quilt to make and donate to Hawaii FCE. It has been a joy to see my art quilts being won by fellow FCE members and I hope you have enjoyed them in your homes as much as I have enjoyed making them!

## A Notice from Oregon FCE

To All FCE members and Friends of FCE,

The presentation on "What's On Your Device" by Faye Spencer of Kansas FCE was done to, recorded, put on YouTube, and now linked on the Oregon FCE website, <https://www.oregon-fce.org/oregon-fce-zoom-lessons-on-youtube>.



If you missed the presentation, you can still watch it. It was a good one. **Thank you, Faye!** There are also 27 other Oregon FCE Zoom lessons you can watch on that page. Faye emailed me the lesson and the PowerPoint. If you would like a copy of it, please let me know and I can email it to you. I am still looking for presenters for the monthly Oregon FCE Zoom Lessons. I do everything, except teach/present the lesson. This includes me doing all of the Zoom set up, invitation emails to about 500 people, reminders, etc. I make it as simple and easy as possible.

This is a great opportunity for you to share what you have to offer and be a volunteer in this great FCE organization. **You do NOT have to be an FCE member to be a presenter.** You do not have to be a professional presenter; you just need to teach any lesson that you would like to do and feel that others would be interested in. You can do oral presentations/discussions, PowerPoints, videos, handouts or whatever you would like to do. Contact me if you have any questions. All 27 previous lessons dating from January 2021 to the present, are located on the Oregon FCE website [www.oregon-fce.org](http://www.oregon-fce.org). Check them out if you want to see some examples of what we have done in the past. The Zoom lessons are usually on the first Wednesday of each month at 10:00 AM Pacific Time (Oregon Time). Lessons are usually about 45 to 90 minutes long.

I need presenters for the following months:

- 2023, Wednesday, July 5
- 2023, Wednesday, August 2
- 2023, Wednesday, September 6
- 2023, Thursday, October 5 (Oregon FCE State Conference is Monday-Wednesday)
- 2023, Wednesday, November 1
- 2023, Wednesday, December 6

Please let me know if you are interested in helping me out by doing a presentation. Your time and efforts would be greatly appreciated.

Thanks for all you do, Scott Teeples - Oregon FCE President and member of Windward Oahu FCE  
541-891-6456



### **Ad Hoc Committee for Preservation of HAFCE Historical Materials – Submitted by Denise Smith**

The committee has been hard at work – especially Martha Yamada, and we have now received a bid for scanning and digitizing our historical materials stored in Hilo. The committee is now looking into funding for the next phase of the preservation process. Kepā Maly, who is a cultural ethnographer & resource specialist, is still assisting us and we are most appreciative of his help. It will be a challenge and hard work to ship our materials to Honolulu for scanning and once the materials have been digitized, we will search for a location that will keep all this material in perpetuity.

## Home Community Environment – Martha Yamada, Education Chair

\*\*\*\*\* Life Hacks \*\*\*\*\*

Definition of Life Hacks: Informal – a usually simple and clever tip or technique for accomplishing some familiar task more easily and efficiently. “Life hacks” are all about eliminating life’s manifold frustrations in simple and deliciously clever ways. The best involves tricks that are free, efficient and stunningly obvious in retrospect, deploying household items (like the humble toilet roll) for purposes beyond their wildest aspiration.... Michael Koziol

### 2023 June Echo – Life Hacks



#### Recycling Plastics \*\*\*\*\*

Business Services Hawaii located at 16-639 Kipimana St. in the Shipman industrial area. Open Monday to Friday from 8 – 3:30. The only place on Hawaii Island that recycles plastics. Only #2s – remove caps and labels. What are #2 plastics? Look for the tiny triangle on the bottom of the container. Check your milk jugs, cleaning agents, laundry detergent, bleach, washing and shower oats, cooking oil bottles, toys, and plastic tags.



