

Hawaii Association For Family & Community Education

2018 Annual Report

*For more information visit our website at: www.hawaiifce.org
Hawaii Association for Family & Community Education
President Martha Yamada 912 Puku Street Hilo 96720
CES Office 79-7381 Mamalahoa Hwy Kealahou HI 96750*

*Annual Report Prepared by Oarlene Wingate
Maialo to Committee members Denise Smith and Karen Hamada*



Hawaii Homemaker's Creed

*I believe in striving for the highest ideals
of home life by having a sound body,
a clear mind and a generous spirit.*

*I believe in friendly neighborliness and
understanding of ideas and customs
of races that are different from my own.*

*I believe in building a peaceful home
working through my community and
country for a peaceful world*

*Meet some of the members who believe in
and live this creed each and every day...*



State President’s Message.....

Hawaii Association for Family and Community Education (Hawaii FCE) celebrates 70 years of service to strengthen individuals, families and communities through continuing education, developing leadership and community action. We are inspired by our members that receive their 50, 60, and 70 year membership pins and remember those that have passed for their dedicated service and foresight to belong to a national organization with representation at the Associated Women of the World organization that has a seat at the United Nations. Our partnership with the Cooperative Extension

Services of the College of Tropical Agriculture and Human Resources provides a collaborative environment for hands on practical learning for community-based education to strengthen families for generations through our family membership.

Members learn life style skills such as, “Do It Yourself” crafts, healthy cooking demonstrations, gardening, and leadership skills to facilitate a club meeting, plan a statewide convention, coordinate the National CHARACTER COUNTS! ® Art and Essay Contest for 4th graders in each county, and many more. Members identify interesting guest speakers for topics such as, Missile Alert Disaster Preparedness, variety of health issues, youth projects, etc. Members especially enjoy the many community service projects to improve the lives of their fellow residents ... may you enjoy reading about the many activities.

One of the Blue Zone Power 9 principles for a vibrant quality of life is the sense of belonging. For me, the best part of FCE is the friendships that are built through the diverse activities with people focused on life-long learning And community action. We welcome you to explore the opportunities.

Martha Yamada, President 2017-2018

Advisor’s Message



Volunteering is not only good for the soul, but it is important to our society. It enriches our society, brings us together as a community, and helps keep businesses and other organizations afloat. And volunteering is a two-way street: It can benefit you as much as the cause you choose to help. Dedicating your time as a volunteer helps you make new friends, expand your network, and boost your social skills. Studies have shown that volunteers reap health benefits such as lower stress levels, decrease in depression, enhanced well-being and an increase in life satisfaction. It is no wonder why FCE members are role models for the Blue Zones Project and Power of Nine as they lead longer, happier, and healthier lives! You feel good about yourself and can share with your family and what you have gained through FCE! Invite them to join your wonderful organization.

Hawaii FCE continues to make a difference in their communities. In 2018, Hawaii FCE members, through acts of kindness and volunteerism, have provided more than 57,150 volunteer hours and calculated at \$25.43 per hour, it is a contribution of more than \$1,453,324.00! Add in material contributions of \$58,874.00; your total contribution equals more than 1.5 million dollars towards a better Hawaii. Awesome!

Congratulations in being a strong voice in promoting a healthier and better life for Hawaii’s individuals, families, and communities! I applaud the efforts of Hawaii FCE members who dedicate their time, talents, and energy in making a difference for Hawaii’s families!

Joan Chong, Extension Educator



Joan Chong worked for the University of Hawaii at Manoa, College of Tropical Agriculture and Human Resources, as a Cooperative Extension Educator for more than 27 years. She began her Extension career in Kona in 1991 to plan, develop and implement Adult, Family Community Leadership and general public programs for the West Hawaii community. Joan’s focus was on multi-generational programs, leadership development, and volunteer management. In 2000, the 4-H Youth Development program was added to her plate of responsibilities. Under her guidance, many 4-Hers went to National 4-H Congress, the highest achievement attained by a 4-H member. In 2010, Joan became the State FCE Advisor.

Whether it was for Family and Community Education (FCE) members or 4-H members, Joan provided opportunities for them to learn, grow and expand their horizons. She touched the lives of many, many FCE members, 4-H members and the public.

Highlights of some of the programs she developed, implemented, assisted and coordinated:

Congratulations Joan !!

