



The Homemaker Echo

Official Newsletter of the Hawaii Association for Family and Community Education

Volume 45 Issue 3

September 2019

In this issue:

- *President's Message
- *Board Reports
- *Council & Club News
- *Convention Information

Go Paperless! ~155 FCE members have chosen to receive the Homemaker Echo via email. Please consider joining them by contacting me so that I can add your name to the email list. You will receive the Echo in COLOR and weeks before the USPS issue. This also saves HAFCE in mailing costs and it saves a few more trees for a healthy environment.

Send your email address for a paperless delivery to:

Denise Smith
Homemaker Echo Editor
cdsmith2139@gmail.com
(650) 969-3422



PRESIDENT'S MESSAGE

Wow! It's the ending of summer which means Fall is here. You can't tell by the weather as it's been way too hot but yes, its here. With the end of summer comes many changes. School is back in session, children and grandchildren's activities, homework, appointments all need to be met. Where do I find the time to get everything done and have time for anything else? More traffic means longer wait times, getting to and from places all affected by time too.

Two major changes are in store for us as members of HAFCE. First, there is a vacancy on the HAFCE Executive Committee – Vice President. The other one is for the position of Educational Chairperson – Leadership. Both of these positions had very active persons who loved HAFCE and what our organization does with its members as well as in the community. Sad to say that these two individuals, Elaine “Queenie” Daligidig (Vice President) and Oarlene Wingate (Leadership) have had to relinquish their positions due to family situations and health issues. Thank you ladies, for giving your time and energies to support and promote FCE. We look forward in the future when your situations change for the better and your return to HAFCE and continue to serve with us.

So, what happens now? Well, that's a great question. I will address the most pressing position. First and foremost, the position of Vice President needs to be taken care of during our upcoming convention in Hilo in October. A special election will be held to elect a person to fulfill the term of Vice President (one year remaining) and then in 2021 become the HAFCE President. I know, I know, all of you must be thinking, one year and then be president? I'll skip that! But think about this for a moment. Having a person fill the position for one year as vice president will enable that person to learn and gain valuable information, a time to get more familiar with the background of HAFCE and to learn in detail the “ins and outs” of the workings of HAFCE before moving up to president. You'll be part of the discussions, planning, monthly meetings, exploring, brainstorming, etc., that takes place to improve HAFCE. That person will have the support of the Executive Committee who is willing to mentor you as you learn, absorb, ask questions, and to build confidence to assume the position of vice president to keep HAFCE

running smoothly. It's like getting the “News Flash, News Bulletin” before anyone else knows about it because you've helped with all the leg work to get things off the ground. You may be able to attend the National FCE Conference in Portland, Oregon in July 2020. It is truly not BORING at all. Yes, it does take time but the rewards are great. The one year will go by quickly but you will have gained important knowledge which will help as you fulfill your obligations and execute your responsibilities. Wouldn't you want to have a year under your belt than none at all?

If we don't elect a vice president, there will be a void in succession of your executive committee. If no one steps forward (not to scare you all) to take this position, your president will then be assuming both positions. There will be no mentoring of an upcoming vice president. At the 2020 Kauai convention, there will be an election for vice president. This vice president, whom you just elected, then would immediately become your president-elect for 2020 as I am scheduled to vacate my office as my term of two years comes to an end. Another election then will be held to elect another vice president. You will then have two members serving as vice president and president, who are “thrown into the fire” without any time to “learn about HAFCE” and how it functions. Complicated isn't it? But that's the facts. Wouldn't it be an easier

transition if we elect a vice president this October? I have sent an email to our Board members, including the Educational Chairs and Council presidents, citing the qualifications and responsibilities for the vice president's office. Please take a look at them. You may think, "I can't do all of this!" Yes, you can because there are members who are waiting and willing to help you. Just give us a chance. Its hard work, I won't lie, but the benefits and experience you will have gained will not be forgotten. So, sit back, relax, and think of what FCE means to you and your fellow members. Can I do this? Am I willing to try? I always wanted to know what goes on "behind the scenes". Do I really want FCE to "live on" for another century? Come forward, don't hesitate or be shy. Take the first step - I did. We will welcome you with open arms!!! Think about it. Thank you.