#### Sustainable Food Wraps \*\*\*\*\*

Meli Wraps – 100% Hawaiian beeswax dishes and containers instead of using their colorful pineapple and papaya reusable, last about a year, and are fully [houseofmanaup.com/boh/](http://houseofmanaup.com/boh/)



wraps are a sustainable way to cover food plastic wrap or sandwich bags. Shown in design and variety packs. Meli Wraps are compostable. To purchase, visit

### 2023 June Echo - The Plastic Challenge

In the last ECHO, I presented a challenge for the month of May to increase your awareness of how plastics, especially single-use plastics, enter your life and to share your tips in this newsletter so we can all learn together to leave our planet a better place than when we came. I was surprised with how much comes into my life from food packaging! I have started a recycle bin for my #2 plastics (remove cap and labels) since that is the only one that is accepted for recycling on Hawaii Island. I decreased accepting single use plastic utensils and straws but behavior change is not easy.

Here are some good tips I learned from some of our members:

- On Oahu, #1 plastics are picked up for recycling every other Friday.
- They bring their own utensils and metal straws to work.
- Changed storage containers to glass and looks for alternative products sold in glass instead of plastics.
- Switched to glass drinking cups since children are older.
- Switched to reusable silicon containers instead of zip locks.
- Purchased silicon straws on Amazon which are reusable, BPA free, flexible compared to the metal straws.
- Purchase food items in bulk at Island Natural or Abundant Life, such as, oatmeal, dried raisin, spices (saves money and decrease waste)
- Growing own herbs – green onions, mint, oregano

- Google: Farm to car. This is an online farmer's market by Ho'ola Farms which supports local farmers. Order from 10 am Friday until 6 pm Monday each week. Choose what you want to order then pick up is that Puna Hongwanji on Wednesdays from 3 – 6 pm. Saves on packaging
- Takes own containers for leftovers at restaurants to eliminate need for those clam shell plastic containers that are not recyclable. Brilliant idea! She said she gets funny looks sometimes but this is how positive change happens!
- Google: YouTube Zero waste recycle less not more – How Bea Johnson's family only produce 1 jar of waste per year. Crazy amazing!

Let's continue our Plastic Challenge for the month of July and please share your tips with all of us. Thank you, Frances Dinnan, for sharing your article!

## **Aloha Hawaii FCE - submitted by Terri Sewake - Convention Chair**

HO'OHANO HANO KA WĀ I HALA,  
PŪLAMA I KA MANAWA A IKAIKA AKU KA WĀ E HIKI MAI AI  
*Honoring the past, treasuring the present, shaping the future*



Wow, we are already into the summer months of 2023 and time is flying by so quickly. Before you know it, it will be October, and do you know what will take place in October? Yes, you've guessed correctly... the Hawaii Association for Family & Community Education's 75th Annual Meeting and Convention!

The **JUBILEE** celebration will be held in Hilo on Friday, October 6th to Sunday, October 8th at the Hilo Hawaiian Hotel. Take a look at this beautifully designed logo of the convention theme, created by FCE member Kalei Tong's daughter, Makaiwa Kanui.

Here's a quick preview of what's in store for you at the convention!

**Friday** - Speaker from Parley for the Oceans will present "The Parley Avoid-Intercept-Redesign (A.I.R.) Talk" to educate, inspire, and empower people to fall in love with the oceans, understand its importance and our impact, and access tools to take action.

Keynote Speaker - Kepā Maly, Cultural Ethnographer and Resource specialist will speak on the value of knowing and passing on our organizational history.

Game Night! - Game(s) for every generation.

**Saturday** - You will be able to choose one of the Morning Activities options below:  
Shopping, Hawaii Japanese Center Tour, or History and Walking Tour of Liliuokalani Gardens & Coconut Island

*Convention Preview Continued*

Afternoon Friendship Tea sponsored by Hilo FCE (Friends invited and welcome)

Fun Night - It's a SURPRISE

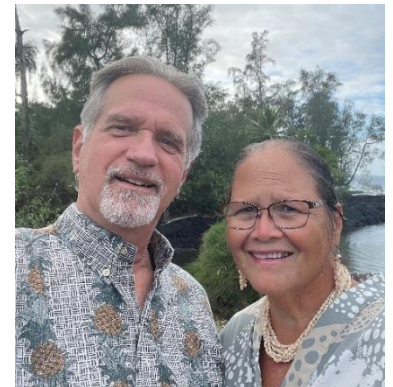
**Sunday** - Workshop with - Professor "Aunti Sandi" Claveria M.Ed.  
Ho'Ala Hou - Re-awakening the gifts from within - Never Geeve Up!

