



The Homemaker Echo

Official Newsletter of the Hawaii Association for Family and Community Education

Volume 47 Issue 1

March
2021

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Go Paperless! ~140 FCE members have chosen to receive the Homemaker Echo via email. Please consider joining them by contacting me so that I can add your name to the email list. You will receive the Echo in COLOR and weeks before the USPS issue. This also saves HAFCE in mailing costs and it saves a few more trees for a healthy environment.

Send your email address for a paperless delivery to:
Denise Smith
Homemaker Echo Editor
cdsmith2139@gmail.com
(650) 969-3422

PRESIDENT'S MESSAGE

March 2021

It's 2021! Hurray! It's beginning to look like a better year already. With the lifting of Tier 2 to Tier 3, there's a feeling of "maybe" things are getting better and life will be somewhat "normal" since Covid. Although events, meetings, activities are still uncertain, I think that there's a light at the end of the Covid tunnel for HAFCE to begin its new chapter.



Many of us are anxious or contemplating whether or not to get their Covid vaccination. I'm glad that there is finally something out there to at least protect us from the virus just as the flu shot. Some protection is better than none. Yes, masks, distancing and washing of hands, sanitizing are still critical to help protect you as well as others. As we continue to watch the news of the latest for vaccinations, I hope that each of us will feel more positive of things to come in the near future.

Your Executive Committee continues to work to get the items that needs our attention and meeting deadlines. CHARACTER COUNTS! sm essays/artworks should have been received by HAFCE Vice President, Jacquie Maly. Nominations for Heart of FCE and Heart of FCL should have been received by HAFCE President, Ruthie Haitzuka. Thank you, Councils, who have participated in this contest and nominations to meet the NAFCE deadlines.

This month (March) is the HAFCE Mid-Year Board Meeting. It will be again via Zoom. Please mark your calendars for Saturday, March 20th starting at 9:00 am. Besides the usual items on the Agenda, we have a treat from Lynn Barut. She is currently your Home Community Environment Education Chairperson. Although her topic is not known at the time of this writing, I know her topic and presentation will be very informative and interesting. So tune in and invite your other FCE members for her presentation.

Let your Executive Committee, other councils and members know what you are doing to encourage each other. Maybe what you are doing will inspire them to do the same or tweak it a little to go with your community, council or club. Keep in touch with each other as a means of socialization. Looking forward to the next quarter as to what we will be doing and what we can plan to do. In the meantime, please take care and be safe.

*Ruthie Haitzuka,
HAFCE President*

Hawaii FCE Board Members

Executive Officers

President ~ Ruth Haitzuka
Vice President ~ Dr. Jacqueline Maly
Secretary ~ Frances Dinnan
Treasurer ~ Pat Kubo
Past President ~ Katsuko Enoki

Education Chairs

Health ~ LaVanda Salas
Home ~ Lynn Barut
International ~ Sue Stewart
Leadership ~ Kalei Tong
Youth ~ vacant

CES Advisor

vacant

From the Editor.... A Reminder

The deadline for articles for the next issue of the Homemaker Echo is: **June 10th, 2021**

Please send articles and photos to: cdsmith2139@gmail.com OR

433 Sylvan Ave. spc. 39 Mountain View, CA 94041 OR (650) 969-3422 (leave a message if I'm

Aloha, Denise Smith

I would like to thank Lee Watanabe of Ho'aloaha FCE Club for her contributions to the article about Oarlene Wingate in the September 2020 Echo issue.