DEADLINE FOR SUBMISSION OF NOMINATION: OCTOBER 1

To Patricia Kubo

Email: kleimamo@hawaii.rr.com

Address: 1450 Akialoa Place, Kailua, HI 96734

Remember: Share the Aloha Spirit through Leadership, Education and Community Action

Ruthie Haitzuka, HAFCE President

Hawaii FCE Board Members

Executive Officers

President ~ Ruth Haitzuka
 Vice President ~ Vacant
 Secretary ~ Pat Kubo
 Treasurer ~ Wanda Lew
 Past President ~ Martha Yamada

Education Chairs

Health ~ Dixie Dumaran
 Home ~ Carolyn Sewake
 International ~ Sue Stewart
 Leadership ~ Vacant
 Youth ~ Terry Phillips

CES Advisor

Vacant



**PRESIDENT'S REPORT - NATIONAL CONFERENCE
 ST. LOUIS, MISSOURI**

The 83rd Annual National Family and Community Education Conference was held July 18-21, 2019 in St. Louis, MO. National FCE President, Ardyce Snyder, welcomed 49 FCE members from across the US to Conference along with Board members.

Bonnie Teeples was elected the Associated Country Women of the World USA Area President.

Family and Community Leadership (FCL) workshops were: Becoming Safe Drivers, Communicating in the 21st Century and Lasagna Gardening. Hearth Fire workshops were "Using New Kitchen Gadgets" (#70); "What is ACWW and how does FCE fit in?" (#71) and "Effective People Skills 1 & 2". Guest speakers, Kay and Sean Levesque, founders of Love2Hope, spoke about human trafficking.

Hawaii won several awards in the Open Brochure contest. HAFCE took 2nd place for our Disaster Preparedness, Windward Oahu had two first places and one third place for activities they were involved in. For a complete report, see any Board member from your island or your Council President.



We no longer receive the FCE Today, the NAFCE newsletter, by USPS mail. The FCE Today Summer 2019 is available on the NAFCE website – www.nafce.org

From the Editor.... A Reminder

The deadline for articles for the next issue of the Homemaker Echo is: **December 10th, 2019**
Please send articles and photos to: cdsmith2139@gmail.com *OR*

433 Sylvan Ave. spc. 39 Mountain View, CA 94041 OR (650) 969-3422 (leave a message if I'm not at home)

Aloha, Denise Smith



71st Hawai'i FCE Convention

Registration Packet available at www.hawaiiifce.org



Author, artist, and educator, Leilehua Yuen has been dedicated to the study and perpetuation of Hawaiian culture since childhood. Raised in Hilo and Puna by her grandparents, Henry and Thelma Yuen, Leilehua learned many of the old ways from them. Her Tutu Kane Henry was a Western-trained MD, and may have been the first Native Hawaiian MD to practice on the Big Island. He also was extremely knowledgeable in the herb lore of old Hawai'i. He was a native speaker of the Hawaiian language and had been born and reared on Kaua'i. Leilehua learned from him about plants, philosophy, and the health of the kino (body). Tutu Wahine Thelma was a homemaker and fine amateur artist, and taught Leilehua lei making, hula, storytelling, and other arts. Both of Leilehua's parents are professional artists, and also trained her as she grew older. Leilehua studied formally in Journalism and Fine Arts, and holds a Certificate in Education for Ministry, earned in 1986, from the University of the South School of Theology at Sewanee, Tennessee. She continued her studies of Hawai'i-ana with respected island kupuna (elders) such as Nona Beamer, who mentored Leilehua for over a decade.