Registration packets have been released, and they contain all the information you need to take part in this exciting event. Packets will contain a Convention Program, an Ad Sale Form, an Advanced Reservation Form for your hotel accommodations, an Omiyage Order Form, a Memorial Service Form for Sunday's Memorial Service, and all the important deadline dates and other convention information. However, please feel free to contact me @ [tazrino888@gmail.com](mailto:tazrino888@gmail.com), call or text @ (808) 989-9466 if you have questions. Let's celebrate our 75th year together to learn, make new friends and have FUN! Please come to the convention! I am very excited and look forward to seeing you there!

### Convention Guest Speakers – by Martha Yamada

Kepa Maly, Cultural Historian

Pictured here with his wife, Onaona Pomroy-Maly, Kepa has graciously shared his expertise and time with us to take steps to preserve our history. They have worked together researching and documenting Hawaiian traditions and history for more than 45 years. They have developed and published more than 350 studies pertaining to traditional Cultural Properties and Landscapes; Hawaii's communities, and cultural practices on all the Hawaiian Islands, from Hawaii to Niihau and the Northwestern Hawaiian Islands. Independent publications of their own business, Kumu Pono Associates LLC (1991 to the present) have been in the form of:



- Archival and Historical Documentary Studies;
- Oral History Studies;
- Cultural Assessment Studies;
- Communities in Planning Cultural Resource Management Program for Landscapes and Archival Collections; and
- Development of Preservation Plans, Integrated Resource Management Plans, and Interpretive-Educational Programs

They may be viewed at [www.kumupono.com](http://www.kumupono.com)

Kepa and Onaona believe that the history and role of women in our island community is underrepresented, and that the UE/HAFCE collection represents an important view into the legacy of Hawaii. The presentation will cover thoughts on developing high resolution digital copies of the various club collections, as a way of making the history accessible to families and others interested in the activities women have led for decades. He will also discuss thoughts on finding a permanent archival repository for the original records and developing a website that will help people access this important collection. He holds a special place in our hearts because he is also the son of our State President, Dr. Jacqueline Maly. Hope to see you all at convention for this exciting presentation that will honor our past to acknowledge the women that built our organization.



Sandra Keonaonaokamaileopanaewa Makuakane Claveria, M.Ed. Assistant Professor/Coordinator, Human Services, Hawaii Community College

Sandra Keonaonaokamaileopanaewa Makuakāne Claveria, fondly known as “Aunti Sandi” grew up in Keaukaha (Hawaiian Homes Land) on the island of Hawai‘i. She is the youngest of six children of a Native Hawaiian mother, Harriet Makuakāne, and an immigrant, Filipino father Macario Claveria. She is the mother of two awesome children, Keonali and Marcus-Alan and proud tūtū or grandmother of 5 beautiful grandchildren.

Aunti Sandi is a graduate of Hilo High School, and attended Clinton Job Corps in Clinton, Iowa. She earned her Master’s degree in Education, her Bachelor of Arts degree in Sociology and a Minor in Speech Communication from the University of Hawai‘i at Hilo.

As an educator, she started her teaching career at the Hilo Community School for Adults and at Hilo High School. She was also an Educational Specialist for the UH-Hilo’s Nā Pua No‘eau Native Hawaiian Gifted and Talented Children’s Program. Aunti Sandi served as the Assistant Professor and Program Coordinator for Hawai‘i Community College’s Human Services Program where she was one of the first students to receive a Human Services Certificate over 20+ years ago.

