



The Homemaker Echo

Official Newsletter of the Hawaii Association for Family and Community Education

Volume 46 Issue 4

December
2020

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Go Paperless! ~155 FCE members have chosen to receive the Homemaker Echo via email. Please consider joining them by contacting me so that I can add your name to the email list. You will receive the Echo in COLOR and weeks before the USPS issue. This also saves HAFCE in mailing costs and it saves a few more trees for a healthy environment.

Send your email address for a paperless delivery to:

Denise Smith

Homemaker Echo Editor

cdsmith2139@gmail.com

(650) 969-3422



PRESIDENT'S MESSAGE

December 2020



2020 is now approaching the end and 2021 will begin in a few weeks. Looking back, 2020 has been a very different year for HAFCE. The year began like any other year and then COVID hit Hawaii and most of the world. Adjustments had to be made in our daily life from our "normal" and our ability to know what we could expect day to day. I guess we could look at the Covid-19 virus a way of bringing the community, family and friends together. Everyone was impacted in one way or another. Some family members may have lost their job, hours were cut, children had to learn a whole new way of learning – online classroom – adjusting to just being home and not being able to visit friends and family, etc. When the lockdown took place, shelter in place with our families wasn't too bad. What did you do? We all could spend more time together getting "reacquainted" and thinking of ways to entertain ourselves. We were saving money because we couldn't go out to shop, go out to eat, etc. All those regular routines went out the door. But there was another side that we as FCE members missed. Being able to gather to have our meetings, do planning and execute our projects that were planned. Mostly though, we missed see each other as this was our social outing – just seeing each other once or twice a month was sorely missed! 2020 HAFCE had to be creative in getting the message out to members, conducting its meetings as well as getting together for the Annual Meeting in October. Luckily, HAFCE had Zoom to use to connect all involved to hold the Annual Meeting. This was the first time that HAFCE has held a Zoom Annual Meeting and I must say, it went pretty well considering the logistics involved. Having the practice run for the log in the Thursday before the actual meeting helped iron out the bugs. I would like to thank Heather Greenwood for her help and tips for conducting this meeting and helping with the monitoring of members who logged in. I'm still not an expert and still learning the ins and outs of Zoom. At least we had a "tool" to use to conduct the business of HAFCE.

If you were in attendance at the Annual Meeting, events have changed the makeup of the Executive Board for 2021. After Margaret Cambra withdrew as incoming HAFCE president, I took some time off to really consider my role to HAFCE as I would be required to serve another two years as HAFCE President and then another two years as HAFCE Past President. That's four more years of being committed to the HAFCE Executive Committee for a total of eight years. That's more than anyone in this organization has served. The decision to remain as your HAFCE President has not been an easy one especially when I thought I would have more free time for myself and my family. I was ready to turn over the gavel to Margaret. Since that is not happening, this is what I am going to do.

President's Message continued

I WILL stay on as your HAFCE President but the workings of HAFCE as you know it will change. I cannot keep this organization going basically monitoring almost all aspects to keep it moving forward by myself or with limited help. As you know, being President is no easy task. Meeting deadlines, keeping abreast with what is happening, planning, being available and conducting meetings have consumed a lot of my time.

So how will HAFCE be changed? I call it "2021 HAFCE REORGANIZATION PLAN". The complete breakdown as to what will happen is in a separate email for your information. I have thought long and hard about how HAFCE can better service its members, better communication, getting more participation, etc. etc. I have conferred with other members of HAFCE and have come to a consensus of the plan I am proposing. Two important committees will be formed and will be looking into the Dissolution issue of HAFCE and the Trimble Foundation. The purpose of these two committees will be to set up the guidelines and procedure for Dissolution should there be a need in the future.

I know everyone will be making adjustments but I hope that all of you will come on board and support the proposed changes to better reflect how members feel, especially with the reporting of events by councils, clubs, etc. Please let your council presidents know your feelings or if any you may have any concerns. You may contact me directly also.



