



The Homemaker Echo

Official Newsletter of the Hawaii Association for Family and Community Education

Volume 45 Issue 4

December 2019

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Go Paperless! ~155 FCE members have chosen to receive the Homemaker Echo via email. Please consider joining them by contacting me so that I can add your name to the email list. You will receive the Echo in COLOR and weeks before the USPS issue. This also saves HAFCE in mailing costs and it saves a few more trees for a healthy environment.

Send your email address for a paperless delivery to:

Denise Smith
Homemaker Echo Editor
cdsmith2139@gmail.com

(650) 969-3422

PRESIDENT'S MESSAGE - December 2019

The end of 2019 is fast approaching and soon 2020 will be upon us. Looking back at 2019, what did you accomplish as a member, club, council or member of HAFCE? Many, many events took place (becoming a better leader, being responsible for part of a program, coordinating with fellow members an activity within your club, council or community, lending a hand to help produce a booklet, pamphlet, program, agenda, etc., cooking for an activity, providing transportation to and from events) and time flew by so fast.



There were times when I needed to step up to the plate when others couldn't. I must admit, it wasn't easy but I appreciated all the help in the support you have given me this year. Needless to say, it has been a very tough year as your president learned the "ropes" of leading our organization without the help of having an "agent" to lean on. There were others who said that I could call anytime I needed to ask or seek advice, they were the "special people" who I could depend on (Rhoda Yoshino, Joan Chong, Jean Young, Jacqueline Maly, Scott and Bonnie Teeples and Patricia Kubo). Having a support team to help you through tough times have helped me to grow as your leader of this organization. Sometimes I wondered "why" this happening as the problem could have been avoided! But, then, the "problem" has given me a new prospective and a new learning experience which will only strengthen me as your leader.

As we begin 2020, I look forward to having members become more involved in their club/council activities to strengthen and support your leaders whether stepping up to the plate (even if you feel uncomfortable) and to pitch in wherever you can. Working together as a team helps bond people together and also unites us together and foster old and new friendships. Whether you are able to help in many areas of just one or two, that helps your leaders. Everyone wants time to do "things that they like" and not have any spare time to refresh and renew one self.

I thank everyone for your involvement in HAFCE. We, as members, should be proud of our organization and what we do in the community as well as the lives of others. Even if we do not see the results of our actions, seeds have been planted and someday, it will blossom. Keep up the great work as we continue to strive for excellence in everything that we participate in.

Wishing you a blessed holiday season and a Happy 2020 Year! Expect great things!

Remember: Share the Aloha Spirit through Leadership, Education and Community Action

Ruthie Haitzuka,
HAFCE President

Hawaii FCE Board Members

Executive Officers

President ~ Ruth Haituka
Vice President ~ Margaret Cambra
Secretary ~ Pat Kubo
Treasurer ~ Wanda Lew
Past President ~ Martha Yamada

Education Chairs

Health ~ Dixie Dumaran
Home ~ Carolyn Sewake
International ~ Sue Stewart
Leadership ~ Kalei Tong
Youth ~ Terry Phillips

CES Advisor

Vacant



From the Editor.... **A Reminder**

The deadline for articles for the next issue of the Homemaker Echo is:

March 10th, 2020

Please send articles and photos to:

cdsmith2139@gmail.com OR

433 Sylvan Ave. spc. 39 Mountain

View, CA 94041 OR (650) 969-3422

(leave a message if I'm not at home)

Aloha, Denise Smith

Special Announcement from Newsletter Chair

Last month my computer died an unexpected death and I was forced to buy another one. Unfortunately my files were not properly backed up so I lost 3 years worth of files and data! I have had to reconstruct my group email lists that I use to mail the Homemaker Echo. I've done the best that I can do so please, if you know of someone who is not receiving the Echo via email and should be, let me know. Thanks!

Denise Smith

cdsmith2139@gmail.com

International Education Chair Report – Susan Stewart

Received four reports this year.

One council participated in the Zero Hunger Challenge by collecting dimes to help end hunger. They collected dimes for 6 months and the money was sent to NAFCE for distribution. The proceeds will be split towards a United States hunger program and the ACWW.

This council also participated in a mission trip to Juarez, Mexico once again this year. FCE and church members collaborated and coordinated projects for this trip. Various craft activities (flying saucers, balloon decorating, coloring, stamping, stars from chenille wires) were prepared by members to share with children at an orphanage. Members have worked on projects for the Juarez Mission trip in previous years and will continue again in 2020.

Another council made geisha doll ornaments during a monthly meeting.