As you retire on 12/31/18... We wish you well and take this opportunity to thank you for the sensible advice you shared so graciously, your creative installations of our officers each year, your wonderful sense of humor, your generous and kind heart, and the smile you always brought to make our day!! We will miss you as our Extension Educator, Advisor, Mentor and Friend. (and Warren too!) We love YOU~

- First Lady’s Volunteer Awards Program with Mrs. Lynne Waihee – West Hawaii
- Western Regional 4-H Leaders’ Forum for 600 participants
- “Take Charge of Your Money, Women’s Financial Information Program – West Hawaii
- Auntie Akamai and the Good Food Tree – Nutrition education program for West Hawaii Youth
- Nutrition for Keiki – Kindergartners Are Most Precious Program
- USDA’s Children, Youth, and Families at Risk Program – Statewide
- Engaging Youth, Service Communities – Hawaii 4-H Youth Mentoring Project – Statewide
- Street Safe: Personal and Home Safety – Statewide
- “Keep It Rolling: Success is Working Together” - Hawaii FCE Sustainability Project - Statewide

College of Tropical Agriculture & Human Resources, University of Hawaii at Manoa (CTAHR) and Family and Community Education

Kelvin Sewake, Interim Associate Dean & Associate Director for Cooperative Extension Service, University of Hawaii at Manoa, College of Tropical Agriculture & Human Resources (CTAHR) emphasized our connection and his commitment to support our FCE organization in Hawaii. CTAHR has 10 initiatives that drive their work and Hawaii FCE program areas match eight of their initiatives. It was so encouraging to listen to someone that was able to articulate our valued partnership.

1. *Sustain, Protect, and Manage Hawaii's Natural Resources and Environment*
FCE: Home, Community, and Environment (HCE) – Learning about plants & gardening.
2. *Hawaii's Diversified Tropical Crop Systems for Sustainability and Competitiveness*
FCE: HCE – Learning about plants & gardening
3. *Invasive Species Education and Management*
FCE: HCE - Learning about Plants & Gardening
4. *Youth, Family and Community Development*
FCE: Leadership Skills – Assisting with 4-H activities; planning & organizing workshops & meetings. Serving on Council, State, and National FCE Boards.
FCE: International Projects – Support Japanese Cultural Center, learn about different faiths of the world, Dress a Girl Around the World, helping needy families.
FCE: CHARACTER COUNTS! Essay & Art Contest for 4th grade students.
FCE: Books for Newborns, Dress for Success, Scholarship donations, Craft workshops for Boys & Girls Club.
FCE: Program Coordination & Organization Maintenance – planning educational programs, Publishing state and local newsletters, civic engagement, participating at State & National FCE conferences, publishing annual reports.
FCE: Building Membership – Friendship Teas, distributing membership brochures at FCE Fairs & Windward Community College Ho'olaulea.
5. *Health and Wellness of Hawaii's Families and Communities*
FCE: Health – Blue Zone Project, Zika virus education, cutting cancer risks, acupuncture information, nutrition workshops, learning Qigong.
FCE: HCE – Support Kauai Special Olympics, make holiday decorations for Veteran's Home; make quilts for homebound and ailing
6. *Global Food Security and Hunger*
FCE: HCE - Serve meals for the needy.
7. *Climate Change*
8. *Sustainable Energy*
9. *Childhood Obesity*
FCE: Health - Nutrition workshops
10. *Food Safety*
FCE: Health – Nutrition workshops



The Associated Country Women of the World (ACWW) joined the United Nations and organizations around the world in celebrating October 11 as the International Day of the Girl Child which the United Nations launched in 2012. This day celebrated the rights of “girls” everywhere. It aims to highlight and address the needs and challenges girls face, while promoting their empowerment and fulfillment of their human rights.

The Hawaii FCE Mission Statement

*The mission of the Hawaii Association for Family & Community Education is
“Living the Aloha spirit” to strengthen Individuals,
Families, and Communities through Continuing Education,
Developing Leadership and Community Action.*

FCE is a non-profit volunteer organization with 8 councils, 24 clubs, 266 individual and family members on the islands of Hawaii, Kauai, Maui, Molokai, and Oahu. In 1949, Hawaii FCE was officially organized in Hawaii with support from the Cooperative Extension Services of the College of Tropical Agriculture and Human Resources of the University of Hawaii at Manoa. This year members will celebrate 70 years of working in their communities to improve home and family life, develop leadership skills, and promote community action. Hawaii FCE is a member of the National Association for Family & Community Education and is affiliated with the Associated Country Women of the World, a non-governmental organization (NGO) with consultative status at the United Nations. Membership is open to all interested men, women, and children regardless of age, sex, or religious affiliation.