Merry Christmas and a Happy New 2021. Be safe, wear your masks, wash your hands and keep in touch with one another. IMUA HAFCE.

Ruthie Haitzuka, HAFCE President

Hawaii FCE Board Members

Executive Officers

President ~ Ruth Haitzuka
Vice President ~ Margaret Cambra
Secretary ~ Pat Kubo
Treasurer ~ Wanda Lew
Past President ~ Martha Yamada

Education Chairs

Health ~ Katsuko Enoki
Home ~ Carolyn Sewake
International ~ Sue Stewart
Leadership ~ Kalei Tong
Youth ~ vacant

CES Advisor

vacant

Upcoming Zoom Workshop!!!

Meal Planning Basics

In this online workshop, CTAHR extension agents *Marielle Hampton* and *Hallie Cristobal* will teach basic concepts, tips, and tricks for meal planning. Learn to stock your pantry, make a menu, and organize yourself for easier, healthier meals that save money and reduce waste. Join us for another learning event on how to prevent food waste!



Zoom contact information will be available soon via email.

From the Editor.... **A Reminder**

The deadline for articles for the next issue of the Homemaker Echo is:

March 10th, 2021

Please send articles and photos to:

cdsmith2139@gmail.com OR

433 Sylvan Ave. spc. 39 Mountain View,
CA 94041 OR (650) 969-3422 (leave a
message if I'm not at home)

Aloha, Denise Smith



Quality Gift Tickets



This year, it was decided that instead of issuing raffle tickets, we would just ask for donations. We decided that instead of asking clubs and councils for quality gift prizes, HAFCE would offer ten \$10 gift cards to be used in a drawing. All current HAFCE member names were placed into the drawing. At the HAFCE Annual Meeting on October 17, 2020, 10 names were drawn by our Ways and Means Chair, Lee Watanabe. Congratulations to the Winners!

- 1) Maui Council
- 2) Maui Council
- 3) Katherine Wong (South Oahu)
- 4) Annie Rellin (Kauai)
- 5) Delfa Dumarán (Windward Oahu)
- 6) Kathleen Inouye (Hilo/ Hoike)
- 7) Maui Council
- 8) Muriel Masumura (South Oahu)
- 9) Bernie Tangalin (Kauai)
- 10) Marjorie Sasaki (South Oahu)

International Education Chair – Susan Stewart



An International topic councils/clubs can help raise awareness in their community is talking about domestic and intimate partner violence. ACWW joined organizations around the world in "Orange the World" campaign, 16 days (Nov 25-Dec 10) of global activism to draw attention and end violence against women and girls, or take the 365-day challenge year-round. It's important to know how to identify negative behaviors in a relationship. Please go to: https://www.acww.org.uk/docs/orange_the_world_campaign_pack_2020.pdf for additional information.

Stay healthy and be safe!Sue
Thank you! Have a safe and happy holidays!



NAFCE Reminder

In addition to the FCE TODAY newsletter, the FCE Flash (periodic news blurbs) can be found at www.nafce.org . CHECK IT OUT!!



Trimble Foundation Distribution Committee - Denise Smith

The TF Distribution Committee met via Zoom on October 2 to review the applications submitted this year. The awardees were Shantel Rita of Kauai and Sandra Sato of Hilo. Each were awarded \$3500 to attend University of Hawaii Hilo. Ms. Rita is working on her master's degree in Counselling Psychology and Ms. Sato is working towards her master's degree in Arts of Teaching. The committee members are Denise Smith - Big Island, Carolyn Lum - Kauai, Becky Lau - Maui/Molokai, Kathy Uehana - Oahu, Martha Yamada- HAFCE past president, Meleen Pang Corenevsky - Bank of Hawaii trustee, and Heather Greenwood-Jukermeier - CES advisor - Maui. Officers are Denise Smith - Chair, Martha Yamada - Vice Chair, and Kathy Uehana - Secretary.

