

# Hawai'i Association For Family & Community Education

## Life in the Community with FCE



2010 Annual Report

## The Hawaii FCE Mission Statement

The mission of the Hawaii Association for Family & Community Education is “Living the Aloha Spirit” to strengthen Individuals, Families and Communities through Continuing Education, Developing Leadership, and Community Action.

## About the Cover

The Hawaii Association for Family & Community Education trains and empowers its members so that they can make a difference in their communities. You will see Hawaii FCE participating in Food Drives, Craft Fairs, Community Outreach and Educational Events. The board and the members work hard to provide programs that enrich people’s lives, and they personally volunteer endless hours to support local organizations in their neighborhoods. This is life in the community with FCE.

For more information visit our website at: [www.hafce.org](http://www.hafce.org)



Aloha!

The Hawaii Association for Family & Community Education is in its 61st year and is leaping into the age of technology by running our executive and midyear meetings statewide by Skype, Poly Com, and email. We still love to meet face to face with our councils and clubs at our state conventions.

Statewide, our focus on sharing with our communities has produced many interesting workshops involving the general public. Examples of some of these projects are learning to be Health-wise, Stepping Together with FCE, (walking or exercising and keeping track of the number of steps) and nutrition workshops on raising your own food, using the food around you, and trying new recipes. Helping to distribute school supplies to school children in our local areas and learning to de-clutter our homes has been satisfying as well as educational. Participating in the Keep Hawaii Beautiful and Get the Drift and Bag It programs has found many people, of all ages, getting out and picking up litter in our community areas. Encouraging others to recycle, reuse and reduce is very important in this day and age. Keeping our personal papers in order was a workshop that taught us the importance of having proper information on hand in case of death or disability.

Internationally, our members held the most wonderful international festivals and teas. Experiencing cultures from different countries, their music, their foods, and seeing their attire heightened our awareness of the world we live in. Leadership skills were used in many of the workshops, but we also found that our parliamentary workshops help us in running a meeting correctly. Election years bring on the Candidate's Forums hosted by FCE councils with all the local candidates invited to speak on why they should be elected to office. Keeping records of the volunteer hours, miles and dollars spent on workshops, meetings, and conventions is very important in seeing how we are doing financially. The youth of our communities are not left out of FCE due to our Character Counts! essay and artwork contest in which fourth graders from all schools can participate in drawing and writing about one of the Character Counts! pillars such as "Fairness".

We, as FCE members are proud to belong to this wonderful organization. We care for our families, communities, the world, and each other. We welcome all people, of all ages, to join us. We feel that FCE has something for everyone to help make a difference in the place they live and then share it with the world.

*Diane Hultman*  
President 2009 - 2010

## HAWAII ASSOCIATION FOR FAMILY & COMMUNITY EDUCATION

Hawaii Association For Family & Community Education (FCE) is a non-profit volunteer organization with 9 councils comprised of 37 clubs and a total of 416 members on the islands of Hawaii, Kauai, Maui, Molokai, and Oahu.

Since its organization in January 1949, Hawaii FCE has maintained strong ties with the Cooperative Extension Service, College of Tropical Agriculture and Human Resources (CTAHR), University of Hawaii at Manoa. Hawaii FCE is a member of the National Association For Family & Community Education (NAFCE) with a membership of 5,858 in 21 states. It also maintains affiliation with the Associated Country Women of the World as a Non-Governmental Organization (NGO) with consultative status to the United Nations.

Our members are dedicated to the FCE concept of learning and then sharing what we learn with our families and our communities. Our members have seen numerous name changes over the years in our organization, but we continue to thrive and work to improve lives and communities.

Our association with such agencies as the CHARACTER COUNTS! Coalition, Excellence in Media, Citizens Task Force on Television Violence, National Council on Aging, Entertainment Software Rating Board, and the Literacy Volunteers of America provides resources and literature to help families better their lives. Our Family Community Leadership (FCL) program has trained members and non-members alike to take active roles in their neighborhoods, their work places, community agencies, their churches, and in their volunteer efforts. We are committed to making a difference ~ one step at a time ~ for a better Hawaii and a better world.



*Kauai FCE presenting books for newborns  
at the West Kauai Medical Birthing Center*

## Hawaii FCE 2010 Financial Statement

Donations and fundraising account for 68 percent of Hawaii FCE's annual operating budget. Another 22 percent is derived from membership dues. Over 80 percent of all operating costs go towards program expenses, which provide educational opportunities for the members and their communities.

