



The Homemaker Echo

Official Newsletter of the Hawaii Association for Family and Community Education

Volume 48 Issue 4

December 2022

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Go Paperless! ~100 FCE members have chosen to receive the Homemaker Echo via email. Please consider joining them by contacting me so that I can add your name to the email list. You will receive the Echo in COLOR and weeks before the USPS issue. This also saves HAFCE in mailing costs and it saves a few more trees for a healthy environment.

Send your email address for a paperless delivery to:

Denise Smith

Homemaker Echo Editor

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PRESIDENT'S MESSAGE

December 2022



It has been a long time since entering my first term as your HAFCE president and sometimes I felt overwhelmed with the responsibility as your president. Covid did not help matters in terms of each council being able to do what activities and events that were planned. We did make it through and now we are approaching the end of my four-year term. As we look forward to 2023, exciting events are being planned by each council although membership in each council has dwindled due to extended inability to meet and continue the work of HAFCE, the workings of each council will prevail. One huge event being undertaken by Hilo Council this coming year will be an "in person" annual convention scheduled for October 6 – 8, 2023 in Hilo. Hilo Council is hoping members will hop on board and attend the convention especially since the last one held was in Hilo (hard to believe a full rotation has gone by without an in-person convention). Mark your calendar for this event. As Jacquie Maly starts her tenure as your HAFCE president, please, please, do not compare my term to hers. Jacquie is Jacquie and her workings are way different from mine. She will need to set her own procedures and set up how she will handle matters for HAFCE. Let's support her (and her executive committee and board members) as their terms begin and look forward to what this new administration will bring to our members. I look forward to serving another two years as your past president on the executive committee as well as other committees which comes with this position. It will be a time for change, especially with my ability to be more available to family and serving in the community, especially at my church leading our senior group of approximately 30 to 40 twice a month in activities, crafts and feeding them a meal. Thank you, Kauai Council, for allowing me to join your last meeting of the year and Christmas celebration. Your council has always welcomed me to attend your council meetings and activities. I've enjoyed getting to know you all. I especially was happy Margo Hashimoto (who always hosts me at her home), Laurie Ho, Kay Nakata, as well as former members especially Gladys Fujiuchi and Sanae Morita. This council is always relaxed and has so much together at their meetings. Lots of laughter too. It was fun playing BINGO and singing before getting to retrieve your prize. I'm glad that I won a prize eventually as I don't usually win. I was glad that someone else (Laurie Ho) was the one with the card that numbers were far and between! It has been a pleasure serving you these past four years. Thank you, council presidents and your members who always came through with requested information or when help was needed. To the council vice-presidents, be on the lookout for new programs that Lynn Barut will be introducing as she begins her vice president tenure promoting programs. Please support her in her efforts to get them started as the ideas are being

presented and implemented. As members, please help out your new administration should there be a need especially as chairpersons or leadership roles. Sharing the responsibility and workload will always bring much joy in helping your fellow members. Mahalo nui loa, HAFCE members for all your support these past few years and look forward to an exciting 2023!

Have the Merriest Christmas with family and friends and a Very Happy and Safe New Year.

Ruthie Hattisuka, HAFCE President

Hawaii FCE Board Members

Executive Officers

President ~ Ruth Haitzuka
Vice President ~ Dr. Jacqueline Maly
Secretary ~ Frances Dinnan
Treasurer ~ Pat Kubo
Past President ~ Katsuko Enoki

Education Chairs

Health ~ LaVanda Salas
Home ~ Lynn Barut
International ~ Sue Stewart
Leadership ~ Kalei Tong
Youth ~ Terrienne Sewake

CES Advisor

vacant

From the Editor....

A Reminder

The deadline for articles for the next issue of the Homemaker Echo is: March 10th, 2023



Please send articles and photos to: cdsmith2139@gmail.com or 433 Sylvan Ave. spc 39 Mountain View, CA 94041 or (650) 969-3422 or (808) 430-2097 cell ~ Leave a message if I'm not home

Aloha, Denise



Trimble Foundation Distribution Committee - Denise Smith

The current committee members are Robin Messenheimer - Big Island, Terry Phillips - Kauai, Chaclyn Nagata - Maui, Pat Kubo - Oahu, Ruthie Haitzuka - HAFCE past president, Meleen Pang Corenevsky - Bank of Hawaii trustee, and Heather Greenwood - CES advisor - Maui. Officers are Pat Kubo - Chair, Ruthie Haitzuka - Vice Chair, and Robin Messenheimer - Secretary.