During the August 5, 2020 HAFCE Executive Committee meeting, a motion was made and passed to increase the maximum amount of available awards money to \$7,000. This is above the amount of interest accumulated during the year (normal source of awards money) and will partially be taken from the principal amount. The reason for this motion was to begin to use more of the accumulated funds in the TF trust account, in hopes of attracting more applicants and to use up the funds more quickly. Individuals applying for scholarships can be FCE members, members of our families, or members of the public. They can be first time college students or returning students. Organizations who apply for grants must be a non-profit dedicated to the betterment of communities through health, welfare, or education.

Application forms are available on the hawaiifce.org website or by contacting any FCE Council President or Board member. Deadline: July 31, 2021.



"Roses for Ruthie"

Congratulations to Mabel Tanaka of Hui O Whine FCE Club of Hilo Council on winning the "Roses for Ruthie" Trimble Foundation quilt. Thanks to all who bought tickets and mahalo for supporting the Trimble Foundation.....

Denise Smith



Our Statewide Project by Dr. Jacquie Maly



Aloha! Here we are, continuing on with our list of tips for Eliminating Food Waste, from our June and September Echo issues. Look over these following tips, think about them, and adopt any that might work for you. Certainly, food waste is a major problem worldwide. I encourage you to take the first step, and think about the problem and some possible solutions. Consider how you can

Statewide Project continued

share this information with others in your community. Watch for more tips in upcoming issues of the Echo and let's see if we can get this project to "spread like a virus."

Tip #13 - Expiration Dates

Speaking of expiration dates, use common sense. Expiration dates aren't federally regulated, so it's really just a guideline. If a yogurt's expiration date was the day before, and it looks and smells fine, eat it, don't chuck it.

Tip #14 - Fridge Temperature

Make sure your fridge is set to the right temperature for the food that's inside it. A too cold fridge can cause some foods, like milk, greens, and cooked meat, to go bad more quickly.

Tip #15 - Pack Your Lunch

Getting into the habit of taking your lunch to school or work will help you make the most of your leftovers. You can even plan your meals around which foods will carry well to work the next day. You'll save money by not buying lunch every day, and all your delicious leftovers will be put to good use.

Tip #16 - Get a Doggie Bag

If you do go out for dinner and have leftovers, ask for a doggie bag! The kitchen will just throw it away and you may as well put it to good use.

Tip #17 - Food Check-Ups

Check in on your fresh food daily. If you notice the cherry tomatoes are getting a little wrinkly, reorganize your meals so you can eat them sooner than later.

Tip #18 - Learn How to Cook

Knowing the basic techniques in the kitchen, how to prepare certain things, and what flavors go well together will go a long way with making the most of your grocery shopping.

Tip # 19 - Experiment

If you end up with an odd array of food items at the end of the week, see what you can make of it. It forces you to be creative, and can lead to wonderful dishes you wouldn't have thought up on your own.

Tip # 20 - Use a Recipe Website

There are many recipe websites out there where you can search by ingredients, and discover new things to make with what you have in your kitchen.

Tip # 21 Follow the Recipe!

It sounds like a no brainer, but if you're not a professionally trained chef, going off script can lead to unappetizing results that you might not actually want to eat. Stick to the recipe to ensure a quality outcome. This also keeps portions in check, so you don't end up with too many leftovers.

Tip # 22 Complete Cooking

Try to use as much of your ingredients as possible. Leave the skins on your veggies, and just trim off the parts that can't be digested. The extra greens that come with some vegetables, like carrots and beets, can often also be cooked and eaten.

- - - *to be continued in following Echo newsletters.*



FCE Members Learn about Food Waste Prevention in Virtual Workshop

Submitted by Marielle Hampton – CES Agent, Kailua-Kona

Do you throw away food all the time, or do you find ways to eat everything you buy and cook? Preventing food waste at home can save families money and help the environment, but it takes practice and preparation. Hawai'i FCE members joined Extension Agent Marielle Hampton for a virtual workshop on Food Waste Prevention on November 14. A total of 23 FCE members attended the event, with 21 in Hawai'i and 2 on the mainland.

