# **KAFCE NEWS**

## KAFCE KICKS OFF A NEW YEAR!

After the usual Roll Call, Minutes, and Treasurer's Report, members heard from "Character Counts" Chair, Laurie Ho, and "Books for Newborns (BFN)" Chair, Carolyn Lum. These are Natl/State FCE programs which we participate in every year. See Character Counts article on page 3 and BFN article on page 4.

KAFCE Hilo Convention delegates will need to develop a presentation using a "Hearth Fire" Series topic. Convention dates are: October 18-20, 2019. 2020 HFCE Convention will be here on Kaua'i! Any suggestions for Themes? Fundraisers?

<u>Community Service (CS) Club Projects:</u> **Hui Holomua** - Welcomes your support at Kaua'i Marriott's Courtyard in Nawilili, on Wednesday, May 1st, at 9:00 a.m.

If you have flowers, please bring. Hui Holomua members teach others how to sew flower lei while talking about the culture. Leis are given as a symbol of friendship, love, honor, congratulations, and recognition. The etiquette of wearing lei is to keep it on while in the presence of the giver and for the duration of the event. After a fresh lei wilts; return it to the earth.

**Club Musubi** - Not making "Pillow Case" dresses this year. Several dresses were made in past years and have yet to be distributed. Jo Ann Shimamoto is researching Dolly Parton's, Assistance to Appalachian Children. Pearl and Frances are researching the possibility of making lap blankets or bibs for adults in care homes. Gail Murashige is collecting sample size shampoos/conditioners for Women's Shelter and/or homeless. Some of us may be helping to man a water station in Kapa'a during the "Mayorathon" late June. Please stay tuned. If anyone from Club Musubi has other suggestions for a CS Project, please share!



KAFCE President Queenie Daligdig, pic above, guiding us smoothly through the agenda while orchestrating a lively discussion.



Focused on the task at hand KAFCE Secretary, Juanita Barnett, records conversations that will remain forever a part of our story.

KAFCE KICKS OFF A NEW YEAR! Continued. . .

KAFCE's Grace (tune of Edelweiss); we stopped singing it! Today was our last sing-a-long using this famous tune due to copyright laws. A proposal was made to ignore it and present members chose to say it instead. We're looking for another tune or a talent that can develop a tune for our Grace. Anyone "Got Talent?"

Communications was a New Business brought up by Jo Ann Shimamoto. As a long-time member of KAFCE Jo suggested that emails originate from KAFCE President; then to Club Presidents & Officers; and finally to members. We'll give it a try this year.

Terry Phillips, State Youth Chair and KAFCE V. Pres (pic right) demonstrated "tea" making using special herbs and potpourri.

Members were able to make/take specialty teas taught to us today. Thank you Terry!



Mason, Terry Phillip's 14 year old son (pic left), shared his passion in raising succulents as his 4H Project.

We're so proud of this young man along with mom, Terry. Great job, Mason!

"The best kind of parent you can be is to lead by example."

Drew Barrymore, Actress Director, & Model



Pic above, Laurie Ho, blowing out birthday candles. 21... Really?



Pic above. Succulents brought for Mason's presentation



Pic above. Meetings are usually followed by a scrumptious lunch! Thank you, Team 1!

## WHAT IS CHARACTER COUNTS?

It's a national educational initiative that provides a framework to teach values and evaluate good character. This framework is used by schools, youth, sports, and civic organizations to create a values-based climate that will enhance academic achievement, social and emotional growth, and ethical and moral development. Initiated by the Joseph and Edna Josephson Institute of Ethics this program seeks to improve the ethical quality of society by changing personal and organizational decision making and behavior.

National/Hawaii FCE sponsors a Character Counts Essay/Drawing Contest Annually. In Hawaii, this contest is open to 4th Grade students to begin a family discussion on one of six character topics: Trustworthiness, Respect, Responsibility, Fairness, Caring, and Citizenship. Families, schools, and communities are encouraged to promote the consistent teaching and modeling of good character. A primary mission of FCE is to strengthen individuals and families. This essay contest promotes values-based learning and ethical behavior in the home and in communities.

#### Six Pillars of Character

- TRUSTWORTHINESS honesty, integrity, promise-keeping, loyalty
- RESPECT courtesy, nonviolence, tolerance, autonomy
- RESPONSIBILITY duty, accountability, pursuit of excellence, self-restraint
- FAIRNESS openness, consistency, impartiality
- CARING kindness, compassion, empathy
- CITIZENSHIP civic virtue, lawfulness, common good

CHARACTERCOUNTSE

2019's Theme is "Trustworthiness!"

Get Involved with Character Counts! Start Up a Conversation with the younger generation:

- \* What do you think \_\_\_ is all about?
- \* Have you ever experienced \_\_?
- \* What was that experience like?
- \* Can you give/draw examples of \_\_?
- \* How does \_\_\_\_ help you now? future?

We're all part of the solution to build a better world! One never knows where these random acts or talks will take you or the other person.

Improving our essay numbers is always a challenge. The personal touch does seem to work best in smaller communities. If you have any elementary school connections, please contact Laurie Ho, Character Counts Chair to offer your help.

"Make a Difference in your family, your community and the world," from Natl FCE Member Benefit #12.



Pic above: Laurie Ho, Character Counts Chair, reporting and requesting our assistance in getting more school/ student/ teacher participation.

TRIMBLE FONDATION: **DUE July 31st** Denise Smith asked us to reach out to more individuals and organizations to Apply for Trimble Foundation (TF) Scholarships.

In the past few years there have only been one or two individuals applying and it has been many years since an organization has applied for a grant. There are many worthy students and community organizations who could benefit from our generosity and hard work of fund raising for TF. Many of us do not realize the scholarships are for FCE members and families as well as those in our communities. Please approach other organizations that you belong to or are associated with (church, civic organizations, schools) and spread the word about TF scholarships. You can direct those interested to our website, www.hawaiifce.org to print copies of the application, get instructions, and understanding the history of the foundation. Grants range from \$300 to \$1,000 and applications are DUE On July 31, 2019.

> Carolyn Lum Trimble Foundation Committee Rep

# SCHEDULE OF EVENTS

APR 13: KAFCE **All Clubs** Meeting, Lihue Neighborhood Center, 9-1 p.m.

MAY 1: Lei Making, **Hui Holomua**, Lihue, Kauai Marriott Hotel, 9-1 p.m.

MAY 11, JUN 8, & JUL 13: No Council Meeting

AUG 10: Outing (TBA), Club Musubi

SEP 14: KAFCE **All Clubs** Meeting, Lihue Neighborhood Center, 9-1 p.m., Election of Officers, Books for Newborn Presentation



## BOOKS FOR NEWBORNS

I want to thank Sanae for gathering and labeling last year's books and thank all of you who donated books!

In 2018, 120 books for newborns were presented to Andrew Bestwick of the Wilcox Health Foundation and Dr. Carl Yu, pediatrician, from the Kauai Medical Clinic. Dr. Yu and Dr. Carreau, both from KMC brought the nationwide program "Reach Out and Read" to the Garden Isle, when they learned that Kaua`i's keiki showed below average reading skills upon entering kindergarten.

Oregon FCE also does Books for Newborn to provide new parents and newborns with a young children's book so that parents can start reading to that child when they are young.

Feel free to bring new or gently used books to any KAFCE meeting or call me to arrange a pickup or dropoff!

Carolyn Lum Books for Newborn Chair