As the humble recipient of both the 2006 Hawai‘i Community College Outstanding Lecturer Award and the 2010 University of Hawai‘i Regents’ Medal for Excellence in Teaching Award. She has also received the Francis Davis Award, Service to the Community Award and was the Keynote Speaker at one of the biggest graduation celebrations for Hawaii Community College. Aunti Sandi has been recognized by her peers and students for her exemplary teaching in and outside of the classroom.

Active in community affairs, Aunti Sandi is a member of New Hope Hale Pule Ke Ola Hou Fellowship and served on the Prison and Praise and Worship ministries. Additionally, she served on the Board of the Hilo YWCA, she was instrumental in creating Mālama Kapili Pa‘a, a cancer support group in Hilo, and has been a state trainer for Family Community Leadership with the University of Hawai‘i at Mānoa.

Aunti Sandi has inspired a variety of groups as a presenter, trainer and keynote speaker. She has also brought laughter to many with her involvement with a group of women called the “Guava Sistahs.” Aunty Sandi has also shared her stories about growing up Filipino with a group called “Flip Out.”

As a mentor and coach, she believes that it is an honor to be able to inform, ignite, and inspire students to believe, behave and become the very best in them. She is a student of life who lives the true spirit of Aloha. At the age of 74, she decided she would step down and retire from Hawaii Community College. She continues to be involved with community matters in and around her community.

**Hawaii FCE Membership Pin**  
**Free to first 38 members who register for**  
**convention 2023!**



**Hilo FCE – Submitted by Debi Ueda, Lee Watanabe, JoAnn Aguirre, Robin Messenheimer, & Jill Yamamoto**



**HILO FCE FAIR - HOALOHA FCE**

After a long hiatus due to Covid, Hilo FCE brought back their fair on May 6, 2023, 8:00 a.m. to 11:00 a.m. at the Butler Building. This fair was not at our usual location and we were faced with many challenges. It was different in the sense that there was no certified kitchen at the site. Without a certified kitchen we didn't have our usual food items such as somen salad, spam musubi, soup, laulau, etc.; not only the people attending the fair missed the food but also the club members.

However, there was an assortment of baked goods, crafts, and plants.

Our wonderful entertainers were:

Farrant Kamahela who sang and played music during the duration of the fair.

The Big Island Shakers line dancing group danced and even had audience participation and taught them to dance, which was fun.



KTA Pharmacy staff and the Daniel K. Inouye College of Pharmacy students provided blood pressure screening, glucose testing and had various vaccines available. They also provided valuable health related information. With Everyone's kokua, it made it possible to have a successful fair.



Jill Yamamoto of Hanalike Kakou ↑  
having her blood pressure reading done by KTA pharmacy staff

Hoaloaha FCE Club ↑  
Fair chair - Lee Watanabe  
Cindy Yoshimoto, Karen Hamada,  
Laureta Ka'awaloa



↑ Entertainer Farrant  
Kamahela

Big Island Shakers Line Dancing Group ↓







### BOOKS FOR NEWBORNS - HOALOHA FCE

Hoaloha Club chaired this annual Books for Newborns project of donating books to the Hilo Medical Center (HMC) Maternity Division. This allows the mother to leave the hospital with her baby and a new book to read. Children learn language and sounds at an early age. It begins with daily reading to an infant which also creates a bond between the infant and a parent. Hilo Council collectively donated 180 books to the OB Unit. A label indicating that Hilo Association for Family and Community Education donated the book with a QR code leading them to a You Tube site with information about reading to their youngster and what FCE is about was placed on each book. Thank you Frances Dinnan of Kauai for creating this QR code and website.

↑ George and Shirley Ito of Hoike, Caitlyn Brock (OB Nurse Manager), Neva Tsang (LPN, OB Unit), Lee Watanabe of Hoaloha

### Nutrition Workshop

The nutrition workshop “Nurturing Your Brain” was held on Saturday, April 29, 2023, 10am at Kamana Center room RR. Fourteen members and three guest attended the session. The focus of the session was on how to keep our brains healthy with a Blue Zones presentation by Megan Yarberry and a cooking demo by Kerinne Smith. Megan shared information on how we need a balance of carbohydrates, fats, and proteins and the good and bad types of each. The chickpea, a legume which is rich in iron, potassium (micronutrients), and fiber which we all need to help our digestive system, was the feature of our cooking demonstration. Kerinne demonstrated how to make falafel, a vegetarian Middle Eastern street food, often served with tzatziki, a cucumber yogurt sauce, a good source of probiotics. She also shared other recipes that used chickpeas and we were treated to samples of roasted chickpeas, blondies, and the falafels. It was so nice to be back in person and we are grateful to Megan and Kerinne for sharing with us their knowledge to help enrich our brains and our soul.