We hope that we can spread the word to our high schools, colleges, universities, and community organizations, to apply. Individuals applying for scholarships can be FCE members, members of our families, or members of the public. They can be first time college students or returning students. Organizations who apply for grants must be a non-profit dedicated to the betterment of communities through health, welfare, or education.

Application forms are available on the hawaiifce.org website or by contacting any FCE Council President or Board member. Deadline to apply: July 31, 2023



ACWW Quilt Winner - Denise Smith



Congratulations to JoAnn Aguirre of Hilo Council for being the lucky winner of this year's ACWW Quilt! The quilt is named in honor of our outgoing president, Ruthie Huitsuka. It is called "Ruthie's Rabbits". It looks so warm and cuddly on JoAnn's bed! The quilt fund raiser was for the Associated Country Women of the World (ACWW), a world-wide organization that HAFCE belongs to, via NAFCE. I haven't decided for sure what next year's quilt theme will be, but I'm thinking maybe something with Aloha Shirts! Tickets will be distributed to council presidents in April 2023 so watch for notification and get ready for the next lucky winner to be drawn at the 2023 FCE Convention in Hilo!

Membership and Treasurer's Report - Pat Kubo

New HAFCE Member

We would like to welcome Brenda Carreira who is a new HAFCE member. Brenda joined the Hoike Club in Hilo Council. Welcome Brenda!

Service Awards

Congratulations to our two 50-year members! They received certificates from National FCE:

Dr. Jacqueline Maly (Windward Oahu Council) and Jeanne Balog (Hilo Council)

Donations made in 2022

Rural Women in Action - Associated Country Women of the World (through NAFCE) - \$900 (Quilt tickets)

NAFCE general fund - \$1,1900 (Quality gift tickets)

How To Be Zoom Polite

Even though some of our clubs and/or councils will start meeting in person this coming year, Zoom meetings and workshops will be here to stay for quite a while. It is a great way to include members from all over Hawaii and the Mainland and to share in our fun and learning. But we still have to remember to be polite and abide by some of the rules that go along with participating on the Internet. Keep in mind the following manners:

Zoom Etiquette

Be on time.



Dress appropriately



Sit in a chair.



Raise your hand.



Turn on video.



Mute yourself.



Be respectful.



No parents, siblings, or pets on camera.



Use chat box appropriately.



The following article was written by staff at Hale Makua O Kahului, an assisted living facility on Maui where our HAFCE Past President Katsuko Enoki is recovering from a bad fall which occurred several months ago.

Katsuko Gives and Receives Support

Hale Makua resident, Katsuko Enoki shared that many years ago she received her college education through various scholarships that were offered which allowed her to become a nurse practitioner. She later joined a Family Community Education club which offers funding for student scholarships through the Trimble Foundation as well as funding for non-profits. She even said that the group donates funds to Hale Makua for bingo prizes. Katsuko never imagined she would end up on the receiving end of the donations. Last year, she experienced a bad fall at home, and fractured her neck. She was told that she was very fortunate to be alive. She was sent to Hale Makua to recover and worked with rehab therapists to regain her mobility. She shared that she couldn't even lift her arms at first, but now is able to move her arms up and down, stand and walk with assistance, and she keeps up with her exercises that she learned from the therapists. As a patient at Hale Makua, she continues to spread the news about her club and the funds they have available for students and non-profits through the Trimble Foundation. She is grateful to the Hale Makua staff, and shares with them about the scholarships and encourages them to apply for themselves or for their children. She also hopes Hale Maku can receive funds to support the resident's Activities Department. She says the activities offered at Hale Makua is wonderful for the residents, and she is happy to be here where she can socialize with others. "It is so beautiful; to see the residents looking forward to the activity." Katsuko wrote in a letter to Hale Makua. "I can feel their excitement especially when they get a bingo. The activity department at Hale Makua keeps us happy and involved with the wonderful programs they present us. Thank you to the caring staff."