About the Cover

The Hawaii Homemaker's Creed was written by Alice Clark, Mabel Kessling, and Rae Ross. It is recited at every State and Council Meeting as well as the Club Meetings. Alice, Mabel and Rae belonged to one of the largest UE clubs with a waiting list to join!! Kainalu University Extension Club was a close knit group... husbands were friends and Christmas parties were often hosted at Jacqueline and Ted Maly's home with as many as 20 members and their husbands. Alice moved from New York to Ohio, then she and husband Bruce wanted a change of climate so they boarded the Lurline and sailed to Hawaii without any plans for jobs or housing! Bruce took the Hawaii bar exam and Alice was the owner of Kailua Travel. . They had 3 children, Carol, Lisa, and Randy. At 93, she was still active with her bridge games. Alice Clark passed away on July 4 2018 in Lahaina Maui at the age of 96. She is now an Honorary Member of Hawaii FCE!

This issue of the Annual Report shares the commitment of several of our dedicated members. It is just a sampling of the many opportunities available to individuals who join the FCE organization, gain knowledge, receive training in leadership skills, and enjoy educational opportunities in a supportive environment to build stronger happier families and stronger communities.



Why FCE?

Denise Smith, Hilo Council

When people ask me why I joined Family Community Education twenty-seven years ago, I tell them “My mother made me join!” I literally had no choice or say in the matter. I was newly retired at an early age and had moved to Hawaii from the Mainland to look after my mother Kay Thompson. My mother had been a member for seven years so I thought it would be a great way to spend time with her. Little did I know that this “social club” would become my life passion, my college education (which I did not have), help build leadership skills, and offer a life-long learning venue which I feel mirrors the concept of Cooperative Extension Services’ purpose of providing higher education close to home, and then sharing that knowledge with our families and our communities. The opportunities afforded by FCE are endless.....continuing education, developing leadership, and community action. All done with the guidance of CES education agents and backed by the resources of the College of Tropical Agriculture and Human Resources at University of Hawaii Manoa. Monthly club meetings, quarterly council meetings, and annual conventions are all geared towards learning and then presenting and sharing. Some programs my mother reveled in, others she found boring. I love them all! My mother and I belonged to the same club for eighteen years until she passed away. My daughter also belonged to our club for a short time, as a “mail box” member when she could not find a local FCE club to join in Texas. So we were a three generation membership. My husband joined FCE when Family Membership became an option and he remains a member at the age of 90. I was introduced to Family Community Leadership training which helps to encourage and hone the skills of members, enabling them to engage in grassroots efforts to make changes in their communities for the betterment of their families. I took on-going training sessions and was able to participate in several community projects such as developing and presenting a program to teach life skills to pre-natal and post-partum mothers in a substance abuse program. I participated in group sessions with residents of the rural subdivision that we lived in to devise a future plan for development of the subdivision. The plan was eventually included in the Hawaii County ten year development plan. One of the most significant and successful projects that Hawaii FCE has engaged in in recent years was developing a bill and getting it passed by the Hawaii State Legislature to assist grandparents who are raising their grandchildren to obtain medical care and school enrollment without having to obtain guardianship of their charges. All of these projects were encouraged and overseen by our assigned CES agents who were as dedicated and as passionate about FCE as the members were. So why FCE? What better way to learn, to develop leadership skills, to make a difference in your community and to spend time with your mother!

Financial Statement 2018

Cash Basis –January 1- December 31, 2018

Current Assets:

Cash in Checking Account	\$24,957
Savings Account & Certificate of Deposits	24,638
History Books/Quilt Books & Pins	4,000
	<u>692</u>
TOTAL	\$54,287

Current Liabilities:

0

TOTAL ASSETS, LIABILITIES & FUND BALANCE

\$54,287

Support and Revenues:

Membership Dues	\$7,865
Donations, Fundraising, & Grants	<u>5,179</u>
TOTAL	\$13,044

Expenses:

Operational expenses	13,758
TOTAL	13,758

Excess of Expenses Over

Revenue 714

Hawaii FCE 2018 State Board

Executive Officers

President	Martha Yamada
Vice President	Ruth Haitzuka
Secretary	Katherine Uehana
Treasurer	Bernie Tangalin
Past President	Sally Bowman
Parliamentarian	Dr. Jacqueline Maly

Education Committee Chairs

Health Issues	Dixie Dumaran, MD
Home & Community Environment	Susan Yee
International	Susan Stewart
Leadership	Lynn Barut
Youth Education	E. Queenie Daligdig

Committee Chairs

Bylaws	Dr. Jacqueline Maly
Finance	Bernie Tangalin
Trimble Foundation	Amy Bugado
Trimble Distribution	Martha Yamada
Nomination	Katherine Uehana
Education	Ruth Haitzuka
Ways & Means	Elaine Fukui
Membership	Patricia Kubo
Annual Report	Oarlene Wingate
Newsletter	Denise Smith
2019 Convention Chair	Carolyn Sewake Martha Yamada