Attendees learned that in Hawai'i, more than a quarter of the available food is discarded each year (26%) and on average, a family of four wastes \$2,800 worth of food in one year. In addition to wasting money and resources, food waste takes up landfill space and contributes to global warming by emitting methane, a potent greenhouse gas. There are many different reasons that people waste food, such as buying or cooking too much or trying to be healthy, but often families just don't have enough time to plan and manage their food to avoid waste. In Hawai'i, foods that are often wasted include fresh fruits and vegetables, rice, and seafood.

Strategies that can help prevent wasted food include: making a meal plan and grocery list, checking what you have at home before shopping, preparing fresh food as soon as you get it home, storing food in airtight clear containers or under the right conditions, and designating an "eat first" zone in the fridge for food that will spoil soon. FCE members shared their ideas for using leftover food or scraps to make different dishes like soup, frittatas, and chicken stock.

Building on the inspiration sparked by workshop discussions, a virtual Meal Planning workshop is planned for **January 23, 2021 at 2:00 pm**. We hope to see everyone at the next workshop, ready to learn and share tips and advice for meal planning at home!

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### ***In Memory .....***

*In this past year our organization has seen the passing of many of its members. We would like to honor some of those who were not mentioned earlier in council newsletters or in the Echo.*

#### Hilo Council



**Simplicio "Sam" Baldado** was a 34-year member of Nu Oli FCE club along with his wife Edna. We could always count on Sam to help set up for the annual FCE Fair, Rummage Sale, or any workshop that was being held. And he was a frequent attendee of many FCE functions. He and Edna were also frequent attendees of HAFCE conventions and of NAFCE conferences. He loved the after-conference travel tours arranged by Masae Saito and was always game for trying out and seeing new things. He was a veteran of the US Army and served in the Korean Conflict. After retiring as a power plant supervisor for HELCO, he began growing taro as a hobby. He was also dedicated to his church and the Christian

faith. He is survived by his wife Edna, his two sons Robert and Dale, 9 siblings and 2 grandchildren. His vivacious smile was his hallmark! He was 90 years old when he died on February 10, 2020.

## Hilo Council

**Carolyn Oki** formed a club in 1978, named Hanalike Kakou that became a part of Hilo Extension Homemakers Council. She and her fellow club members chose the name Hanalike Kakou as it meant “we are equal” in Hawaiian and Carolyn felt it was appropriate to foster a feeling of sharing and togetherness. From the onset, Carolyn was very active with club activities and enjoyed getting involved in Hilo Council activities as well. Carolyn was an excellent seamstress and loved sewing unique mu’umu’u for herself. In 1985, when she was the Hilo Council Culture and Arts Chair, Clothing and Textile Chair, Carolyn collaborated with Professors from the UH Manoa Clothing and Textile Department to present a fashion show of vintage mu’umu’u called “Hawaiian Fashions: Then and Now” at the Naniloa Surf Crown Room in honor of National Extension Homemakers Week. After our organization became the National Association for Family and Community Education, Carolyn and Oarlene Wingate presented another fashion show in 1999 called “Mu’umu’u Fashion Show” at the Kona Surf Resort to benefit FCE Leadership. Finally, in 2015, at the 65<sup>th</sup> Annual Convention of the Hawaii Association for Family and Community Education, Carolyn and her fellow club member, Barbara Fujimoto, presented a unique fashion show called “Hawaiian Style: From Yesterday and Today” of yesteryear and present day mu’umu’u at the Hilo Hawaiian Hotel, using FCE members as models. Carolyn enjoyed attending annual FCE conventions all over the state. She diligently gathered gently used jewelry from other FCE members to sell at the conventions to benefit the Trimble Foundation. She enjoyed making and selling crafts with her club at annual FCE fairs. She also enjoyed helping at the annual FCE rummage sales as well. She was the Hanalike Kakou Club President for many years and epitomized the Hawaii FCE mission of strengthening individuals, families and communities through continuing education, developing leadership and community action. Carolyn received the “Book of Golden Deeds Award” in 2017, for her over 35 years of commitment to the National Alliance on Mental Health (NAMI), educating and supporting families dealing with mental illness. She also was actively involved and held leadership roles with Hui Okinawa, whose goal is to perpetuate and promote Okinawan culture. Carolyn Oki passed away on October 14, 2020, at Hilo Medical Center at age 76. With 42 years as a FCE member, Carolyn leaves a legacy of caring and compassion. She taught us all the value of being of service to others and she truly made a difference in the lives of so many. She will be remembered for her loving kindness and generous spirit that will live on in the hearts of everyone who had the privilege of knowing her. – *Contributed by Barbara Fujimoto*