Hilo FCE – Submitted by Martha Yamada



Happy Holidays dear FCE members! I'm ending my second term as Hilo Council FCE President and want to thank your new officers: Terrie Sewake (President), LaVanda Salas (Vice President), JoAnn Aguirre (Secretary), and Jill Yamamoto (Treasurer) for graciously offering to serve our organization. They are a great team and looking forward to new ideas and different ways of doing things to maintain and grow our organization. Please support them as you have supported me with your smiles, virtual hugs and kind words of encouragement. I am so grateful to all of you for your patience, getting vaccinated, staying home when you were not feeling well and washing your hands to keep each other safe. It is so sad to hear that our hospitals are at capacity. Please encourage family and friends to pursue a career in

healthcare if they are interested. Our pandemic has emphasized the importance of sharing knowledge, putting family first and taking care of our physical, mental and spiritual health. I think we have all learned more about connecting online as a new way of learning and an opportunity for us. Much appreciation to our state executive officers: Ruth Haitzuka, Dr. Maly, Pat Kubo, and Frances Dinnan for their leadership during these challenging years of the pandemic. Wishing you peace and happiness as we work together to build and nurture FCE. I am very hopeful and excited about our future. Have a Merry Christmas and Happy New Year! With gratitude-

Martha Yamada

Hilo Council Officers for 2023 – 2024 –

On December 1, 2022, Brenda Carriera from Hoike Club did an excellent job installing our Hilo Council FCE Officers for 2023-2024 using cereal boxes as the creative theme gifts to our new officers. Along with our club presidents: Claire Kawahara (Hanalike Kakou); Lee Watanabe (Hoaloha); Kalei Tong (Hoolulu); Debi Ueda (Hui O Wahine); Shimomi Araujo (LHK); Liz Salfen (Puna Wahine) and Rose Mary Hokoana (Settlement), we would to express our appreciation for their dedication and look forward to getting together again soon.



Pictured: Left to right. Bill Sewake (father-in-law), Carolyn Sewake (mother-in-law and member of Hui O Wahine), Terrie (Hilo Council President); Naian (daughter); and Sean (husband).

Carolyn encouraged Terrie to join Hui O Wahine Club and became a member in 2008. Terrie shared that she was able to join FCE because her family supports her so much in all she does. Sean attends the Council Rest and Relaxation event at Kilauea Military Camp and loves to cook for the ladies. Naian learned how to crochet leis from the members.

Terrie attended Roosevelt High School on Oahu. Currently, she is working for the State Dept of Human Services, the Office of Investigation in West Hawaii. She drives from Hilo to Kona for work and was willing to serve our council as President. She is also the current State Youth Education Chair. Please support her as she willingly volunteered to serve our council.

Terrie's message is "I'm hoping we encourage members to continue to share the Aloha Spirit with their fellow FCE members. I'm also looking forward to the development of the Hilo FCE Council's Vision Statement in hopes that it will rekindle the joys and excitement of being a part of this wonderful FCE community."



LaVanda Salas is our Vice President and serving her second term. She was born and raised in Kohala. She attended Halaula Elementary School & Kohala High School, Class of 69, (Kohala Cowboys). In 1970 she went to work for Hawaiian Telephone Company, held several positions, started as an operator, service clerk, customer service & Phone Mart Sales Representative. She retired in 2006 at the age of 55, with 35 years of service. She joined the Hoike FCE Club in 2010 and is currently Club President. She is also the current State Health Education Chair.

LaVanda's message is "In teamwork the key is to support one another. Together, we will be invincible!"

JoAnn Kawamura Aguirre is our Secretary and serving her second term. She is a retired professor of educational leadership and policy studies and administrator for the California State University. Upon retiring she moved to the Island of Hawaii (the Big Island) where her father was born and where she reunited with many family members. JoAnn attended Los Amigos High School in the City of Fountain Valley, Orange County, California. JoAnn is a tea consultant, certified tea educator, certified tea sommelier and former tea shop owner and has spent the last 30 years teaching about tea. Along with her love for tea, she is an avid tennis player and reader. With her family and friends, she loves to cook, bake, eat, sew, travel, and of course - parTEA!!! Please join her on Oregon FCE Zoom Lesson on January 4th as she shares her knowledge and love of tea. In 2015 JoAnn was invited to present a 'tea chat' to the Hui O Wahine Club (Hilo, HI FCE) at one of its monthly meetings, and shortly thereafter she became a proud member. She served as president of Hui O Wahine in 2021. In 2022 she served as secretary of the FCE Hilo Executive Council and will continue in this position in 2023. Like many of us, JoAnn is concerned with the future of FCE and feels Hui O Wahine can serve as a catalyst to perpetuate its longevity at the local, state and national levels.



As a source of motivation, she shares this quote by John Webster: "...the soul was never put into the body to stand still." JoAnn sees 2023 as an opportunity for action and great achievements when we all work together.