Council Presidents

Hamakua	Dana Morifuji
Hilo	Carolyn Sewake
Kauai	E. Queenie Daladig
Kona	Gay Okada
Maui	Lynn Barut
Molokai	Gladys Brown
South Oahu	Katherine Uehana
Windward Oahu	Dixie Dumaran, MD

**Kauai's
FCL
Training**



Oahu's FCL Training



SISTERS: Pat Kubo and Wanda Lew

Wanda is two years younger than me. We were raised in Kaimuki and both graduated from the University of Hawaii. Wanda graduated from the school of Tropical Agriculture (CTAHR) and I from the Department of Education. Wanda worked in the accounting department of the Kahala Hilton/Kahala Hotel. I worked in various schools from Waianae, Honolulu, Moanalua to Kailua. I taught grades K to 6th, Special Education, and Academically Gifted Language Arts Classes. I joined FCE over 30+ years ago when my children were young and I could only get away once a month for club meetings. I was very shy and never spoke up in my classes and hated to get in front of an audience. With the help of FCL training, I obtained the courage to stand

up and take charge of meetings. With this skill, I have been able to serve HAFCE in the capacities of State Vice President, State President and Past President.

Gladys Fujiuchi

I joined the University Extension Club back in 1964, as a young working mother, and have continued my membership as an FCE member for 54 years. UE was not new to me because my mother, Hideko, had been a member back in the 40's and 50's, then renewed her membership in the 70's and 80's when she retired from work. She practiced the many skills that she learned: cooking, sewing, crafting and more. I still have a recipe for barbeque meat balls which was a hit with my family then and I continue to use it today. She also was a working mother taking care of the office, while my father built his business as an electrical contractor.



The earlier years of my UE membership were hectic, but we always managed to squeeze in time for meetings and activities. Raising three sons, being involved in scouting, while teaching school competed for our time. Proudly, each son became an Eagle Scout. FCE widened the scope of our interests and skills and I truly believe helped to develop us as individuals. My club was known as the school teachers' club since so many of us were teachers. Didn't realize it at the time until a husband from another club pointed it out. We started out young together and grew old together. I felt that my name "Gladys" was very ordinary, but after meeting Gladys Tashiro, Gladys Horner and Gladys Borrero, who all served as Council Presidents, I felt that I was in good company. These were extraordinary women who had contributed so much to the organization: strong, talented, generous personalities. I honor them as well. After I retired, I was able to serve six years as Kauai's Council president, write the newsletter for Kauai FCE Council and co-chair several state conventions on Kauai. As president, getting to know all the members was an opportunity that I treasured, the many friendships that I made, and sadly, the many funerals to attend. UE/FCE certainly played a big part in my life.

2018 Family Community Leadership Sustainability Training

Dorothy Aiko Shimada Haitzuka and Family, Windward Council

Dorothy, an avid supporter of FCE and 4-H from the time she decided to join Family Community and Education remained a member for over 52 years. Back then, FCE was known as University Extension Homemakers. Dorothy worked at Kaneohe Elementary School's cafeteria as a cook and baker and was a mother of eight. Living in Kaneohe, Hawaii, she was well known for her crafty skills but especially sewing. She was an expert. Nothing was hard for her. Whether sewing for her children, friends or strangers – jeans, dresses, wedding gowns, she mastered whatever was put in front of her. She had girls come to her home and she taught them to cook and sew. She taught children in her home supporting the 4-H programs, teaching them general every day skills such as cooking, sewing, crafting. She was always willing to share her knowledge with others with a smile on her face, teaching women in the Kalihi Low Income Housing to sew and encouraging them to become leaders. She recruited Windward Oahu Council FCE members Jacqueline Chong, Julia Duarte, Carole Mulford, Emily Deai to help in this effort.