Kerinne Smith



Megan Yarberry

### Chickpea Falafel Patties (Blue Zones Project)

*Ingredients:*

- 2 cups dried chickpeas (or four 15-oz cans, drained)
- 5 garlic cloves
- 1/2 sweet onion, sliced
- 1 c cilantro
- 1 c parsley
- 3 tsp ground cumin
- 2 tsp ground coriander
- 1 tsp salt
- 1/2 tsp black pepper
- 1/8 tsp ground cardamom
- 1 T baking powder
- Extra-virgin olive oil, as needed (or avocado oil)
- Lemon wedges, for serving

*Directions:*

1. If using dried chickpeas, place them in a large bowl. Cover with at least 6 cups of water. Allow to soak for 18-24 hours. Drain well, if using canned, skip this step.
2. Place the chickpeas and the remaining falafel ingredients (except olive oil and lemon) into a food processor. Grind until the mixture begins to hold together, scraping sides occasionally.
3. Take a handful of the mixture and form a ball. If the mixture holds together, it's ready to be formed. If it doesn't hold together, grind it further. Don't add water, as this will make the dough too wet and it won't hold together.
4. Form the falafel into 1/4-inch-thick patties.
5. Heat a medium skillet over high heat. When the skillet is hot, add enough oil to generously coat the pan and create a thin layer.
6. When the oil is hot, gently add the falafel patties to the skillet. Cook for 4 minutes, 2 minutes on each side or until browned. Remove to a paper towel-lined plate to cool.
7. Serve in a sandwich or on top of a sturdy salad with a squeeze of lemon.

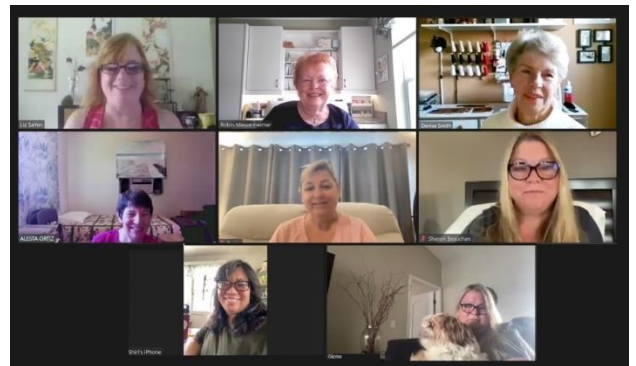
**Hui O Wahine Jams!**

The Colonel has nothing on Mr. Ed when it comes to finger lickin' good!! While everyone may know *The Colonel*, Mr. Ed may be one of Hawaii's best-kept secrets - our own uncrowned King of Jams and Baker Extraordinaire! Dean Edmondson, aka Mr. Ed, is the owner of Mr. Ed's Bakery located in the heart of the Hamakua Coast, in the former sugar plantation town of Honomu. On June 9 he treated nine members of Hui O Wahine to a 3-hour personal, hands-on experience making his famous jams. A former teacher, Mr. Ed was in his element as he generously shared with us his secrets and his precious recipes that he has used for the last 32 years that he and his family have been in business. Mr. Ed and his assistants let us loose in his huge kitchen and we experimented...OMGoodness, so many flavors, so little time! We selected lilikoi calamondin, guava, mango, poha berry and ube (haupia sweet potato), and went straight to work. We learned how to prepare, process, cook and can the fruit. Yup, we were jammin'! The moment of truth was.... well, you'll have to try out some of Mr. Ed's jams yourselves! They are sinfully rich, delectable and exotic. Visit Mr. Ed's website at <https://mredsbakeryhawaii.com/>