Jill Yamamoto is our Treasurer. She was born and raised in Hilo and graduated from Hilo High School. She worked for the Department of Education for 33 years, 28 at Waiakea High School and 5 with the Kau/Keaau/Pahoa Complex as a math resource teacher. She joined Hanalike Kakou FCE Club in 2018.



Jill's message is "I hope that 2023 brings all of us together again, I look forward to seeing everyone again and meeting the new members."

Hilo Continued

Hui O Wahine FCE Club – Hilo Council



On November 19, 2022, Hilo FCE Council gathered to fill pretty bags that our members sewed and filled them with donated hygiene travel sized items from our members and friends (Dr. Garrett Ota. DDS and Charlene Iboshi). 120 bags were completed and delivered to the Neighborhood Place of Puna - Hale Iki Family Assessment Center. It is a temporary emergency shelter for families with minor children who are homeless, at-risk of homelessness. Their staff uses the Housing First Approach. It means that they are participant-centered and work with families to address their barriers towards permanent housing. Hale Iki is a low barrier program, they do not require sobriety, mental health treatment, good credit, or any other “housing ready” requirement to enter. Families will be assigned a housing navigator who will do case management and connect to resources. Once permanent housing is found, the navigator will provide 6 months case management to navigate tenancy skills, financial literacy, landlord relations and other barriers to keep their new home. Families can call the 24 hour shelter line to inquire about vacancies at (808) 345-0202.

We would like to thank the many sewers and members that were not able to attend this workshop but donated their time and skills to sew these beautiful bags and donate their travel size items to help our homeless community. We hope to continue sewing more bags and collect donations to help other shelters in need.

Kauai FCE - submitted by Laurie Ho



Ruth's last "Hurrah"

We acknowledge and appreciate our outgoing HAFCE President ~ Ruth Haitzuka!

HAFCE President, Ruth Haitzuka joins KAFCE in celebrating the start of the 2022 holidays.

Row 1, 3rd from Left

*Dennis Fujimoto - photographer
Happy Camper*



Hui Holomua led us in an educational game of B-I-N-G-O. If you got B-I-N-G-O you had to "sing" the B-I-N-G-O song. IF you landed on certain numbers you had to jump up and sing a certain Christmas Carol. It was interactive and FUN! B-I-N-G-O prizes were the "white elephant" unwrapped gifts everyone brought in. ↑

Annie Rellin ALWAYS LUCKY!
WINNER of a gift card from HAFCE
Ways & Means →



Club Musubi member, Daphne McClure, receives her "chance" gift card from HAFCE's Ways and Means fundraiser for NAFCE. Rather than mail these gift cards out to our members WE waited until WE gathered to distribute their prizes. ↑



From left, Daniel Kim of San Jose, California, joins the Hawai'i Government Employees Association out-of-towners Amanda Lowrey of O'ahu, Ginet Hayes of O'ahu, Arnold Abe of Maui, Stacy Haisuka of O'ahu and Cheryl Pokipala of Maui in enjoying the shade of the monkeypod tree at the Grove Farm Market.

What are the chances that Kauai is visited by two (2) Haisuka women? Pictured here is Ruth & David's daughter, Stacy (second from right). In a two-week span of time BOTH of them would appear in Dennis Fujimoto's "Happy Camper!" newspaper column. It is a small small world! All in the "ohana!" Only on Kauai!

SHOUT OUT TO:

FCE club Hui Holomua who took the lead in hosting this KAFCE meeting. President Kay Nakata; Vice President Margo Hashimoto and Treasurer Marina Pascua.

Save the Date!

75th Hawaii Association Family Community Education Convention **Hilo Hawaiian Hotel** **Friday, October 6, 2023 to Sunday, October 8, 2023** **Hilo, Hawaii**

We are still working on a Theme and listed below are some of our activity ideas. There will be more information in upcoming issues of the Homemaker Echo so mark your calendars and plan on attending our first in-person convention in 3 years!

- **Afternoon Tea**
- **Visit to Honokaa Town, Pahoa, or Waimea - there's lots of interesting, local shops, eateries and Farmers Markets.**
- **Mini craft fair for the clubs or councils (fundraising for Hawaii FCE)**
- **Healthy Food demos or Not So Healthy Food demos 😊**
- **Educational workshops**
- **Board and business meetings**

Convention Committee Chair – Terrie Sewake

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