



# The Homemaker Echo

Official Newsletter of the Hawaii Association for Family and Community Education

Volume 49 Issue 1

**March 2023**

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**Go Paperless!** ~100 FCE members have chosen to receive the Homemaker Echo via email. Please consider joining them by contacting me so that I can add your name to the email list. You will receive the Echo in COLOR and weeks before the USPS issue. This also saves HAFCE in mailing costs and it saves a few more trees for a healthy environment.

Send your email address for a paperless delivery to:  
 Denise Smith  
 Homemaker Echo Editor  
[cdsmith2139@gmail.com](mailto:cdsmith2139@gmail.com)  
 (650) 969-3422

## PRESIDENT'S MESSAGE

March 2023

I look forward to an exciting and adventuresome and challenging year. We can no longer use the pandemic as an excuse for inactivity and declining membership.



In January, the Executive Committee started with bang. We held an face-to-face retreat at my house, the first in perhaps three years. It was a chance for us to get to know each other better on a more personal level. Several of us had interacted with each other over several years at convention and such, but knowing the number of kids, occupation, etc., not so much. And importantly, it gave us a chance to make some plans for the organization, brainstorm, and review documents. I think we are in much better shape to move the organization into the future. We are on the same page, as they say.

We established a date and time for regular Executive Committee meetings. As part of that, we welcome input, suggestions, programs, guest speakers, and such. It is only through the energy of shared responsibilities that any organization can move forward. We are still seeking members to step up and fill some Chairmanships. Please think about it!

*Jacquie Maly, HAFCE President*

### Hawaii FCE Board Members

#### Executive Officers

President ~ Dr. Jacqueline Maly  
 Vice President ~ Lynn Barut  
 Secretary ~ Kathy Uehana  
 Treasurer ~ Frances Dinnan  
 Past President ~ Ruthie Haitzuka

#### Education Chairs

Health ~ LaVanda Salas  
 Home ~ Martha Yamada  
 International ~ Vacant  
 Leadership ~ Vacant  
 Youth ~ Terrienne Sewake

**CES Advisor** vacant



## *From the Editor....*

### A Reminder

The deadline for articles for the next issue of the Homemaker Echo is: June 10<sup>th</sup>, 2023

Please send articles and photos to: [cdsmith2139@gmail.com](mailto:cdsmith2139@gmail.com) or 433 Sylvan Ave. spc 39 Mountain View, CA 94041 or (650) 969-3422 or (808) 430-2097 cell ~ Leave a message if I'm not home

*Aloha, Denise*



### Trimble Foundation Distribution Committee - Pat Kubo

The current committee members are Robin Messenheimer - Big Island, Terry Phillips - Kauai, Chaclyn Nagata - Maui, Pat Kubo - Oahu, Ruthie Haitzuka - HAFCE past president, Meleen Pang Corenevsky - Bank of Hawaii trustee, and Heather Greenwood - CES advisor - Maui. Officers are Pat Kubo - Chair, Ruthie Haitzuka - Vice Chair, and Robin Messenheimer - Secretary.

We hope that we can spread the word to our high schools, colleges, universities, and community organizations, to apply. Individuals applying for scholarships can be FCE members, members of our families, or members of the public. They can be first time college students or returning students. Organizations who apply for grants must be a non-profit dedicated to the betterment of communities through health, welfare, or education.

**Application forms are available on the [hawaiifce.org](http://hawaiifce.org) website or by contacting any FCE Council President or Board member. Deadline to apply: July 31, 2023**



### Sneak Peek! - Denise Smith

Here it is March - so I guess it's time to dust off my sewing machine and start on the quilt for this year. The Executive Committee hasn't determined yet where to donate your generous out pourings to, but all will be decided by the time of the drawing. This year's quilt will be about Aloha shirts - yet to be named! Tickets will be distributed to council presidents in April 2023 so watch for notification and get ready for the next lucky winner to be drawn at the 2023 FCE Convention in Hilo!

## Ad Hoc Committee for Preservation of HAFCE Historical Materials – Submitted by Denise Smith

The purpose of this ad hoc committee is to dispose of excess HAFCE assets and to find a means of preserving HAFCE scrapbooks, annual reports, newsletters, & photographs. Once these items are preserved, then we must find a secure location for these materials so that they are available for researchers and historians interested in HAFCE contributions to our families and communities. Current members of the committee are Martha Yamada, Frances Dinnan, Denise Smith, and honorary member Katsuko Enoki.

As of September 2022, all Memories and History of Hawaii's Homemakers books, "How to Make It" - Your Hawaiian Quilt books, and Lanai FCE Council historical materials have been given to statewide museums and/or cultural centers. Still remaining are 34 enamel membership pins. HAFCE scrapbooks, our Ke Lei Hano Heritage award, & wood Expansion award bowl are in a locked, climate-controlled storage in Extra Space Storage, Hilo. There was recently an accidental fire at the facility but our materials remain secure and were not damaged. The monthly storage fee is being paid for by HAFCE funds.