Two councils participated in a fun day learning Mexican culture, crafts, and food. They collaborated, planned activities, and practiced their leadership skills for this event. They enjoyed doing crafts; learned some home hacks, had a lesson on water gardens and air plants; and enjoyed authentic Mexican foods.

Please submit International Program Reporting Forms to Sue Stewart at sastewart02@hotmail.com or mail them to me at: 5657 155th Ave SE, Bellevue, WA 98006



Trimble Foundation Distribution Committee - Denise Smith

Every year the Trimble Foundation awards between \$300 - \$2000 in scholarships to worthy individuals who are furthering their education or organizations who contribute to the well-being of our communities. In recent years there have been only one or two individual applicants and few organizations apply for awards annually.

I would like to ask that our FCE members encourage anyone that they know of who meets the criteria, to apply for an award. Individuals can be FCE members, members of our families, or members of the public. They can be first time college students or returning students. Organizations must be a non-profit dedicated to the betterment of communities through health, welfare, or education.

Updated application forms and instructions for applying are posted on the HAFCE website: www.hawaiifce.org or can be obtained from any HAFCE Board Member or council president.

Individuals Must:

- Be a resident of the State of Hawaii for a minimum of five (5) years.
- Be enrolled or planning to enroll at a Hawaii (public/private-non-profit) educational institution.
- Be in the field of study of: Education and Human Services (e.g. literacy, develop, health/mental care, hygiene disease prevention, care of aged/destitute, social welfare, human development, volunteer management, or related areas)
- Be in need of financial assistance. Provide copy of Financial Aid package from the school you plan to attend.
- Include two (2) current letters of recommendation.

Organizations Must:

- Provide for maintenance and betterment of public health and welfare, strengthening family and community, promote social/domestic hygiene, scientific research in health/education related areas, prevention of disease or other related areas, or community well-being projects.
- Be an established non-profit organization in the State of Hawaii, for a minimum of five years.
- Show latest financial statement and budget for the project. If non-profit, submit IRS Determination Letter.
- Include two (2) current letters of support from outside the organization.

Applications forms are available on the hawaiifce.org website or by contacting any FCE Council President or Board member. Deadline: July 31st.

The members of the Trimble Distribution Committee for 2020 are Denise Smith - Big Island, Carolyn Lum - Kauai, Kats Enoki - Maui/Molokai, Kathy Uehana - Oahu, Martha Yamada - HAFCE Executive Committee, CES advisor - vacant, and Meleen Pang Corenevsky - Bank of Hawaii.

Education Chairs Award Summary for 2019

CATEGORY	COUNCIL	PROGRAM
HEALTH		
<i>Leadership</i>	Hilo	Zentangle
<i>Action</i>	WWO	Fall Safely
<i>Education</i>	WWO	Healthy Foods
<i>Education</i>	SO	Healthy Foods
INTERNATIONAL		
<i>Action</i>	WWO	Zero Hunger Challenge
<i>Action</i>	WWO	Juarez Project
<i>Education</i>	SO/WWO	Fun Day
YOUTH EDUCATION		
<i>Leadership</i>	WWO	CC! Art & Essay Contest
<i>Action</i>	WWO	Boys & Girls Club
<i>Action</i>	Hilo	Books for Newborns
<i>Action</i>	Kauai	Books for Newborns
<i>Education</i>	Kauai	CC! Art & Essay Contest
<i>Education</i>	SO	CTAHR – Ag Day
<i>Education</i>	Hilo	CC! Art & Essay Contest
<i>Education</i>	Maui	Scholarships
LEADERSHIP		
<i>Leadership</i>	Maui	Come with Me
<i>Leadership</i>	Hilo	Officers Retreat
<i>Action</i>	WWO	Haku Lei Demonstration
<i>Education</i>	Hilo	Video Workshop
<i>Education</i>	WWO	Malasadas Workshop
HOME/COMMUNITY ENVIRONMENT		
<i>Leadership</i>	WWO	Na Lei Project
<i>Action</i>	Hilo	39 Reports
<i>Education</i>	Maui	Willed Body Program

Trimble Foundation Scholarship Award – 2019

The Trimble Foundation Distribution Committee met on Sept. 17, 2019, via the internet, and voted to award applicant Sandra Sato of Hilo \$2700.00. Ms. Sato is pursuing a Masters of Arts in Teaching degree from the University of Hawaii Hilo. Congratulations to Ms. Sato!