## Molokai Council



**Gladys “Cookie” Brown** passed away peacefully in her sleep on 9/12/20 in Minnesota. She had left Molokai to be with her son Kermit. She was 94 years old. We will miss her presence as she tried to be at all of our state conventions as Molokai FCE president. She joined FCE in 1957 and was a 63-year member. “Cookie” was a teacher at Kualapuu Elementary School and a reporter for Molokai newspaper. She was very active in many community organizations. I will never forget her taking me to get hot bread at Kanemitsu Bakery late at night and eating half a loaf with “the whole works”, (butter, blueberry jelly, strawberry jam, cinnamon, and cream

cheese!!) “Cookie” will always be remembered as a gracious welcoming hostess to newcomers coming to reside or visit her dear island of Molokai. Thank you, “Cookie” for all your contributions, we will cherish all the precious memories! - *Contributed by Katsuko Enoki*

**Kauai FCE – Submitted by**  
**Frances Dinnan**

**Love Packed in Shoeboxes**

For several years, Club Musubi had sewn pillow case dresses for girls around the world. A total of 59 dresses were found in our inventory in March. Vice President, Carolyn Lum, met Diane Horita at a garage sale and Carolyn asked if she could use a donation of dresses. Diane's mom, Yukiko Yamane, was a former member of KAFCE. Diane's church participates in "Operation Christmas Child," a Samaritans Purse program. Samaritans Purse is a non-denominational ministry assisting communities in-need around the world. Through their efforts they are able to bring relief and joy to many communities. Shoeboxes are packed especially for children by age and gender then shipped in November to make it in time for Christmas. The 59 completed dresses were donated in support of this cause. Frances Dinnan sewed face masks from unfinished dresses earlier in the year. According to Samaritan's website 28K shoeboxes were distributed in 1993, their startup year. Last year over 178 million shoeboxes were packed and shipped. Don't have time to shop? At this website you can purchase items for shoeboxes and they will pack and ship it on your behalf. Consider sharing Christmas joy with a child or teen as next year's giving project.



Pic left: Diane Horita preparing to pack official shoeboxes with toys and clothes for children



Pic L-R: Lisa Nambu, Carolyn Lum, and Diane Horita holding pillowcase dresses and shoeboxes around the world

**Operation Shoebox**

<https://www.samaritanspurse.org/ourministry/aboutus/>







Pic: Shantel K.T. Rita in the middle with her parents, Stacie and Jeffrey Rita

**\$3,500 Trimble Scholarship Awarded**

Shantel, a Kauai resident, was one of two scholarship recipients in 2020 and she wrote: "Thank you so much! I appreciate your support and commitment and I am so grateful for all of this and everyone who has supported my journey thus far. It takes a huge load off of my worries about paying for school!"

Mahalo nui loa again & take care,  
Shantel K.T. Rita

B.S. Psychology, WA State Univ., 2016  
M.A. Candidate, Counseling Psychology  
(Specialization: Clinical Mental Health)  
UH at Hilo, Dept. of Psychology and  
Ronald E. McNair Achievement Program



Pic left: Matteo Romero, 2020 Kauai and State 1st Place Winner took 3rd Place in the National FCE CHARACTER COUNTS!® Contest. "Responsibility" is the 2021 Topic, deadline: February 1, 2021

**Books for Newborn Donated 300 books to Wilcox Hospital Pediatrics in 2020**

Ever wonder where KAFCE got our Books for Newborn grant? There once was a program called the Kauai Baby Book Club organized by Niki Mori, Literacy Coordinator for the Kauai Community School for Adults in 1994. The focus of that program was to provide books for families so reading daily to the babies could be part of their upbringing.