The committee has also recently made contact with Kepā Maly who is a cultural ethnographer – resource specialist and held an in person/Zoom meeting with him. He has made suggestions as to how we can possibly obtain funds and locate resources for digitizing our materials. As a result of meeting with him, the committee is now soliciting all clubs & councils to submit statistical data on the historical materials they have in their possession, so that we can have exact data to submit for digitizing cost estimates. Once the materials have been digitized, we will search for a location that will keep all this material in perpetuity.

We would like to include a quote from Mr. Maly after he reviewed our materials:

*"The collection presents a rare/unique view into the lives of women across the islands during the planation era; and for most, provides insights in their efforts in adapting to a new home, and assuming roles of leadership in their communities. History in the islands is largely dominated by the activities of men, and here we have the opportunity to learn about women, families and community well-being."*

A sample of some of our history – What convention year? What island was it held on? Who is Sister Maureen? Who is Mrs. Chang? Who is Doris Wetters? Find the answers on page 4.



Opening Session - Sister Maureen, President Bella Richards, Mrs. Chang and Mayor Fagi.



President Bella Richards, Assistant Director Doris Wetters and guest speaker Baron Oato a former Cooperative Extension Agent now with the East-West Center.

Answers to historical photos questions:

What year does this convention take place? - In either 1969 or 1970. That was when Bella Richards served as HAFCE president

What island was this convention held on? - On Oahu in Honolulu. At the Princess Ka'iulani Hotel (name on speaker dais).

Who is Sister Maureen? - ????? (If you know the answer, please let me know – cdsmith2139@gmail.com)

Who is Mrs. Chang? - ????? (If you know the answer, please let me know – cdsmith2139@gmail.com)

Who is Doris Wetters? - Ms. Wetters was the Assistant Director of Cooperative Extension Services, CTAHR.

Mayor Frank Fasi was the longest serving mayor of Honolulu - from 1968 to 1994.

Mr. Y. Baron Goto was a Cooperative Extension Director (1955 – 1962) prior to working at the East West Center. He was instrumental in working with Ms. Alice P. Trimble to establish the Hawaii Home Demonstration Council.

**75<sup>th</sup> Hawaii Association for Family &  
Community Education Convention**  
**"Honoring the Past, Treasure the Present,  
and Shaping the Future"**

**Please plan to join our hosts, Hilo Council, for the first  
in-person HAFCE convention since 2019!**

**October 6, 7, & 8, 2023**

**Hilo Hawaiian Hotel**

**The following are just a few of the activities planned:**

\* Saturday activities:

- Tour of the Panaewa Rainforest Zoo & Garden. The only Rainforest Zoo in the United States (Past)
- Tour of Imiloa (Past, Present & Future)
- Educational workshop for all in the pm
- Afternoon Tea - this will also be open to family and friends (membership drive efforts). Information and tips will be

provided at the afternoon tea to assist councils in their membership recruitment efforts 🍵 (Future).

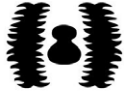
\* Keynote Speaker: ***We are working on obtaining*** *Kepa Maly for this and for the Sunday Closing Luncheon - Sandy Claveria.*

\* Silent auction in which proceeds go to Hawaii FCE (this is to replace the normal Mini Craft Fair)

\* Omiyage

More information will be available in the registration packets.

Convention Chair – Terrie Sewake



**HILO HAWAIIAN**  
HOTEL

71 Banyan Drive  
Hilo, HI 96720

808-935-9361/808-961-9642

[www.castleresorts.com](http://www.castleresorts.com)

## Advance Reservations Form

Client/Organization  <b>Hawaii Assc-Family &amp; Community Education</b>
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Time Frame		
Checkin Date:	Fri	10/06/2023
Checkout Date:	Sun	10/08/2023
Release Date:	Wed	09/06/2023
Group Code:	H23064	

*STANDARD GARDEN VIEW ROOM: \$159.00 PLUS TAX, PER NIGHT  
(\$159.00 ROOM + \$28.56 TAXES = \$187.56 PER NIGHT)*

*DELUXE OCEAN VIEW ROOM: \$179.00 PLUS TAX, PER NIGHT  
(\$179.00 ROOM + \$32.15 TAXES = \$211.15 PER NIGHT)*

### ROOM COMMITMENTS

STANDARD GARDEN VIEW: \_\_\_\_\_ Bedding: 1 King or 2 Doubles  
Maximum persons: 4 with existing bedding

DELUXE OCEAN VIEW: \_\_\_\_\_ Bedding: 1 King or 2 Queens  
Maximum persons: 4 with existing bedding

\*Rates are net, non-commissionable.

\*Cancellation Policy: 4 days cancel notice is required for a refund.

\*Roll away: Please add \$30.00 plus tax, per day. Roll-away(s) needed: \_

\*Resort Fee: Waived

\*All rates subject to Hawaii State GE and Transient taxes. Taxes subject to change without notice.