Dorothy attended Honolulu Community College, where she earned an Associate Degree in Fashion Design. When attending classes, she assisted the instructor with students in these classes with her vast knowledge of sewing. She became more confident in her leadership skills because she always said FCE had taught her to be more willing to learn and expose others to the knowledge. As a member of the Imiola FCE Club, Windward Oahu Council she mentored many others teaching them to be confident and doing things they felt uncomfortable doing like speaking, teaching others or learning a new lesson or craft. Dorothy led by example and served on many of the councils committees like Aloha, Telephone, Educational and Organizational. Because club meetings were held in the evening, her son David did not want her driving herself. He enlisted his wife Ruthie to drive her while he stayed home with their three children! At first, Ruthie would sit in the car and wait. Mom, being one to get others to "join FCE" started asking Ruthie to bring items into the house, to while Mom could set up, and eventually insisting she remain in the house where the meeting was held. Ruthie, while waiting, listened and watched members of FCE do their magic. Dorothy was very sneaky and paid Ruthie's dues for FCE and that's was the beginning of Ruthie's involvement! Members were much older and Dorothy would say, "Don't worry, Ruthie can do it." By participating at the club and council level, being mentored by members Jacqueline Maly, Jacqueline Chong, Patricia Kubo, Susan Yee, and advisors Rhoda Yoshino and Jean Young, Ruthie started to gain the valuable experience even though she was shy and quiet. Gentle mentoring, small steps with small projects, opportunities to participate and attend workshops with those who were seasoned officers, hands on activities all provided well balanced leadership skills to grow. With these skills gained, Dorothy would always tell her, "You can do it." Not wanting to disappoint her, Ruthie would try her best to learn as she slowly emerged out of her shy shell. Ruthie's father also told her – You cannot be shy to get ahead. Always remembering what her father said, Ruthie emerged to be more confident to accept the challenges she encountered. It's been a long road with opportunity to expand knowledge, experiences and growth. When Dorothy became very sick, David and Ruthie cared for her. David promised his mom that he would join FCE and be there to help his wife. He is now an active member often working behind the scenes, but has started to take on leadership positions as treasurer of their club and participating in other opportunities in front of an audience when given the task. He is being mentored by his wife as well as other members of his council. Being able to have a husband support you in the activities and workings of FCE really helps with the cohesiveness of unity within the family and FCE. We work together with many of the projects and continue to host club and council events at our home.

The FCL team (Martha Yamada, Ruth Haitzuka, Pat Kubo, and Joan Chong) did not disappoint. FCE members learned 1) how to lead a group to good decisions, 2) how to handle difficult people, and 3) how to mobilize positive community outcomes. Although the topics were heavy duty, FCE members learned in a fun and unintimidating way. The day was filled with lots of laughter, sharing of different kinds of experiences, possible solutions and "ah-hah" moments. Thank you to the FCL team for taking the time to help Hilo, Kauai, Oahu and Maui members improve leadership skills and grow as a person.

Hilo's FCL Training



Maui's FCL Training





Dorothy



David

Ruthie



Jordan

Ketzen

Our grandchildren, Jordan and Ketzen Lane are members of FCE also. Though their involvement is limited, they are exposed to the members and the activities of FCE. They are able to learn the concept of “giving back” to the community by volunteering for community events and activities. They have worked with members serving as junior leaders with the Boys & Girls Club in Kailua, Juarez Mission Project, helping with club/council meetings. Seeing their grandparents involvement has had a huge impression upon them. As they continue to grow in FCE, they too will become future leaders through their mentoring of their grandparents and others.

Three generations are in FCE. Why? FCE not only provides opportunities of community service, learning from the “older” generation of leadership and organizational skills, but to learn skills that are not taught in school. These opportunities to “see” and “give” will help them to become better leaders as they become adults. What they learn through FCE will enable them to become confident in their future lives. Grandparents or adults, can be leaders by example. Today’s generation if provided the opportunity will learn gratification from what they do and not what they get.

Katsuko Enoki, Maui Council Through my membership in Family & Community Education and the Family Community Leadership program, I was able to learn communication skills, the benefits of lobbying and actively participate in the Hawaii political scene. I served as the Nurse Liaison to Senator Daniel Inouye and Senator Patsy Mink for the Hawaii Nurses’ Association. I participated in the State FCE program “Legislature for FCL” and shadowed our legislators at the Capitol. I was glad I could share my experience with Community Voices Upcountry (CVU) because I was able to use my facilitation and FCL skills to expedite the county to change rural routes to street addresses. The emergency response teams could locate the residence more quickly in case of fire, illness, or accidents. People could get their numbers free through a grant. It was a once in a lifetime opportunity and I am grateful for the experiences and knowledge that I gained to help me make these changes in my own community on the island of Maui.



Hoaloha FCE Club members in Hilo donate stuffed animals, books, and school supplies to the Child Welfare Service for distribution to their Foster Children.

Congratulations to these HAFCE members who received service certificates from National FCE.

- 50 years – Katsuko Enoki Maui Council
- 55 years – Rose Marie Pohina Hilo Council
- 55 years - Katherine Wong South Oahu Council
- 60 years – Eunice Masumura-Sakata South Oahu Council
- 65 years – Ann Nathaniel Hilo Council
- 70 years – Florence Fergerstrom Hilo Council

Kauai FCE members presented 120 BOOKS FOR NEWBORNS Andrew Bestwick of the Wilcox Health Foundation and Dr. Carl Yu, pediatrician, from the Kauai Medical Clinic. These doctors brought the nationwide program “Reach Out and Read” to the Garden Isle, when they learned that Kauai’s keiki when entering kindergarten showed below average reading skills.