Invited to events around the world, she chanted before delegates of the United Nations during a conference in Los Angeles, and has performed and taught hula on the Mainland US, Canada, Europe, Japan, and in China. While in China, she performed at a banquet the Mayor of Sanya gave for a diplomatic trade mission, which included dignitaries from Hawai'i, Washington DC, Hainan, and Beijing. She also was asked to craft a traditional ancient style of lei for presentation to the Mayor, and chant an oli she composed in honor of the City of Sanya and the Island of Hainan. In 2006 Leilehua and her husband, Manu Josiah, introduced Hula Kīi to Japan as guests of Yamazaki Sensei and her hālau. Currently, in addition to working with her husband in their businesses, she also teaches Hawaiian culture and arts, and has given seminars, lectures, workshops, and classes for Queen Lili'uokalani Children's Center, Kamehameha Traveling Preschool, The Bishop Museum Amy B.H. Greenwell Ethnobotanical Garden, the University of Hawai'i, the US National Parks Service, and many private groups. She also writes about various aspects of Hawaiian culture, and continues to create her art. Leilehua will be our guide on the sightseeing tour of Downtown Hilo on **Saturday, October 19th, 11:30 am** at convention.



2019 HAWAII FCE CONVENTION – HILO
 OMIYAGE ORDER FORM
 MR. ED'S BAKERY IN HONOLULU

ONE ORDER FORM PER INDIVIDUAL

Listed below are the three most popular items at Mr. Ed's Bakery.

Name: _____

Please print

COUNCIL

CLUB

PHONE NUMBER: _____

E-MAIL ADDRESS: _____

QTY	ITEM	PRICE	TOTAL
_____	OHELO BERRY JAM 8 OZ.	\$8.00	_____
_____	LILIKOI LOW SUGAR JAM 8 OZ.	\$8.00	_____
_____	LILIKOI BUTTER 8 OZ.	\$8.00	_____
	TOTAL		_____

PLEASE MAKE CHECK PAYABLE TO: **LEE WATANABE**

MAIL TO: Lee Watanabe
 1073 W. Kawaihani Street, #F
 Hilo, HI 96720

DEADLINE: MONDAY, SEPTEMBER 30, 2019

NOTES:

1. Jams and Butter pickup will be announced at the convention.
2. Jams and Butter are not allowed as hand carry on the airplane. Jars will be wrapped with newspaper and bubble wrap for your packing convenience.
3. No Cancellations/Refunds

Aloha HAFCE Ohana!

Quality Gift Tickets for 2019 HAFCE Convention were mailed to each council president which they will be distributing to the individual clubs.

This is the only fundraiser for HAFCE and we are requesting your help by purchasing five (5) tickets per member at \$2 each for a total of \$10. Your continued support and contribution is greatly appreciated.

We are also asking each club to donate one quality gift worth a minimum of \$15; please attach your club name and council to your gift(s).

For further questions, instructions and deadlines, please contact your council president.

Mahalo Nui Loa, Lee Watanabe - Ways & Means Chair



Friendly reminder: Please submit International Program Reporting Forms to Sue Stewart

(sastewart02@hotmail.com)

5657 155th Ave SE, Bellevue, WA 98006 by **October 1st**. If you send your report via USPS mail, please allow ample time as I need to receive it in my mailbox by October 1, 2019 to be considered for this year's award. Thank you!

Sue Stewart ~

International Education Chair

HEARTH FIRE SERIES UPDATED



The complete list of Hearth Fire Booklets has been updated. There are 71 different booklets for your use. I hope to get an updated listing of the supplies of booklets available once your president has received them from Queenie. These booklets should not be sitting in a box. Use them!

Ruthie Haitsuka

Thank You, Domo Arigato, Gracias,
Mahalo nui loa

Martha, Martha, Martha! Words cannot express our gratitude for the numerous hours spent to update the Board's Handbook. That was no easy task! You have not only put in hours of your precious time but it also took time away from your "hubby" and activities in your personal life. The Executive Committee and your Board members commend you for taking this responsibility and making our Board informed as to all aspects of what is in each member's handbook. Please thank your members who took the time to print the needed pages for the handbook and who will be placing the current version in each Board Member's handbook.