With support from Borders Books and Music, Kauai Baby Book Club was formed.

The group was able to obtain funds to provide books to all babies born on Kauai and to provide a book yearly up to age three.

Several hundred babies and toddlers received books through this program. Unfortunately circumstances made it impossible for them to continue. Later, it was learned that KAFCE's Books for Newborn had a similar mission. Upon Kauai Baby Book Club's dissolution in Jan. 2009 a grant of their remaining funds was awarded to KAFCE.

Individual and organizational support is still needed. Thank you ahead for your continued support in donating books or money to purchase books for this program. Your thoughtful gift is appreciated by Kauai's families.

Pic below: Carolynn Lum, Vice President and Books for Newborn Chair, with Dr. Brigitte Carreau, Wilcox Hospital Pediatrician



## Lonesome Grave Project ~ Nov. 10, 2020

The Lonesome Grave Project was suggested to the Kauai United Buddhist Women's Association (Hongwanji) by one of the members to decorate the graves for Veterans Day since many of the older graves on Veterans Day are not visited or do not have any relatives to have a floral offering. Veterans Day was suggested because the graves are decorated on Memorial Day by the community with lei and the other holidays are not celebrated at the cemetery. This project was started more than 10 years ago. KAFCE members were asked to assist this year by providing greenery and decorating the graves at Hanapepe's Veterans Cemetery. Thank you to Maurina Borgatti, Daphne McClure, Frances Dinnan, Terry Phillips, and Carolyn Lum for your generous donation of flowers, greenery, and assistance in making the Lonesome Grave project a success! The Cemetery was beautiful with most of the graves decorated for Veterans Day.



Pearl Shimizu Club Musubi Member



### Maui FCE – Submitted by Kats Enoki

*In October 2018, I participated in a FCL session on Maui. At the end of the class, we were asked to send a post card to ourselves expressing an idea for follow through. Mine was "I plan to write a summary of the good we have done as a MAFCE organization and submit it to the Homemakers Echo to share with members statewide". So better late than never, I am fulfilling my intention 2 years later!*

### **MAFCE HISTORY AND HIGHLIGHTS**

Formerly known as the University Extension Club or UE, the first informal UE club was organized in Puukoli, West Maui. In 1946, 23 UE clubs formed the Maui Home Council later changed to Maui Home Demonstration Council. From 1949 -1964 we were called the Maui Extension Homemakers Council, Inc. and from 1992 to present the Maui Association for Family and Community Education. From a membership of over 250 members and 23 clubs, we now have 19 members and 2 clubs.

We are one of 16 states. Hawaii's membership is 201 members. National FCE established in 1937 has a total membership of 2,507. We also belong to the Associated Country Women of the World helping women worldwide to lead better lives.

Since 1951 members participated in the Maui County Fair for more than 50 years and took charge of the Homemakers Exhibits. Lack of manpower and aging membership passed this activity in 2003 to the Maui 4H Leaders Council. In 1960 the 1<sup>st</sup> Christmas Tree Festival sponsored by Cooperative Extension Service was held and later sponsored by MEHC. It gave the community an opportunity to share and show their talents and to exchange decorating ideas.

In 1965 members recommended legislation requiring seat belts as standard equipment for new cars. 20 years later in 1985 legislation requiring seatbelts was passed! Members disseminated educational information as part of a national BELTS (Belts Ensure Life Time Safety) project.