International Education Chair – Susan Stewart

As many groups have stopped having their local meetings, donations to ACWW have dropped drastically. They need help to keep ACWW going, and secure the network of international friendship, sisterhood, learning, and advocacy for the future. Pennies for Friendship is the 'enabling fund' of ACWW. Please consider pledging to donate an amount to support Pennies for Friendship today. They are asking Members and Member Societies to commit to raising a minimum of \$69.35 US =50 BPS. The target date for this fundraiser is April 29, 2021, ACWW Day. Please consider making a donation, if you're able to:

Online at: <https://www.acww.org.uk/appeal2021.html>, or

Send your check (please note "2021 Secure ACWW for the Future appeal" on your check) to:

Associated Country Women of the World

A04 Parkhall, 40 Martell Road London SE21 8EN United Kingdom

International Women's Day – Monday, March 8

ACWW Day – Thursday, April 29

Women Walk the World - Each year on or around 29th April, women worldwide celebrate ACWW's international network by joining together to Walk the World



Leadership Education Chair ~

Kalei Tong

Education Workshop
Thursday, May 13, 2021

Natural Medicines: Safer, cheaper, and more effective.

So many of the products we use in our day-to-day lives are filled with synthetic chemicals. These unnatural products can weigh us down and even negatively influence the way we think, feel, and live. Home remedies are deeply rooted in the traditions of our past. They have been used by ancient civilizations across the globe for:

- Aromatherapy
- Personal care
- Healthcare practices
- Religious ceremonies
- Beauty treatments
- Food preparation



Knowledge is power means that a person has education and a complete control on her life by using that **knowledge**. Educated people can easily handle the things in their lives.... **Knowledge** gives **power** to human beings to know how to control the forces of nature and use them for getting benefits. Inquiring minds, therefore, are always anxious to know what natural medicines can do for them. To register for this educational workshop on **May 13, 2021** please send an email to welina@yahoo.com to get the details and information sent out to you before this event.

HAFCE OAHU ANNUAL MEETING

This year your HAFCE ANNUAL MEETING will be held via Zoom again. Windward Oahu is in charge of the Annual Meeting to be held on **Saturday, September 25, 2021 starting at 9:00 am**. Due to the uncertainty of Covid and continued restrictions, although the committee wanted an "in person" meeting, it is decided to hold the Annual Meeting via Zoom in order for all concerned to be able to plan for this event. Please mark your calendars and we look forward to having you join us. Please note that members are invited to attend the Annual Meeting but they will not have voting privileges unless they are a delegate.

More details will be forthcoming from your convention chairperson, Jacquie Maly. Executive and Board members are expected to attend, and delegates will be needed also in order for a quorum to be met to conduct the business of HAFCE (approving of the budget, by-law changes, (if any), quality gift tickets, and other business as deemed necessary).

Also, on the program will be a workshop by Lynn Barut, Education Chairperson for Home Community and Environment. Stay tuned for details of her workshop and invitation to attend via Zoom.

Save the Date!

Upcoming Education Chair Zoom Workshops



International – Susan Stewart
Saturday, July 10, 2021 at 9:00 am

Health – LaVanda Salas
Saturday, October 9, 2021 at 9:00 am





Trimble Foundation Distribution Committee - Denise Smith

The TF Distribution Committee will meet in early September, via Zoom. The committee members are Denise Smith - Big Island,Carolynn Lum - Kauai, Stephanie Borges - Maui, Kathy Uehana - Oahu, Katsuko Enoki- HAFCE past president, Meleen Pang Corenevsky - Bank of Hawaii trustee, and Heather Greenwood-Jukermeier - CES advisor - Maui. Officers are Denise Smith - Chair, Carolynn Lum - Vice Chair, and Kathy Uehana - Secretary.

During the August 5, 2020 HAFCE Executive Committee meeting, a motion was made and passed to increase the maximum amount of available awards money to \$7,000. This is above the amount of interest accumulated during the year (normal source of awards money) and will partially be taken from the principal amount. The reason for this motion was to begin to use more of the accumulated funds in the TF trust account, in hopes of attracting more applicants and to use up the funds more quickly. Individuals applying for scholarships can be FCE members, members of our families, or members of the public. They can be first time college students or returning students. Organizations who apply for grants must be a non-profit dedicated to the betterment of communities through health, welfare, or education.

Application forms are available on the hawaiifce.org website or by contacting any FCE Council President or Board member. Deadline: July 31, 2021.