For Board members who are not attending the Hilo convention, please check with your representative who attends convention, for your copy (they acknowledge receipt of your copy) of the handout. Please **BE SURE TO PLACE THE NEWLY REVISED VERSION IN YOUR HANDBOOK IMMEDIATELY.**

Thank you, *Ruthie Haitsuka*



Trimble Foundation Distribution Committee - Denise Smith, Chair

We received two applications for Trimble Foundation Trust scholarships this year. The committee met on September 17th to select the winner(s) and he/she/they will be announced at convention in October. If you know of an individual or an organization, worthy of applying, please direct them to the HAFCE website: www.hawaiifce.org for application forms and instructions. Or applications can be obtained from any HAFCE Board Member or council president. Individuals can be FCE members, members of our families, or members of the public. They can be first time college students or returning students. Organizations must be a non-profit dedicated to the betterment of communities through health, welfare, or education.

Applications forms are available on the hawaiifce.org website or by contacting any FCE Council President or Board member. **Deadline: July 31, 2020**

Sneak Peek at the Trimble Foundation Quilt for 2019



"Bento Box"

This is your last chance to purchase tickets for an opportunity to win "Bento Box", the quilt for the 2019 Trimble Foundation Trust fund raiser. It is 31" X 37" in size and features beautiful Japanese prints, with dark blue indigos in sharp contrast to brightly colored red and orange prints. Great as a table topper or to hang (sleeve included). The tickets are available from your council president or at convention. Donations are **\$5 per ticket or 3 for \$10**. All donations go to the Trimble Foundation Trust for future scholarship awards. The drawing will be held at the 2019 convention in October in Hilo. Need not be present to win. Good Luck to all who buy tickets and mahalo for supporting the Trimble Foundation!



CHARACTER COUNTS!® ESSAY/ARTWORK CONTEST

The 2019-2020 CHARACTER COUNTS!® contest has officially started as of September 1, 2019. The theme for this year is RESPECT. If you are interested in having your school participate, you can contact your council vice president, who is in charge of programs, or Terry Phillips, Education Chair – Youth, at taphillips808@gmail.com for more information. If you have problems securing the information, please contact Ruthie Haitzuka at ruthb.fce@gmail.com and she will forward you the packet information. Packets are also on the national website (nafce.org).

This year, our Hawaii winner won the National Award! Her name is Emma Badua of Wilcox Elementary School. **She is our first National winner!** Emma will be presenting her essay at our Hilo Convention. Congratulation Emma! We are proud of you!

EDUCATIONAL LEADERSHIP CHAIRPERSON –NEEDED

Oarlene Wingate wants to serve as your Leadership chairperson but her body is telling her no. At this time, I have taken the liberty of releasing from her position so that she can concentrate on her health and devote all of her energies to getting well.



Remember, in my President's Message, I said there were two positions vacant? This is the other position. Your responsibilities will include communicating with council vice presidents for updates of activities involving leadership programs, securing reports from them for their activities, giving support to council vice presidents, prepare reports for and attend Mid-Year Board meeting via Zoom and Annual Meeting, receive and select three projects for state awards at convention, attend and present certificates for state award projects at convention, submit your maintenance report to HAFCE vice president, prepare awards brochure, if appropriate, to National FCE, and keep your Handbook updated.

I'd love it if someone will volunteer for this position, so won't you please consider stepping forward and filling the Education Leadership position? You won't be alone. Your Executive Committee will help you! Should you require more information about this position, feel free to email Oarlene Wingate at oarlenew@gmail.com.

DEADLINE: OCTOBER 1, 2019 Ruthie Haituka @ruthb.fce@gmail.com



MAUI COUNCIL'S GIFT TO HAFCE

To the members of Maui Council:

Mahalo nui loa from your Executive Committee and Board, as well as members of HAFCE, for your generous donation of \$4,900 received from the profits of the 2018 HAFCE Convention. Your council's generosity is greatly appreciated and will be used to further the workings of HAFCE. Your expert planning and sacrifice made your convention a tremendous success. Please thank your members for us.

REPORTS, REPORTS, REPORTS



(Award/Data)

Due to the resignation of the Vice President, please forward a copy of all awards and/or data filed previously to Queenie, to Ruth Haituka at ruthb.fce@gmail.com in order for your president to start tabulating the data needed to submit to National.