**Puna Wahine Club Update**

Puna Wahine FCE had its first Zoom meeting in 2023 on Saturday, March 25<sup>th</sup>. Puna Wahine members from the Big Island met with long-time members, Denise Smith – who now lives in California - and Robin Messenheimer – joining in from Florida. This group has to pay attention to the time as there is a three-hour difference between Hawai'i and California and a six-hour difference from Florida. Besides Denise and Robin, club President, Liz Salfen; Treasurer, Becky Natividad; and members Sharon Beachaun, Alesta Ortiz and Shirlene Fukumori; and club regular, Gizmo all were on Zoom to enjoy the meeting. Besides the business meeting (lots going on in FCE these days) all members had a chance to talk about what they've been up to. Puna Wahine is planning another Zoom meeting in May, alternating with in-person meetings in Hawai'i.



# Kauai FCE - submitted by Frances Dinnan



2023 June Echo - from Kauai

KAFCE volunteered at the Kamehameha Day Festival, Sunday, June 11th. We teach visitors how to sew plumeria lei using the ku'i style of lei sewing. The museum is the beneficiary of a \$5 suggested donation per lei. KAFCE members enjoy giving back to our community and helping to raise funds for the museum.

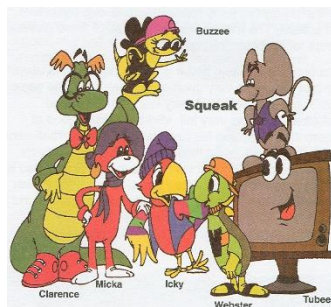
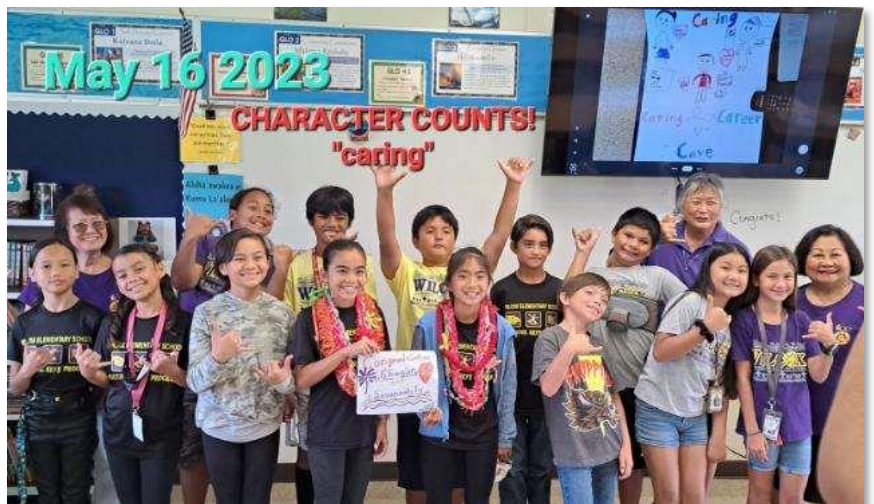


2023 CHARACTER COUNTS! © awards presentation at Wilcox Elementary School ↓

1st place winner both KAFCE and HAFCE --- Shaylen Satta (left)

2nd place KAFCE --- Savannah Ballard (right)

Their teachers: Ms. Dayna Fujii (left) and Ms. Karen Heresa (right)





# **Windward Oahu FCE & Imiola Club – submitted by Ruthie Haitzuka**

April – June 2023

## ***FRESH FLOWER ARRANGEMENT by Patricia Kubo***



If you ever wanted to get fresh flowers and design a flower arrangement, Patricia Kubo’s hands on demonstration was excellent. After describing the techniques of flower arrangement, she handed out to each member their flower kits (bunch of flowers, container for which the flowers were to be placed, extra enrichment pieces for accents, etc.). Pat explained



that the container for which you want your flowers in shouldn’t be twice the size of the flower arrangement (centerpiece). Flowers do not need to be arranged straight up and down. The arrangement should not have too many leaves, especially when placing the stem into the base of the arrangement. When cutting, cut your stems at an angle so that you have a point when inserting into the floral base and cut under water so that the water will stay up in the stems of the flowers. When creating a centerpiece for the table, you want it to look great from all angles of the table. (If against a wall, then that’s fine.) Pictures of members Patricia Kubo, Annie Sagawa, Jacquie Maly, Ruthie Haitzuka, Barbara Sheeder and Bernadette Baker.