Our Statewide Project by Dr. Jacquie Maly

Aloha! Here we are with the last of our tips for Eliminating Food Waste. Look over these following tips, think about them, and adopt any that might work for you. Certainly, food waste is a major problem worldwide. I encourage you to take the first step, and think about the problem and some possible solutions. Consider how you can share this information with others in your community and thank you for working towards less food waste!

Tip # 23 - Cook in Batches

Making large pots of soup, stew, or chili can take a lot of the guesswork out during a busy week. Pick a recipe that's hearty and flavorful. Plan on a side salad to accompany it each night. These pack wonderfully for lunches, too!

Tip # 24 - About Those Leftovers

Be thinking about how you can repurpose leftovers from one meal to the next. If you have Taco Tuesday one night, and have too many sauteed peppers and onions left over, make a frittata the next night with those veggies,

Tip # 25 - Keep a List of Wasted Food

Write down everything you throw away or into your compost pile. This will reinforce your awareness of how much you are wasting, and help you keep track of what items you are overbuying.

Tip # 26 - Compost

Give unused food new life in your garden. Keep a small, air-tight container on your counter to make collecting compost material no hassle (or you can store it in the freezer). Empty it into a larger container outside if you're in an urban area, or onto or compost pile in your yard, nightly. Next season, your flower beds and vegetable garden will thank you!

Tip # 27 - Food Storage

Be smart about how you store your foods in your fridge and pantry. Make sure produce that lasts longer in the fridge is stored there. This handy chart shows where to store food in your fridge. If you know you won't use something in the next few days, and it can be frozen, stick it in the freezer now. Keep a good collection of reusable, air-tight containers in your kitchen so your leftovers stay nice and fresh. Also, research what the best ways to store certain foods are. Your asparagus will last a lot longer if you keep it standing upright in a bit of water, for example.

Tip # 28 - Wilting Fruits and Veggies

If you have fruits and veggies that are going bad before you can make a proper meal, you can still put them to good use. Throw your aging fruit into a blender and make smoothie. Use your wilting greens in a soup.

Tip #29 - Throw a No-Food-Waster Dinner Party

If you did buy too much food for the week and you think it will go bad before you can enjoy it all, invite some friends over for dinner! You can even make it a potluck, if you don't think you can supply an entire meal. If your friends are anti-food waste like you, you can even make it into a weekly or monthly event where people bring whatever they have hanging around in their fridge over to your place. Once you have all the ingredients together, see what you can make out of it.

Tip# 30 - Be a Good Neighbor

If you are leaving town but still have good food in your kitchen, check with your neighbors. Most likely they'll be happy to take a few ripe tomatoes or those herbs off your hands. If you have a soup kitchen nearby, stop in and ask if you can drop food off when you have extra.

Tip #31 - Preserve It!

There are many ways you can actually preserve your food so you can enjoy it later. You can pickle, can, smoke, salt, vacuum-pack, or dry out lots of fresh fruit, vegetables, and meats. Home-pickled vegetables and homemade fruit jams make wonderful gifts too.

Tip # 32 - Sharing What You Know

Without being preachy, let friends know there are simple ways to reduce food waste. If you're out together at a restaurant, and they don't plan to their leftovers, ask if you can. Talk about meal planning and how it's helped your budget. More importantly, lead by example.

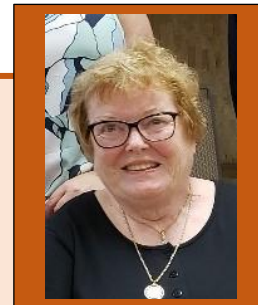


Meal Planning Online Workshop Inspires FCE Members ! by Marielle Hampton, UH-CTAHR Junior Extension Agent