Current 2023 taxes: Hawaii State GE Tax 4.7120%, Hawaii State TAT 10.25%, Hawaii

County HCTAT 3.0% To confirm your reservation, please call (808) 935-9361 OR send this completed form to the following:

Fax: (808) 961-9642

Mail: Hilo Hawaiian Hotel, 71 Banyan Drive, Hilo Hawaii 96720

A 1 nights' deposit of room and tax is required to confirm each reservation. If you prefer to utilize a credit card, please complete the following. To avoid credit card fraud, please present this credit card along with your ID upon check -in.

\*\*Request for rooms must be received by the release date noted above or be subject to rate and space availability.



# Windward Oahu FCE & Imiola Club – submitted by Ruthie Haitsuka

JANUARY – MARCH 2023

## *GROWING HERBS by Jacquie Maly*

Since our planned trip to Bishop Museum was cancelled, Jacquie Maly used this opportunity to present a program about Herbs. Jacquie has a garden whereby she grows various herbs. Some of the herbs that she has in her garden are sage, oregano, curry, regular and Italian parsley, chives (garlic), rosemary and thyme. Jacquie indicated that there are two types of chives. Garlic and Onion. Other herbs grown were coca cola, spearmint, strawberry mint, peppermint, chocolate mint, and other mints which she needed to be potted. She also grows lavender and flowers for fun and also a cotton plant. Cotton plants were grown on Haiku Road in Kaneohe. Jacquie showed us the cotton and were able to look at the seeds that were embedded in the cotton. Her planting tables were built for her by members of her Kiwanis club. These planting tables are approximately three feet off the ground so that Jacquie does not need to bend to garden. Jacquie indicated that she does not have an electric bill but water she does. In order to save on her water bill, she collects rain water to water her plants. As an experiment, she made dill crescent rolls for members. The crescent roll were just out of the oven and were very delicious. When using dill, the ratio for dry versus fresh dill is 1 tsp equals to 4 tsp fresh.

Jacquie also provided members with a handout “Recipe for Friendship” which included fun Ideas with Herbs.

### Recipe for Friendship:

- Take: 1 well-rounded tablespoon of understanding,
- 1 heaping teaspoon of support
- 3 good measures of honesty
- 1 overflowing cup of sharing

Combine all ingredients over a period of time, being sure to add a generous sprinkling of laughter.  
Serve generous portions and savor well.

Some of her recipes included: Pesto, Basil Oil, Herb Flavored Tea, Let’s Try Them All – Party Sandwiches, Rosemary Potatoes, Very Easy Vichyssoise. She also provided some ideas to Experiment: Herb Dinner Rolls, Canned Soup for Guests, Omelets, Pesto Pasta, Salads, Herbal Vinegar, Herbal Honey, Herb Butter, Herb Mayonnaise, Herb Croutons, Herbed Noodles and Herbal Ice Cubes.

Pictures of her herb garden along with some of her flowers.



## Windward Oahu Continued



## **CHARACTER COUNTS!®**

Windward had three different classes participate in this year's essay/artwork contest. Judges were Barbara Sheeder, Rhoda Yoshino and Bernadette Baker with final judging by Patricia and Marie Kubo. Our submission was sent to Terriane Sewake and are awaiting the results to see if Windward Oahu Council has a winner. Windward Council plans to award each class participating \$50.00 for all students participating. Teachers will decide as to what they want to do for these students.

## **JUAREZ, MEXICO MISSION TRIP PROJECT**

The Juarez, Mexico mission trip will take place in early October with David and Ruthie Haitzuka attending to build a home as well as service project for the local orphanage and church community. A meeting was held with University Avenue Baptist Church members and soon a final decision will be made for crafts for activities at these sites. FCE members are collecting small stuffed animals (size of beanie babies) or small trinket toys for prizes for carnival games being planned. If you would like to donate some of the stuffed animals or small trinkets, please contact David or Ruthie.

## **2023 WINDWARD OAHU/IMIOLA CLUB OFFICERS**

Windward Oahu has only one club as of 2023. Hui O`Koolau disbanded and Hui O`Makani members joined the Imiola Club. Current officers for Windward Oahu Council and Imiola Club are: President: David Haitzuka; Vice President: Patricia Kubo; Secretary/Treasurer: Ruth Haitzuka; Past President/Historian: vacant. Originally it was suggested that meetings be quarterly but at our March meeting, meetings were changed to monthly at 9:00 am at Jacquie Maly's home. Members will lead an activity for these monthly meetings.

## **LOOKING AHEAD:**



HAFCE had its Mid-Year Board Meeting on Saturday, March 11, 2023. Several items of interest were discussed. Among them was the state project. Food Waste is an ongoing state project and being another topic being introduced is the A.I.R. project having to do with our oceans and what we can do to take action to protect them. (The Bishop Museum excursion of April 12 will have an overview of this project.)

If you have any ideas on how to save food, cutting costs, recycling and other interesting ideas, please come to our monthly meetings to share and this information will be passed on to the state vice president.



HAWAII ASSOCIATION FOR  
FAMILY AND COMMUNITY EDUCATION  
339 KALILI STREET  
HILO, HI 96720-4061