“DRESS A GIRL AROUND THE WORLD”

Kauai FCE members continue to sew pillowcase dresses for National FCE’s humanitarian project. These dresses will go to girls in Portugal, Appalachia and other destinations.





Lynn Barut and Chaclyn Nagata, Maui Council

Lynn attended FCL training in Colorado and North Carolina following the NAFCE conventions. Also participated in local trainings. Her favorite training was Effective Meetings! She returned to Maui and used it in our Cub Scout meetings. The meetings were very chaotic until she used “the time frame” next to “the agenda” and accomplish their projects. The boys knew they couldn’t fool around. Lynn also used her training with her Maui Council meetings which used to go on forever! Finding success, she used it with other organizations and with her clerical meetings at work. Chaclyn was a recipient of the Maui FCE \$1000 scholarship in 2008. When she graduated and returned home she joined the Pukalani club (2013) and the next year took over chairing the Scholarship Committee and has been doing it ever since. She enjoys the FCE activities on Maui and wanted to give back to FCE. In 2016 her husband James was added as a family member (married in 2015). He is currently our MAFCE international chair.

Susan Stewart and Annie Sagawa , Windward Council

My mom, Annie Sagawa, has been a member of Hawaii FCE for 35 years. She became involved in FCE when friends invited her to a meeting involving crafts. At that time, she was very interested in learning crafts. She continues to enjoy learning new crafts at meetings and spending time with fellow members at club events. FCE has helped her grow within herself. She was a very shy individual, not wanting to speak up and share her thoughts. With FCE’s help throughout the years, she is not afraid to speak up and say what’s on her mind now. She enjoys meetings to fellowship with others; the opportunity to learn about family, community, health, and education; volunteer her time to help others; and help plan events.

I became involved in FCE through my mom. Before becoming a member, my mom asked me to help sew some lap blankets for people in care homes, items for the Trimble Foundation fundraiser, and dresses for Dress a Girl Around the World on her behalf as she no longer sewed and I love to sew! I have since sewn some handbags, microwave bowl cozies, and other items for Trimble fundraising. She invited my husband and myself to attend the FCE convention in Honolulu about 5 years ago and we have been members since then. Since we live in Seattle and are mailbox members, we cannot participate in the club/council meetings or volunteer projects although we enjoy meeting others at conventions. I am currently the Education Chair for International and FCE has given me the opportunity to learn and improve my speaking skills and presentations. I’m hoping to gain more confidence with the assistance of FCE.



CONTRIBUTIONS FOR A BETTER HAWAII 2018			
Program Area	Hours Volunteered	Persons Reached	Contributions Calculated at \$25.43 per hr.
Leadership Skills	2,198	1,009	\$55,895
<i>Held Candidates Forum for public* Program report writing workshop*Planning 2018 convention* Installation of officers* Program planning* Hearth Fire book presentations*Continue FCL sustainability training</i>			
Health Issues	1115	230	\$28,354
<i>Disaster Preparedness* Studying mental health & anxiety* Learning healthy recipes/diets* Assistive devices demonstration* How to dispose of unused/old medications* Women & Heart disease workshop</i>			
International Projects	2,901	517	\$73,772
<i>Support orphanage in Juarez, Mexico* Learning about cultural celebrations* Learn Ikebana history* Study Hawaiian culture at Wahiawa Botanical Gardens</i>			
Character Counts! sm Essay & Artwork Contest	160	255	\$4,069
<i>Conduct state wide essay & artwork contest for 4th grade students to promote character building</i>			
Youth Education	648	1492	\$16,479
<i>Support Midsummer Night’s Gleam at Foster Gardens* Books for Newborns* Presenting workshops at Boys & Girls Club* Support CTAHR Ag & Environment Day at Urban Gardens* Donate to local elementary school library</i>			
Home & Community Environment	3,979	5,695	\$101,186
<i>Hold fundraiser Rummage Sale, Supply lei for Vets graves, donate hygiene packets to domestic abuse shelter, Learn about Hawaiian cacao, crochet baby beanies for hospital, Thanksgiving Day food baskets for needy families</i>			
Building Membership	360	307	\$9,155
<i>Incentive program to encourage new members* Sponsored Friendship Tea* Invite potential new members to council game night* FCE brochures available at public events</i>			
Program Coordination & Organizational Maintenance	45,789	7,061	\$1,164,414
<i>Planning Educational Programs * Publishing State & Local Newsletters * Civic Engagement * Participating at State and National FCE conferences * Publishing Annual Report* Planning & Conducting Meetings</i>			
Total Hours/Value	57,150	16,566	\$1,453,324
Total Material Contributions			\$58,874
Total Contributions			\$1,512,198