Ruthie Haitzuka, Barbara Sheeder and Bernadette Baker.

## ***EXCUSION TO BISHOP MUSEUM – PARLEY AIR STATION HAWAII***



Jacquie Maly, who is a docent at the Bishop Museum, arranged for our members to visit the Parley Air Station Hawaii at the Bishop Museum. A young gentleman by the name of Joshua Gonzalez of Kaneohe was the presenter for the Parley Air Station Hawaii. This organization works with non-profit groups. Joshua emphasized the oceans cover the majority of the earth’s surface, especially where we live in Hawaii. Every second breath that we take is generated by the ocean. When we think about oxygen and how we get oxygen, we think about photosynthesis, trees and forests. We have microbes and all sorts algae that photosynthesizes over 70% of the air we breathe. In Hawaii, it’s 80% or more. Without the oceans being healthy, it’s the major source of the air we breathe that is being affected and contaminated. We need to keep the oceans healthy. No oceans, no water, no air. For more information, you can Goggle Parley Air Station Hawaii. As a side note, at the annual convention, Hilo Council is currently working with this organization to do a presentation on this topic as it connects with one of our HAFCE State Projects.



**UPDATE CHARACTER COUNTS! @ WINNERS**



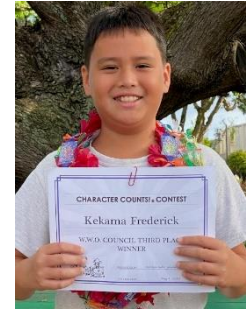
Catherine Hobson  
1<sup>st</sup> Place WWO/2<sup>nd</sup> HAFCE



Hanalani 4<sup>th</sup> Graders



Kyouka Kim  
2<sup>ND</sup> Place WWO



Kekama Frederick  
3<sup>rd</sup> Place WWO

The above are photos of Windward Oahu Council’s winners in the CHARACTER COUNTS! ® Essay and Artwork contest. Awards were given to our winners and awarded each student for their participation by giving to their teachers \$50.00 for a pizza party or other means of rewarding their students for a job well done. Windward looks forward to participating again next year. Congratulations to Hanalani School and St. John Vianney!

**JUAREZ, MEXICO MISSION TRIP PROJECT**

Crafts are being made for the orphanage in Juarez, Mexico as well as the community church. Children will make their crafts and play games. Members will be providing a number of games and prizes will be given out to the children. The type games such as ring toss, bean toss, add ‘em up, relay races using balloons and balls and others. The prizes will be given out at the end of the activities whereby children will select five different prizes and also receive an “Angel”.



made for the orphanage in Juarez, Mexico as well as the community church. Children will make their crafts and play games. Members will be providing a number of games and prizes will be given out to the children. The type games such as ring toss, bean toss, add ‘em up, relay races using balloons and balls and others. The prizes will be given out at the end of the activities whereby children will select five different prizes and also receive an “Angel”.



**FUN CAMP WITH WINDWARD & SOUTH OAHU**



Windward and South Oahu Councils got together for a fun time to talk story, do crafts and of course, eat a delicious meal at Zia’s (Jacquie Maly’s favorite restaurant in Kaneohe). Pat had members play 5 number Bingo (Lynn Barut – Thank you for the idea) and Kathy Uehana and Wanda Lew provided a craft of flowers as shown in pictures provided. Kathy also made the paper boxes which had the supplies needed to make the flowers. As you can see, lots of laughter and a fun time together.



HAWAII ASSOCIATION FOR  
FAMILY AND COMMUNITY EDUCATION  
339 KALILI STREET  
HILO, HI 96720-4061