Do you plan your meals carefully, with organized shopping lists and a daily schedule, or do you prefer to buy what looks good and figure out what to cook as you go? At an online meal planning workshop on January 23 with Extension agents Hallie Cristobal and Marielle Hampton, 27 FCE members learned that there are different meal planning styles to help organize what you eat each week. Planning your meals can make feeding yourself or your family easier, more enjoyable, and less expensive. It can also help improve your diet and make dinnertime less stressful. Right now when we're concerned about our health, meal planning helps your family get the nutrition they need without constantly going to the store. Important steps for planning meals effectively include getting organized and inspired, taking inventory of your groceries, making a plan, stocking up, and properly storing leftovers. It may help to cook in bulk and master a few recipes that are easy to throw together. At the workshop, participants shared their "fallback meals", or what they like to cook when they don't have a plan. Popular last-minute meals included chili, pasta, saimin, and stir-fry. Meal planning will be different depending on what works for you and the size of your household. For large families, you may have trouble making enough food to keep everyone fed, but in a smaller household, you want to make sure you don't have too much extra food or eat the same leftovers all week. Small households may want to cut recipes in half, or freeze part of a meal after cooking. By adopting a few new habits that work for your household, meal planning can reduce food waste and save you from stress or overspending on groceries. After attending the workshop in January, FCE members were inspired to think ahead, try new recipes and techniques, and figure out how to make meal planning work for their home.



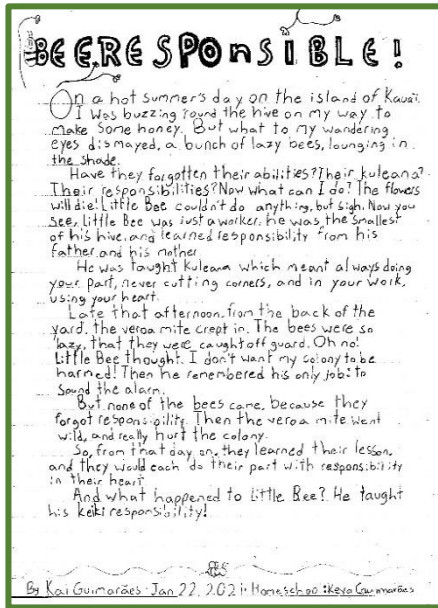
Heart of FCE



Robin Messenheimer, a 13-year member of Hawaii FCE, is an unsung, grassroots heroine! She has served as secretary, historian and newsletter chair for Hilo Council as well as serving on and chairing many convention committees. She is a member of Puna Wahine FCE Club and has held several club officer positions over the years. Robin recently volunteered to serve as "Tech Support" assistant for the current HAFCE Past President, Katsuko Enoki. Robin also set up and coordinates Zoom meeting sessions, enabling Puna Wahine Club members to meet monthly amidst the ongoing Covid-19 crisis. Her other community organizations that she devotes her time to is Zonta International and the Hawaii Concert Society, where she currently serves as treasurer. Her favorite pastime is greeting card crafting. She is an overcomer, as she lost her home to lava during the 2018 volcano eruption in Leilani Estates. Robin is truly Hawaii's Heart of FCE!

HAFCE 2021 Character Counts! sm Winner !

**Congratulations to Kai Guimarães,
Home School Teacher Keya Guimarães (mom) – Kauai**



A Sneak Peek – ACWW Quilt Denise Smith



Do you remember “Pennies for Friendship”? This year’s quilt proceeds will benefit the Associated Country Women of the World (ACWW). This organization is composed of members from 84 world-wide countries, with the United States, supported by FCE, being one of them. ACWW assists rural women and their families by developing policy resolutions, working with the United Nations as an NGO, providing project activities, education, outreach, information, and research. I hope that you will join me in supporting this worthwhile organization by buying tickets for our lucky number drawing to be held on Sept. 25, 2021 during our virtual HAFCE

convention. The **cost of tickets will be \$5 each or 3 for \$10.** Your council presidents have tickets available for sale. This year’s art quilt is called “Kyoto Kimono” and features just two colors – purple and pink – with additional embellishments and a sleeve for hanging. It is 24” X 36” in size and is reminiscent of the lovely kimonos worn by the famous Kyoto geishas.