CHARACTER COUNTS! *sm*

Contest winners came from two schools this year. First place winner is Greyson Wakabayashi of St. John Vianney in Kailua. His teacher is Ms. Earleen Victorino. (Pictured are Ms. Victorino, Greyson and Pat Kubo). Greyson's first place prize award was \$50. Second and Third place winners came from Hanalani Schools in Mililani. Second place winner is Leila Carson of Ms. Wendy Ah Quin's class whose prize award was \$30 and third place winner is Kamryn Okinaka of Ms. Ashley Kephart's class. Prize award was \$20. All students who entered the essay and artwork contest received a goodie bag for their participation.



1st: Greyson Wakabayashi



2nd: Leila Carson



3rd: Kamryn Okinaka



Hawaii's Heart of FCE ~ 2018



David Haitzuka - Windward Oahu Council

David's participation with FCE began with his mother, Dorothy, by helping with her FCE endeavors. He has become a very active member by hosting council meetings, PLT's, workshops, and other activities, by setting up, providing refreshments, and assisting with parking cars, etc. at his residence. He has actively participated in council activities - doing cooking/craft demonstrations, and has been a presenter at youth workshops and community service events. He has served as a delegate to several state conventions. This year, he is serving as a mentor to four new male HAFCE members. David truly deserves to be nominated for Heart of FCE!

THE HULTMAN FAMILY

Diane, Becky, Sharon, and Liz



Diane Hultman joined FCE in 1988. She had just moved to the State of Hawaii and was looking for an organization that had the same values as hers. She had been involved in her community and church prior to moving to Hawaii. The women of FCE encouraged her to continue her education where she completed her AA degree and became a full-time Educational Assistant for a fully self-contained special education class. She received Trimble Foundation scholarships to fund her return to college. She attended school and raised her 6 children. She always made time for FCE events. She attended leadership workshops in several states, attended National Convention, completed FCL training, and served as State President. She always had FCE in her heart and soon 3 of her daughters joined also. Her daughters have all held Club and Council offices. Two daughters have completed FCL training. Daughter Liz was honored with the Spirit of FCL National Award. Her granddaughter Jeannette joined FCE and has attended FCL training and a FCE National Convention.

Two of her daughters have Masters in Special Education and the third is working towards her Masters in Special Education. One daughter has been the recipient of a Trimble Foundation Scholarship to continue her education. The daughters continue to participate in FCE activities and several of their friends have become members. FCE has offered them many opportunities to participate in community events, educational activities and encouragement to continue their educational goals. Her granddaughter graduated from Boise State and now is a talent scout for a major US company in Detroit. She says that FCE and FCL have affected her in a positive way. She has learned to interact with multi-generational individuals and always had a great time with the FCE family. Diane's grandson, even though not a member, encourages FCE members to step into leadership roles for he has seen the benefits of his grandma, mom, aunts and sister to be members. He was a great support to his mom when she was Hilo Council President. FCE is an important part in the lives of the entire family. We find FCE members have been very supportive in all of our family's events from tragedy to celebrations.

CELEBRATION OF UH COMMUNITY EDUCATION Windward and South Oahu members celebrated along with CTAHR in commemorating 90 years in Hawaii. Also celebrating was the 4-H Program which is now 100 years old. Members attending this celebration were Ruthie Haitzuka, Wanda Lew, Dixie Dumarán, Jacqueline Maly, Evelyn Cabral, Patricia Kubo and guest Jean Young. Windward members put together the mini booklets of activities tied with a bag of candies as a favor for participants.



2018 HAFCE Education Awards

2018 Convention on Maui

Health

Action – Windward Oahu – Assisted Devices for Seniors

Demonstrated different assistive devices we might utilize to aid in activities of daily living like folding walker, grabber for picking up objects, hooking bras, putting on long stockings, putting on shoes, safe driving, clipping toenails, demonstrated how to balance to prevent falls, Wellness Living.

Education – Windward Oahu – Healthy Foods

Educating members what Healthy Foods are. Members researched health magazines, copied and cooked their recipes, researched the Internet and told the caloric and nutritional values of what they served. Take Away lesson is to tailor your diet and what you eat to your health and what you need to stay Healthy. A compilation of all the recipes was made into a booklet and distributed to members who attended.