REPORT



Please submit all reports, whether they are for awards or data, from councils, clubs, individual officers of councils, club, etc. as well as Maintenance time for HAFCE Board and Executive Committee members by January 11th. Send to:

**Ruth Haituka 45-505 Kaplai Rd., Kaneohe, HI 96744 and
Margaret Cambra 163 Kuono Pl., Makawao, HI 96768**

Sneak Peek at the Trimble Foundation Quilt for 2020

"Roses for Ruthie"

The quilt for 2020 is a departure from my usual Asian/Hawaiian prints. The quilt already in progress is a "star" pattern and features pale pinks, creams, and soft blues with roses on every fabric. It is named "Roses for Ruthie" in honor of outgoing president, Ruth Haitsuka. It will be 53" X 62" in size - a comfortable lap blanket. The tickets will be available from your council president in April or at the annual meeting. Donations are **\$5 per ticket or 3 for \$10**. All donations go to the Trimble Foundation Trust for future scholarship awards. The drawing will be held at the 2020 annual meeting in October on Kauai. Need not be present to win. Good Luck to all who buy tickets and mahalo for supporting the Trimble Foundation..... *Denise Smith*



Maui FCE – Submitted by Kats Enoki

Statewide Stamps for a Living Project

What do you do with cancelled stamps? Please don't throw them away! The Woman's Board of Missions have had a STAMP PROJECT since before 1988 and members, friends and relatives of the United Church of Christ including Po'okela Church have been collecting them and sending them to a sheltered workshop in Bethel, Germany and Washington D.C. to provide employment to handicapped workers. Pukalani FCE and Maui FCE joined the cause and at the 2016 state convention in Kauai, members responded to participate statewide. Thank you especially to Carol Lum from Kauai who donated her stamp collection hobby and Lynn Barut from Maui who counted her stamps (in the thousands) donating stamps from her worksite!! Carol Miura, WBM coordinator who mails the stamps to now only Germany (D.C. site closed) states it is harder to get canceled stamps with consumers using less stamps for mailing. Thank you to Carol for 32 years of dedication to this ministry!

If you live on Maui and want to participate, call Katsuko Enoki at 808-856-6537 or email kenoki@hawaii.rr.com. If you live in Oahu, the Woman's Board of Missions is located at 1848 Nuuanu Avenue, Honolulu Telephone 808-791-5647, Clara Priester, executive director. If you live on the other neighbor islands, you can mail it directly to: Carol Miura, 3700 Kilauea Avenue, Honolulu, HI 96816. Her telephone is 808-732-1270, email address is cmiura@chaminade.ed

Thank you to all those who have supported this needed cause!



South Oahu News 2019



By Kathy Uehana

Another year for South Oahu FCE has come and moving on. We enjoyed being together for our workshop events and quarterly meetings which gave us new ideas and updated information, creative arts, community service, and connection. The group is small but many with lots of years in University Extension/FCE. The memories are crisp and happy to reflect on how this has brought forth new friends and participation in the community. As we move on to 2020, we will have our quarterly meetings and four workshop events.

Workshop Events – included Health Session discussion about the aging process, Eating Healthy with emphasis on Pulses, Creative Arts with the making of a star potholder, embroidery and croche t ideas, Harvest Fest and Holiday Party.



Community Service Project - The Council has selected donations to Waikiki Health Service and League of Women Voters Education Fund. Our goal is to engage in local needs and the Waikiki Health Service mission is to provide quality medical and social services that are accessible and affordable for everyone, regardless of ability to pay; 2020 is a voting year and the League of Women Voters Education Fund goal is to work to register voters, provide voters with election information through voter guides as well as candidate forums and debates.

Ag Day – We participated in AG Day at Urban Garden Center and presented information on pollinators and “Benefits of Butterflies in Our Environment” to 150 fifth graders from various local schools. CTAHR does this each year for 550 fifth graders to introduce the importance of agriculture in our communities. This involves many FCE volunteers and they are much appreciated.

Fun Day – An annual event to bring the Oahu Councils together. This year, South Oahu took the lead with “Springtime in Mexico” theme. The program was done in Spanish, creative arts included brightly colored tissue paper flowers, pineapple gift bag, papal picador coasters and banners and many other fun items were made and shared. Mexican food was catered by friend of Wanda Lew’s. All was fun and and a learning event.