Hilo FCE Council – Submitted by Robin Messenheimer

Puna Wahine FCE Club, Hilo Council

Puna Wahine FCE Club, part of the Hilo FCE Council, is a strong and vibrant club that is actively involved in supporting the Mission of FCE. This year of the Covid Pandemic tried to slow them down. But, once the club got its bearings in the Spring of 2020, they started working to get back on track.

Continuing Education.

Puna Wahine 11 solidly committed members who have been interested in staying active in FCE throughout the pandemic. Once it became clear last Spring that they would not be able to meet in person for quite some time, they decided that they had to find a way to meet virtually. Members chose to learn how to use Zoom to allow them to meet. And they did!

Hilo Council Continued

Developing Leadership.

Starting in May, Puna Wahine members began meeting by Zoom at their regular Saturday afternoon meeting time. While the first meeting was a bit of a challenge, by the time it was over, everyone was on board with this way of continuing to keep the club going. While Puna Wahine typically doesn't meet during the summer months, by September the club members were ready to get involved with what was going on in the organization Statewide. They knew that there was a bit of controversy about the future of the State organization. With a State past president in the club leading the discussion, the club came to a consensus as to how its members would vote at the upcoming State Annual Meeting. What their decision was isn't as important as the fact that the club was actively involved at a time when many in FCE were having difficulties meeting.

Community Action.

October's meeting was nearly as serious and businesslike as the September meeting. But Puna Wahine's members were eager to try to figure out how to continue with their traditional holiday activities. At this time in any other year, they would be planning their November meeting. That meeting traditionally involved each member bringing non-perishable food items that they would all gather into two or three Thanksgiving food baskets. We would take them to Neighborhood Place of Puna to give to those in our community who are less fortunate. 2020 was not going to allow us to do this. But we still wanted to help Neighborhood Place support those who were in need. We chose to buy grocery store gift certificates in place of actual food donations, and Neighborhood Place was very appreciative.

Living the Aloha Spirit.

While November's meeting was a bit on the businesslike side following decisions at the State Business Meeting, in December PW really wanted to do something that was like our traditional book exchange and much Holiday Aloha at a Christmas lunch. The solution was a Secret Santa style exchange of greeting cards. Each card was to have something in it that reflected something special about the person receiving it. The plan was that each member would open the card at the Zoom meeting, try to guess who sent it, and then the sender and receiver would chat about the meaning of the card. You can see how successful this effort was in the smiles on the faces of the Puna Wahine members in this photo from the meeting.



Going Forward.

Puna Wahine will continue to meet by Zoom as long as its members are not allowed to meet in person. The club usually has guest speakers at its first several meeting of every year. The club will be working to make that happen in 2021 also – by Zoom, of course!

Kauai FCE – Submitted by Frances Dinnan



KAFCE Books for Newborn (BFN) Program is Blessed



In Sept 2020 KAFCE distributed the second half of 300 books collected and purchased for Wilcox Hospital's Pediatric Dept. Carolynn Lum, BFN Chair, met with Dr. Brigitte Carreau, pic left, by the hospital's same day surgery entrance wearing masks. An article was written and published in the Garden Island Newspaper. After reading the news article, Carolynn was contacted by Steven Sobel, Manager, of the Helen Mitsui Shared Blessings Thrift Shop in Kilauea. Public libraries no longer accept used books, and they end up either in the trash or at island thrift

stores. Steven's shelves were bursting with books! He invited Carolynn and I to take whatever we could carry. Empty wine boxes from Costco were filled with books and loaded into Carolynn's car. We also assisted Steven in re-shelving more books held in storage. Carolynn went through each box at home and pulled out gently used books for KAFCE's next BFN donation and reading event. Steven is willing to donate gently used books to KAFCE each year. Guess what? A few amazing guardian angels read the same newspaper article as Steven and cash donations came in to help fund KAFCE's BFN Program. Read a letter from one of those donors:

"Aloha, thank you for the information. I am enclosing a check for a \$100.00 donation from Bill and Judith Fernandez. As for my husband, author Bill Fernandez grew up in Kapaa, Kamehameha, Stanford and law school, California judge, then eventually retired at home. Yes, he gave a book talk at the Lihue library plus at other libraries on the island, and at the museum and for the historical society. He has written 11 books, just finished the 12th during this pandemic. 3 memoirs of his unique childhood, then novels featuring native Hawaiian men struggling to understand the Western world, capitalism, and Christianity. All are well researched. A local kupuna told me: "Tell him to keep writing about Hawaiians. He gets it." I get the pleasure of editing, adding illustrations and photos, then getting them printed and sold. A wild dream come true! His books are at Talk Story in Hanapepe, the Museum, and Amazon/kindle. I think the local community tv station plays videos of his various book talks from time to time. Check out his website: kuaibillfernandez.com and he is on Facebook. I look forward to helping out more in the future. Aloha, Judith Fernandez

KAFCE's BFN Program has been blessed with additional resources and friends. May we continue to serve our community and receive blessings for the work ahead. Thank you, Carolynn Lum, for your work as KAFCE's V.P. and BFN Chair!

Frances Dinnan ~ Newsletter/Historian

KAFCE BFN Program partnered with Usborne Books & More

Read Across America is Kauai's largest literary event and book drive in support of classroom teachers. This annual event was held at Kukui Grove Shopping Center on Saturday, February 27, 2021. KAFCE gave each child that stopped by our booth a gently used book donated from the thrift shop. Kukui Grove and its stores contributed goodie bags filled with school supplies, toys, and candies. A total of 150 parents and children signed in at our booth. Thank you to Carolynn Lum and Julia Diegmann, pic right, for your help. This event observed social distancing, face masks, and hand sanitizing rules. Extra books were donated to Kumu's Cupboard, a nonprofit store located in Kukui Grove Shopping Center where teachers can shop for FREE.



2021 CHARACTER COUNTS! ®

Carolyn Lum, Chair, reported that KAFCE received 27 essays and accompanied artwork; 7 students were awarded cash prizes; 8 teachers participated, and 4 schools. Thanks to Laurie Ho and Suzie Yokoyama for helping to judge entries received. The Theme this year was: “Responsibility”. Outcomes:

1st Place \$75 - Kai Guimarães, Home School, Teacher Keya Guimarães (mom) →

2nd Place \$50 - Ryder Vivas, King Kaumualii, Teacher Nathan Cotter

3rd Place \$25 - Jaeneiah Balubar, Wilcox, Teacher Katherine Stennett

Four Honorable Mentions (HM) \$15/ea.: > Liliana Kiilau, Wilcox

> Elias Gaines, Wilcox > Kawehi Oana-Makanani, Kapaa > and Emma Aki, Kapaa



Pic left: Marina Pascua adding the finishing touches to student awards



Pic left: Kay Nakata & Margo Hashimoto's hands busy working on yarn leis

Role modeling the characteristics of responsibility our Hui Holomua members demonstrated their enduring support for the CHARACTER COUNTS! ® Program. Much thanks to Margo Hashimoto, Kay Nakata, and Marina Pascua for making yarn leis and assisting Laure Ho in mailing student awards and printing certificates.

For the first time in KAFCE's History of sponsoring CHARACTER COUNTS! ® every student who entered the contest received something! Carolynn Lum, Chair, requested an additional award at our last meeting. It was meant to encourage students to continue writing and in appreciation of their artwork and time. After much discussion and knowing how limited our resources are Phyllis Tokita of Club Musubi volunteered to purchase 20 gift cards @ \$5 each for a total of \$100.00. Thank you Phyllis for your generous donation 🙏 and thank you Carolynn for your thoughtfulness and volunteerism! Through these tough times may we all learn to hone the characteristics of responsibility as we interact with the next generation.

WINDWARD OAHU FCE – Submitted by Ruth Haituka

January – March 2021

Happy New Year to all FCE members and their families. Here's hoping that all of you are keeping safe and getting their COVID-19 vaccine as it becomes available and it's your turn. We do have a 2021 schedule that's done via Zoom with a few participants. Wish more of you can or have the possibility of participating.