Educational Chairs – if you received any award reports, please forward them to me as well. **NOTE: DEADLINE FOR SUBMISSION OF AWARD REPORTS TO YOUR EDUCATIONAL CHAIRS IS TUESDAY, OCTOBER 1. (Convention is October 18-20)**

I know that this is time consuming and more work for all of you but your president will need this information to report to National and nine months have flown by for 2019. Any assistance you can give to me would be greatly appreciated. *Ruthie Haituka*

Is FCE becoming a dinosaur and becoming extinct? It seems as though membership is dwindling – how about thinking of ways to get NEW BLOOD into FCE. Brainstorm – Think outside of the box. There's got to be a way to get the younger generation interested. What would you like to see done at your club/council?

Think About It!



Hilo FCE Council – President Martha Yamada

Books for Newborns - Shirley & George Ito, (Maile Club)

On April 3, 2019 at our council meeting we collected 120 books from various clubs of Hilo Council FCE (Family, Community, Education) for the Hilo Medical Center OB Department. This is a nation-wide effort to improve literacy for children. The books will become part of their library or offered to children to take home when they leave the hospital. On May 15, 2019 at 10:00 am the donations of the Books for Newborns was overwhelming from the Hilo Council clubs. We presented the books to Elena Cabatu, Community Public Relations Manager, and to Christina Ranan, OB Nurse Manager. Also on hand to present the books were Misae Hayashi (University Heights), Carolyn Sewake and Karen Kawate (Hui Wahine), Lee Watanabe (Hoaloha), and George and Shirley Ito (Maile).



George & Shirley Ito (Maile Club)



Kauai FCE Council – Submitted by Frances Dinnan



KAFCE's CHARACTER COUNTS! © 2019 Awardee, Emma Badua, was selected first place in County, State, and National sponsored FCE Contests! "Trustworthiness" was the theme. Emma clearly expressed in her writing and drawing how she would demonstrate trustworthiness when standing up for a bullied friend. It has been an absolute honor for KAFCE to have this year's winner come from our association. View Emma's video on the National FCE website: <https://www.nafce.org/copy-of-2018-essay-and-art-work-win>

KAFCE Summer Outing to Kauai's Hindu Monastery in Wailua, Kauai, August 2019. The monastery overlooks Pihanakalani, a place known in ancient Hawaii where Gods gathered. Sacred is Wailua, a spiritual place of meditation and worship, back then and now. View a slideshow of our temple tour with background music entitled Pihanakalani by Keola Beamer on YouTube. <https://youtu.be/9mIQCMKiK7s>



KAFCE is hosting the next Annual HAFCE Convention in October 2020! Conventions help promote networking opportunities, leadership development, preserve FCE traditions, and foster a community of like-minded, fun-loving individuals. We look forward to welcoming you to the beautiful and vibrant Garden Island! "Hele On To Kaua'i!"

ACTIVITIES AND EVENTS - JUNE-AUGUST 2019

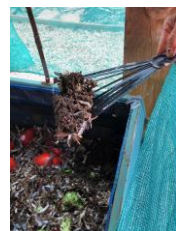
FOSTER GARDENS - GLEEM



Members from our two clubs –Hui O'Makani and Imiola, attended our annual service community project with Foster Gardens located in Honolulu, Hawaii. With the event being held from 4:00 pm to 6:30 pm, families came together to spend the early evening event. There were lots of activities for the family to participate – from crafts, visiting of the gardens, games for all ages and refreshments for the enjoyment of attendees. Our member's station was recycling water bottles into planters. By cutting the bottles in half, turning the spout portion upside down into the bottom portion of the bottle, inserting a coffee filter, placing some soil and then planting a hardy vine for attendees to take home. The work was fast and furious with so many children wanting to try the activity. A surprising twist to the activity – parents were so amazed at the simplicity of the activity, they too wanted to make the planter. There were over 6,000 in attendance and not a moment of rest for our loyal members of Windward Oahu FCE.