Welcome to Oahu Fun Day

“Springtime in Mexico”

Saturday, April 6, 2019 - 9:30 am to 1:30 pm - Wahiawa Botanical Garden

Programa

- 9:30 – 9:45 **Bienvenida** by Ruth Haitzuka
- 9:45 – 10:15 **Artes creativas:** Tissue Flower for Table Decor
- 10:15 – 10:30 **Ejercicio / Estiramientos** – Maggie Sculte
- 10:30 – 10:45 **Inicio Hacks** – Kathy
- 10:45 – 11:00 **Jardín de agua de interior** and **Planta de aire** – Kathy Uehana
- 11:00 – 11:30 **Artes creativas:** Pineapple Gift Bags
- 11:30 – 11:45 **Refresco**
- 11:45 – 12:30 **Menu del almuerzo**

- *Enchiladas de pollo*
- *Arroz and Frijoles*
- *Ensalada Verde*
- *Fruta Fresca and Pastel Tres Leches*
- *Bebidas by Dixie*



- 12:30 - 1:15 **Artes Creativas Sessions - Word Games – Garden Walk on Your Own (15 minutes per session)**

- **Station 1** Feathered Clothes Pin Bird, Cork Bird Plant Stake
- **Station 2** Cherry Blossom Cards & Envelopes, Paper Tulips
- **Station 3** Papel picador Coaster, Arigato Card

- 1:15 – 1:30 **Evaluacion oral**

WINDWARD OAHU FCE – Submitted by Ruth Haitzuka

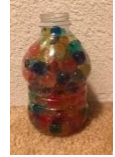
PROJECT LEADERSHIP TRAINING (PLT) AND OTHER EVENTS

SEPTEMBER – DECEMBER 2019

PLT – CRAFT NIGHT



Excitement in the air for Craft Night for Windward Oahu members. Not knowing what the crafts to be presented by each club, members gathered for an evening of fun and laughter. Pat Kubo (Hui `O Makani) presented flower arrangement using pebbles that inflated when water is added. See insert. Using fresh flowers, she demonstrated the basic skills of cutting and arranging of



flowers. Members used their own skills to arrange their flowers. Being creative and using their imaginative foresight, arrangements were all beautiful.



Second Craft: Presenter: Maggie Schulte of Hui `O Koolau – Pinecone Turkey. Using the pinecone for a base, Maggie demonstrated how to add feathers by using a glue gun to adhere the feathers to the pinecone. Very simple and very decorative. Each member added colored feathers of their choice to make their feathered turkey. Very imaginative and decorative turkeys.



Turkeys,
Turkeys,
Turkeys!



The last craft of the night was presented by Chutima Leider of Imiola – Newspaper Bags! Chutima is always thinking of ways to make items she sees when she is out and about. Her latest is using newspapers to make paper bags. Taking the time to replicate what she saw, take a look at the bags!



As you can see, Chutima did an excellent job in presenting her craft. She is becoming a confident presenter and more active in club and council activities now that she retired as a flight attendant. Way to go, Chutima!!

INSTALLATION OF 2020 WINDWARD OAHU OFFICERS



On Tuesday, November 19th, the new Windward Oahu Officers were installed by Rhoda Yoshino. The officers are: President: Magdaline Schulte; Vice President: David Haitzuka; Secretary: June Tom; Treasurer: Emily Deai; Past President/Historian: Delfa "Dixie" Dumaran.



The event was planned by Hui `O Koolau members and held at Windward Passage in Kailua. Members were treated to Handmade Heart favors, door prizes and onolicious food. It was also a time to visit with Rhoda and other members which members do not see as often as they would like to. Dixie demonstrated an exercise she learned from convention in Hilo.

Members Faye Kozuma, Iris Fukunaga (not pictured), Bernadette Baker and Nancy Arakaki received their pins for one, five, ten and 40 years respectively. Nancy shared how she became a member because of Lee Murabayashi's invitation to attend an event. Thank you, Lee! Nancy is a gem of a member as well as all other Windward Oahu members!



Outgoing officers were recognized: President: Dixie Dumaran; Vice President: Magdaline Schulte; Secretary: June Tom; Treasurer: Emily Deai; Past President/Historian: Ruth Haitzuka.

Emily Deai, was recognized as Hawaii's National FCE Heart of FCE winner was given her certificate along with her Heart of FCE pin.

Windward Oahu 2020 Club Officers are: Hui `O Koolau: Dixie Dumaran; Hui `O Makani: Annie Sagawa; and Imiola: Chutima Leider.



Thank you, Hui `O Koolau, for all the planning, preparation and execution of the Installation festivities. Thank you also to all members for the work in 2019 and we look forward to exciting 2020 with our new officers. Remember members, support our officers as some of these officers will be new to their position and will be learning their responsibilities.