On January 26, a PLT on Health was done by each club. Koolau did some exercises and prepared a bitter melon pickle. Both Imiola and Makani did information on COVID-19. For February, Jacquie Maly will do one on the topic of Food Waste, which is our State Project.



Windward Oahu Council Continued

Events for 2021:

Our 2020 officers have generously and kindly accepted to remain in office for 2021 since we have been unable to do any in-person activities because of this pandemic. The officers are: President – Maggie Schulte; Vice President – David Haitzuka; Secretary/Treasurer – June Tom; and Past President – Dr. Dixie Dumarán. June has agreed to be treasurer alongside her secretarial duties because of the recent death of our treasurer, Emily Deai.

Our Membership has dropped quite a bit because of resignations and deaths. Last year in 2020, we lost Koolau member,



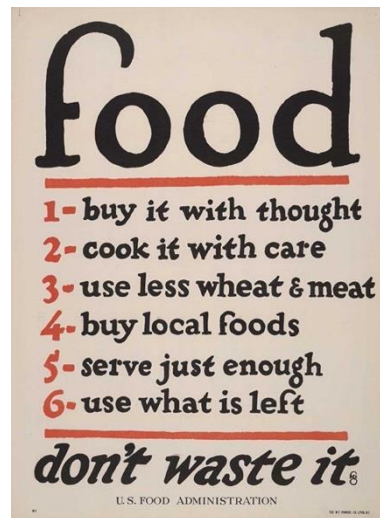
Evelyn Cabral in January, Makani member, Natalie Oda-Lee in August; and in December, Makani member Emily Deai and Makani/Koolau Barbara Sheeder also lost her son in January of 2021. Our deepest condolences were sent to their families. So, members, go out and recruit! I know we are small in numbers at 28, but together we can do a lot.

Members of the Windward Oahu Council:
First Row: Annie Sagawa, Emily Deai, Dixie Dumarán, Ruthie Haitzuka, Jacqueline Maly. Second Row: Richard and Susan Stewart, Barbara Sheeder, Pat Kubo, David Haitzuka (picture taken at HAFCE Hilo Convention 2019)

COUNCIL/CLUB HAPPENINGS AND UPDATES

PLT: Food Waste

February 23rd was Windward Oahu's second PLT for the year. Jacquie Maly, our State Vice President, led members in a presentation of Food Waste, How to Use Food Scraps and recapped the Food Waste Survey of 2019 at the HAFCE Hilo Convention. Some of the highlights of How to Use Food Scraps were: Broccoli stems makes crunchy slaws, salads, stir-fries; Cook tops of most root vegetables (beets, carrots, radishes) just like kale or swiss chard; Use leftover pickle juice to quickly pickle just about any veggie; Use stale bread to make crunchy Panzanella salad, fresh breadcrumbs or gazpacho; Infuse corn cobs into creams, stocks or soup to extract every bit of sweet summer flavor; and Infuse banana peels into milk or cream for baking or for making flavorful hot chocolate. Jacquie also mentioned that over ripe bananas ups the flavor when making banana bread. Carrots with tops on them are fresher and when putting in refrigerator, leave plastic bag open. Lettuce stored in container with holes instead of a plastic bag is better as lettuce needs ventilation.



CHARACTER COUNTS! sm Contest

CHARACTER COUNTS! sm Essay/Artwork contest entries from two schools – St. John Vianney in Kailua, Hawaii and Hanalani Schools in Mililani have been judged. All clubs participated in the judging of the essays/artwork and the winner has been sent to HAFCE Vice President, Jacquie Maly for judging for the HAFCE level. Winners from the Council level will be awarded their prizes at a later date once winners at the State and National levels have been named.

HAWAII ASSOCIATION FOR
FAMILY AND COMMUNITY EDUCATION
339 KALILI STREET
HILO, HI 96720-4061