Leadership – South Oahu – Disaster Preparedness

This was a refreshing take on Disaster Preparedness. How many times have we heard about Tsunami and Hurricane Preparedness? Last year in the Island of Oahu, we all had a shock when our warning systems announced that missiles carrying nuclear bombs were inbound to our island from Korea!! _Award goes to this council for thinking of allaying the fear and mental anxiety of everyone in the event of a nuclear attack! Handouts were given on the event of a nuclear explosion: where to seek shelter, how to prepare and how to survive and what to do after.

Home and Community Environment

Action – Windward Oahu – Na Lei

Coordinated with Hawaii State Veterans Cemetery, University Avenue Baptist Church, Moilili Senior Center, Puohala Senior Center, Urban Garden Center, florist for fresh flowers, making of yarn and fresh lei, contacting Midweek for publication of project; gathering flowers from community and seeking and accepting donations from community; contacted legislators and Kiwanis of possible assistance for 2019, surpassed goal for number of lei.

Education – Maui Council – Defibrillator

Speaker informed members about preparing in advance for less stress, update of CPR procedures & info on defibrillator use.

Leadership – Windward Oahu – Disaster Preparedness

Contacted speaker from Community Emergency Response Team – Retired Hawaii State Civil Defense; Contacted State Legislator Jarrett Keohokalole for distribution brochures, prepare game ‘How Prepared They Were’ and award prizes

International

Action – Windward Oahu – Juarez Project Members made special angels and paper footballs for orphans and children in Juarez, Mexico for a mission trip. Curtains were sewed and other household items were collected for a house to be built for a needy family. FCE members partnered with a local church on this project. They will continue this project in 2019.

Education – South Oahu & Windward Oahu – Wahiawa Botanical Gardens Members from South Oahu and Windward Oahu collaborated and learned about Hawaiian culture at Wahiawa Botanical Gardens. They met and planned the activities which included: two Hawaiian games (Pala’ie and Konane), practiced their knowledge of Hawaiian language, had a demonstration of how to make lomi salmon, enjoyed the Hawaiian foods lunch menu, made ti-leaf leis for Punchbowl Memorial Day, and learned how to make “buggy whips” from ti leaves.

Leadership – Windward Oahu – Culturally Significant Years Members developed leadership skills by presenting information on birthdays and other significant year’s celebrations before groups. An overview of various cultures (Korean, Chinese, Indian, Japanese, Vietnamese, Tongan, Laotian, Hawaiian, and Israel) was shared as well as some cultural foods eaten during these celebrations.

Leadership

Action – Maui Council – Maui Convention Committee met and planned the 2018 Convention. Packets completed for mid-year board meeting and distributed. Met with hotel, eateries, and vendors for the best deal. Acquired donations for paper and printing. Got family members involved and hopefully, inspired to join FCE.

Education – Hilo Council – Rummage Sale

Members planned for their annual rummage sale. Public response was excellent. Total collected was \$1252.20. Proceeds distributed to Trimble Foundation, Dollars for Leadership, Pennies for Friendship, one individual membership fee, and balance to the council general fund.

Leadership – Windward Oahu -Hearthfire Presentations

Each club presented a Hearthfire booklet. Club members worked together to develop a presentation for the Council meeting.

Youth

Action – Windward Oahu – Boys and Girls Club

Coordinated workshop consisting of three different activities – two crafts and one cooking for spring break at Boys & Girls Club in Kailua. Secured t-shirts for recycled bag; created hands-on game using string and cut-out to propel cut-out up a string; children learn how to prepare and bake crescent roll hot dogs; Director impressed as to activities for children and will use ideas for their children’s activities

Education – Windward Oahu – Foster Gardens Gleam

Community Support event with Foster Botanical Gardens. Members were able to provide and practice their leadership skills to work and explain to youth and parents about the craft. Collected materials to make bubble wands and solution for bubbles; using template created by Pat and David out of wood pieces and nails for design

Leadership – South Oahu – Urban Garden – Butterflies

CTAHR AG Day for Oahu 5th Grade and Urban Garden Center. SO assisted CTAHR with the criteria that was asked. Benefits for Butterflies in our Environment

2018 “NA LEI FOR VETERANS” PROJECT



Windward Oahu FCE members presented a total of 5182 yarn leis to Wilfred Hirokane, the Cemetery Operations Manager and Deann Ferreira, Assistant Manager of the Hawaii State Veterans Cemetery in Kaneohe. Joining in this project were University Avenue Baptist Church Senior group, Koolau Senior Hui, Moilili Community Center Seniors. Windward Oahu FCE and Walmart Keeaumoku donated the yarn.