In 1969 the Council donated \$615.00 to help build the 1<sup>st</sup> Cardiac Care Unit at Maui Memorial Hospital. We must never forget how former and members still in our midst, lobbied and persevered to build the Community Service Building at Maui Community College. In 1970 the state legislature allocated funds to construct the building but the members gave money, labor, appliances, tables, and chairs. In 1998 MAFCE

### *Maui FCE Continued*

spent \$7,662.00 to renovate the kitchen, replacing the floor, countertop sink, disposal, purchased a new stove, oven, 30-gallon electric water heater and painted the entire kitchen. In 1999, a new refrigerator (\$630.00) was donated. We also furnished the draperies when requested, the last time in 2008. Renovation of the kitchen was last done in 2010. We are proud of the teaching opportunities this kitchen provides with a large demonstration mirror.

Since 1979 MAFCE has awarded \$182,700 to 136 students. Yearly 5 graduating seniors are awarded \$2,000.00 totaling \$10,000.00. These scholarships are made possible from the sale of cookbooks (yellow, green, red, blue, gold and the 50<sup>th</sup> anniversary cookbooks). Due to rising costs, we no longer print these cookbooks so if you have them, please treasure them.

Trimble Foundation Scholarship established in 1974 provides scholarships to individuals and to nonprofit organizations for the betterment of the people of Hawaii. Many attending Maui College, University of Hawaii, and other local colleges from Maui, Molokai and other islands, and agencies i.e., Maui Mental Health Association have benefitted from this financial help. FCE members have given generously to replenish the funds annually. In 1980 "Lunch and Learn" sessions offered the public lessons on Hawaiian Quilting, mini demonstrations on special foods, crafts, and timely topics i.e. Holiday gift ideas. Participants brought their own brown bag lunches.

Members are committed to community service by donating money or participating in walks to raise funds for Cancer, Lung, Red Cross, Heart, March of Dimes, Alzheimer's, Charity, YMCA, and Food Bank. They have sewn bed jackets, bibs, lap blankets, caps, made floral decorations for residents of nursing homes, hospitals, and assisted care facilities. They purchased and distributed 1,000 toiletry items for women and children at Women Helping Women, a domestic violence shelter, supported Woman's Board of Mission with cancelled stamps providing employment for handicapped clients, sending funds for women in transition from prison needing sanitary napkins. Members participated in community work days picking up litter and planted trees as part of "A Million Trees of Aloha". Books for Newborns, a national literacy program, encourages reading to children as soon as they are born and enhances their literacy skills. We started at the hospital and later to agencies dealing with children.

In 1981, Kellogg Foundation funded a grant to NAFCE for a pilot leadership and public policy project. The Family Community Leadership (FCL) project began in 6 Western states and in 1986 was disseminated to all states. This was open to the public and I recall Mayor Lingle and her 2 staff members and a chaplain from Maui Correctional Center participated.

CHARACTER COUNTS! Essay & Artwork Contest is held yearly for 4<sup>th</sup> graders. The focus is on character building with 6 core ethical values: trustworthiness, respect, responsibility, fairness, caring, and citizenship. The purpose is to promote ethics among children and to encourage them to improve their writing and drawing skills. We had one child receiving the national award!

Many of us know the connection of the U.S. Department of Agriculture, Extension and Extension Homemakers. We are grateful to those early legislators who had the vision to assist farmers, their wives and children in rural communities.

Our roots include members who worked and supported food safety, i.e., pasteurization of milk, hot school lunches, bookmobile libraries for rural areas, national safety programs, promotion of immunizations to wipe out childhood diseases and development of local public health services. Through this influence, people voted to establish county health departments! Members were involved with literacy, environmental issues and advocating to tune out violence in television in children's programs.

Indeed, Maui members have made a difference in improving the quality of life by living out their mission statement "living the aloha spirit "to strengthen individuals, families, and communities through continuing education, developing leadership, and community action."

*Note: This is still in draft form so I welcome any comments, additions, or corrections. You can reach me at [kenoki@hawaii.rr.com](mailto:kenoki@hawaii.rr.com) or telephone 808-856-6537. Mahalo!*

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