COMPOSITING @ URBAN GARDEN CENTER



Curtis Massie

Phyllis Fong

With rainy weather at the Urban Garden Center, members still gathered to learn about composting techniques. Master Gardener, Phyllis Fong, very knowledgeable about composting, was assisted by Curtis Massie. We learned how garden materials are layered (leaves, newspaper, food/fruit waste, coffee grounds) and needed in order to have proper balance of materials (carbon and nitrogen = one part carbon to two/three parts nitrogen). The thermometer in the compost pile measures the temperature of the compost pile. Worms are used and are very beneficial to having an excellent soil. Phyllis also emphasized that bins that do not have holes in them are not good containers to do your composting in such as those that you spin with a handle. She recommends simple bins that can be ordered online which allows air circulation. If you have a Starbucks near you, you might ask them if you could have their discarded coffee grinds. Remember to cut your materials into smaller pieces to speed up the process. Bea Sailer gave members a tour of the facility where they propagate plants for their monthly second Saturday sales which the general public is not allowed to view. Aubin Stemler gave members a tour of a portion of the garden that he maintains as a volunteer. The volunteers at Urban Garden Center are very well informed and answered all of the member's questions. An enjoyable lunch of bentos, plus extras which Pat Kubo bought to supplement the bentos. Those attending were Nancy Arakaki, Evelyn Cabral, Emily Deai, Dixie Dumaran, David and Ruthie Haitzuka, Jordan Lane, Chutima Leider and June Tom. We had five guests in attendance.

WINDWARD OAHU SERVICE PROJECT

Service Project for Windward Oahu is Beacon of Hope located in Kailua, is a transitional house for women who have been in prison. Daphne Hookano, a former addict who once was convicted of selling drugs, met Rev. Sam Cox, a retired Methodist minister, shared the same vision of transforming the lives of women when they leave prison. Rev. Cox was going to sell his home after the death of his wife, who was a social worker at the women's prison. Instead of selling, he decided to lease his home for \$1 to the United Methodist Church after WCCC Warden Mark Patterson mentioned about the critical need for transition homes.



Hookano was recommended as the program facilitator. Graduates, known as "Beaconites", will be encouraged doing a mentorship program to keep other women from returning to the old habits and lifestyles that made them go to prison. Windward Members donated clothing, linen, household items, etc. for these women who leave prison with the shirts on their backs. Donated items will help the "Beaconites" as they transition back into society. Should you want more information about this project, you may call Beacon of Hope at 808-262-5259.

PLT – JUAREZ, MEXICO MISSION TRIP PROJECT



Windward Oahu members continue their support for this mission project with University Avenue Baptist Church (UABC), members held a workshop to finish 150 boxes (see insert) which will be used for the orphans and children at a community church in Juarez, Mexico. These boxes were dye cut using boxes from cereals, cookies, sodas, etc. Members collected stickers, small stuffed animals from the past year. Pat Kubo, always thinking of ways to use items not in season or will be discarded, turned Halloween spinners into a recycled prize toy for the orphans. The orphans will be treated with carnival type games, which David

Haitsuka and Bob Kam (of UABC) are creating. Working together with lots of laughter and fellowship, members worked cutting stickers, spinners, sided tape on the boxes which will be used for each in the community as their personal gift. Maggie Schulte the sewing of the aprons for the kitchen staff that prepares



and putting double-orphan and children will be helping with meals for the



participants from University Avenue Baptist Church. Curtains were sewn by Ruthie Haitsuka for the three room home for the family as well as preparing craft projects for activities while the team is in Juarez, Mexico. The team is scheduled to go to Juarez, Mexico the middle of November.

UPCOMING ACTIVITIES & EVENTS

HAFCE STATE CONVENTION - HILO, HI – OCTOBER 18 - 20

Members who have committed to attending the 69th HAFCE Convention in Hilo Hawaii are: Hui O`Makani – Patricia Kubo, Emily Deai, Susan Stewart, Richard Stewart, Annie Segawa; Hui O`Koolau: Dixie Dumarán, Barbara Sheeder; Imiola: Ruthie Haitsuka, David Haitsuka. Delegates are: Richard Stewart (Makani), Annie Segawa (Koolau), and David Haitsuka (Imiola). This is a very critical conference as a special election will be happening. Due to the resignation of two key positions (Executive Committee – Vice President and Board - Education Chair – Leadership) due to family and health issues, there will be a need to seek two members to fulfill these positions. Please consider helping fill these positions as your Executive Committee and Board cannot function without them. If you are in need of more information, please contact of HAFCE Secretary, Patricia Kubo.