PLT – SUSHI MAKING

Have you ever wondered how do they make that delicious sushi? Members got a treat as a workshop, led by Joan Yoshino and Pat Kubo. Members who were skeptical as to how hard it is to make sushi, they left with a new understanding and ease of how to make sushi. See the pictures! It tells the story.

Pat showed various gadgets that can make sushi making easier – plastic molds as shown below.



END OF THE YEAR CELEBRATION



Members celebrated at their year-end get together hosted by the Haitsuka's. Members brought their favorite dishes to share – corn and clam chowder, meat loaf, chicken, pork char siu, veggies, fruits, sweet rice, blueberry cream cheese pie, namasu with ogo, seaweed to name a few.



Everyone enjoyed playing games with the theme of Christmas – Hawaiian style. One of the games involved rolling of a dice and depending upon your rolled number determines if you get a prize, give back a prize, take a prize to another member, etc. See Hui O`Makani's club activity for this game (edited to reflect group needs). Lots of fun especially with the Grab Bag. Members got to choose their grab bag (not stealing of prizes of others) and time. Some of the prizes were purses, raisin/gloves, snacks, New Year's many more. So much fun



everyone opened at the same were blankets, drying towels, house cleaner, Japanese Party package, plants, and a great time to relax with lots of laughter.



CLUB HAPPENINGS

IMIOLA NEWS:



Imiola members visited the Bishop Museum as Jacqueline Maly is a docent there. She guided member to the Lego Exhibit at the Museum. After touring they had lunch at the museum. Members celebrated their club installation and annual Christmas Get-Together at the Haitsuka's. Joining members were Rhoda Yoshino, Ted Yee, Bob and Jean Young, with Jean installing the officers. Outgoing officers: President: Ruth Haitsuka; Vice President: Chutima Leider; Secretary: Jacquie Maly; Treasurer: David Haitsuka;



Historian: Ruth Haitsuka.

Incoming officers: President: Chutima Leider; Vice President: Faye Kozuma; Secretary: Jacquie Maly; Treasurer: David Haitsuka; Historian: Ruth Haitsuka.

Jacquie Maly prepared her Chicken Curry dish with all the condiments of peanuts, mango chutney, coconut and bacon bits. Members and guests brought a variety of pupus dishes of veggies, salami, cold cuts of turkey, ham, cheese, shumai and egg rolls. Dessert Mango Lilikoi cake and Faye's pineapple upside down cake.



Grab bag was fun with blankets being the hit. Prizes included purse, popcorn, glasses/tumblers, indoor planter

and slippers to name a few. Members opened their selected grab bag but were not allowed to keep it as they had to exchange (rather steal from another members) for another grab bag that they wanted in the hopes no one would take it away from them. Mr. Roo, Jordan and Ketzen Lane's dog, growled at Herb Leider when he came into the house. As you can see, they became the best of friends before too long. (Roo attends all FCE functions at the house).



HUI 'O MAKANI NEWS:

August Program: Hack Your Life –By Florence Ouchi.

What is a hack? *A clever tip or technique for doing or improving something* (Merriam-Webster Online Dictionary). Clothespins, hangers and coffee filters have been commandeered for many clever uses (thank you to many sites on the Internet!). Florence presented hacks (other uses) for coffee filters, clothespins and hangers.



September Program: Combining purchased flowers with flowers and greenery from her and her mother's gardens, Iris Fukunaga shared her professional knowledge of shortcuts and technique gained from working in a florist shop. To see beautiful bouquets coming together using her tips was fun and a joy for all of us. Thank you, Iris,





October Program:

Led by Pat Kubo, members helped cut out and assemble Post It Note packets for themselves and first-time Convention goers and past presidents. Then we enjoyed the adapted by Pat Halloween Right-Left-Center game. Very fun!

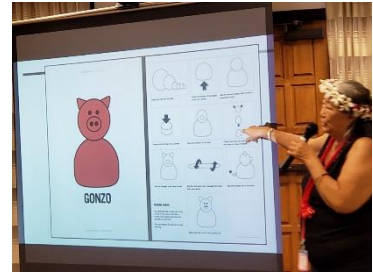


November Program: Makani enjoyed the annual Pupu Night and Installation. Delicious food! Hui O'Makani 2020 Officers are: Annie Sagawa, Natalie Oda-Lee, Florence Ouchi, June Tom. Pat Kubo, Co-President took this picture and installed the rest of the officers.



Happy Holidays everyone from Hui O'Makani!

HAFCE 2019 Convention Memories - Hilo



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FAMILY AND COMMUNITY EDUCATION
339 KALILI STREET
HILO, HI 96720-4061