NA LEI FOR VETERANS PROJECT



The Na Lei Project for our Hawaii State Veterans in Kaneohe will continue another year as members will continue making yarn lei for Memorial Day, May 25, 2020. Members are working now to secure participants from the community to commit to help sew fresh flower lei on Saturday, May 23, 2020. If you are in need of yarn for your lei, please notify Ruthie Haitsuka, who has been collecting yarn from the community. We have not set a specific number of yarn lei to be made but any yarn lei will be donated to the Hawaii State Veterans Cemetery to replace any lei that is unsuitable to be placed on the graves of our veterans. Thank you to the many participants who continue to support this project.

CLUB HAPPENINGS IMIOLA NEWS:



Chutima Leider is recently came across bags. She studied the club meeting to excellent way of what a simple idea



always looking for ways to recycle. She a way of using newspapers to make technique and brought samples to the explain and show members. What an recycling newspapers. One never knows can lead too. Ruthie recycled a project



originally demonstrated by Patricia Kubo.

idea for members to jot down notes and able to place it on items as a reminder. Ruthie also used the same idea for her senior group at University Avenue Baptist Church for monthly fellowship. Needless to say, this idea was a big hit and very simple to do. Thank you, Pat!

Continuing to learn a different art of making a yarn lei, Chutima shows Jeanette the method of using one's fingers to make "Chu's" yarn lei. Other members observed Chutima teaching Jeanette – a hilarious experience. It was fun watching them interact trying to understand each other's directions and answering of questions. In the end, the new yarn lei was a success using only fingers – wrapping yarn around and lifting up and around. Jeanette intends to teach others.



Jacquie Maly informed members of the Apollo Family Spacefest at Windward Community College on Saturday, July 20. This event celebrates the 50th Anniversary of Apollo 11 and man's first landing on the moon. Pictured is Jacquie with one of the many "decorations" offered at the event.



HUI `O MAKANI NEWS:

Our hot summer was made more bearable by these delicious desserts. Annie Sagawa's Frozen Cranberry Dessert is very easy to make and Nancy Arakaki's Almond Ice is refreshing and very attractive. The gelatin squares are clear and look like cubes of ice. Avoid citrus, fresh pineapple, and kiwi fruits, so the gelatin remains firm. Watermelon cubes, strawberry halves, honeydew melon and blueberries are a suggested combination. Aloha all and bon appetite!

ANNIE/SHIRLEY'S FROZEN CRANBERRY DESSERT

Ingredients:

6 oz. cream cheese
2 T. mayo
2 T sugar
16 oz. can whole cranberry sauce
8 oz. can crushed pineapple, drained
½ c. walnuts

1 c. Cool Whip (If using whipping cream, add 1 tsp. vanilla & ½ c. powdered sugar)

Directions:

Soften cream cheese. Add mayo and sugar. Add pineapple, nuts and cranberry sauce. Fold Cool Whip into cheese mixture. Pour into pan and freeze for 6 hours.

ALMOND ICE

Ingredients:

5 envelopes unflavored gelatin – dissolve in 1 cup cold water
2 ½ cups boiling water
1 1/3 cups sugar
1 1/3 cups cold water
1 Tbsp. + 1 tsp almond extract
1 cup strawberries, halved

1 cup seedless grapes & 1 cup cantaloupe, cubed

Directions:

To the dissolved gelatin, add boiling water and sugar and stir thoroughly. Add the cold water and almond extract. Mix well. Pour gelatin mixture into a 9 X 13 inch pan and refrigerate at least 4 hours. Cut into one inch cubes and serve in a bowl with cut fruits.

HAWAII ASSOCIATION FOR
FAMILY AND COMMUNITY EDUCATION
339 KALILI STREET
HILO, HI 96720-4061