Hawaii FCE is a 501(c)(3) non-profit organization.



### Current Assets

Cash in Bank	\$ 32,746
Savings Accounts & Certificates of Deposit	\$ 22,978
History/Quilt Books & State Pins	\$ 2,187
<b>Total .....</b>	<b>\$ 57,911</b>

**Current Liabilities** \$ 0

**Total Liabilities & Fund Balance .....** \$ 57,911

### Support and Revenues

Membership Dues	\$ 3,714
Investment Revenues	\$ 19
Donations & Fund Raising	\$ 11,316
<b>Total .....</b>	<b>\$ 15,049</b>

### Expenses

Program Development & Implementation	\$ 13,918
International Support & Donations	\$ 100
FCL Support	\$ 500
Leadership Development	\$ 1,987
<b>Total .....</b>	<b>\$ 16,505</b>

### Excess of Expenses

**Over Support & Revenue** \$ 1,456

## 2010 Administration

### EXECUTIVE OFFICERS



(left to right)

Diane Hultman  
*President*

Patricia Kubo  
*Vice President*

Kehaulani Blair  
*Treasurer*

Elaine Fukui  
*Secretary*

Katsuko Enoki  
*Past President*

### EDUCATION

#### COMMITTEE CHAIRS

Carolyn Sewake  
*Health Issues*

Jodean Dela Cruz  
*Home and Community  
Environment*

Gay Okada  
*International*

Laverne Chow  
*Leadership Skills*

Sanae Morita  
*Youth Education*

#### COMMITTEE CHAIRS

### COUNCIL PRESIDENTS

Dr. Jacqueline Maly  
*Bylaws*

Jodean Dela Cruz  
*Hamakua  
Convention 2010*

Martha Yamada  
*Hilo  
Education*

Gladys Fujiuchi  
*Kauai  
Finance*

Gay Okada  
*Kona  
Membership*

Lynn Barut  
*Maui  
Newsletter*

Gladys Brown  
*Molokai  
Nominating*

Marian Matsuda  
*South Oahu  
Trimble Foundation*

Barbara Nishizawa  
*West Oahu  
Trimble Distribution*

Delfa Dumarán, M.D.  
*Windward Oahu  
Ways & Means*





## Hawaii's 2010 Spirit of Family Community Leadership Liz Salfen



The Spirit of Family Community Leadership award is given to an individual or group who has taken Family Community Leadership (FCL) training and has provided education and leadership to a community group beyond the membership of FCE within the past three years. The Hawaii FCE winner for 2010 was Elizabeth “Liz” Salfen.

Liz Salfen knows how to make a difference with her FCL training. As a Girl Scout leader in a rural, economically depressed and federally designated high substance abuse community, she has mentored girls in her own troop and those from other troops - inspiring them by example and showing them that they have the power to do anything they put their minds to. Their Silver Award was just the beginning of the formation of the “Theater Arts Conservatory” which provided an outlet for Puna’s “at risk youth”. Liz taught these teens (ages 12 - 21 years) how to write grants and pursue their goals. She encouraged them to share their talent for singing, dancing and acting and teach it to other underprivileged youth each Saturday morning. Within a year, the Theater Arts Conservatory felt brave enough to produce a play titled “Rent” to raise money for a badly needed health clinic in Pahoia. The 36 students produced and directed the show themselves and also served as cast members and back stage workers. Liz empowered them to do fundraising and ticket sales, approaching community and government groups for support and donations, teaching time management skills in meeting deadlines, teaching teamwork concepts and instilling a sense of “volunteering” to do wonderful things for their community. Because they were able to procure in-kind contributions and grants to pay for the entire cost of the production, all the monies received for the seven performances in two different theaters at two different locations totaling \$10,000 was donated - equivalent to the cost of a registered nurse - to the clinic. In its first year of operation, the Pahoia Community Medical Clinic saw 3,500 patients of which 22% were uninsured or underinsured.

In all that Liz has done with her family, her community and with everyone she has touched, her “can do” attitude has been positive. Her warm smile, easy manner and amazing skills for working with diversified community groups makes her respected by all who have had the privilege of working with her. Liz is a 16 year member of Puna Wahine FCE Club on the Big Island.



## Hawaii's Heart of FCE

### Misae Hayashi

This award pays special tribute to the “unsung” grass-roots member who has made a difference in her community through FCE. This year, Misae Hayashi was recognized as Hawaii's Heart of FCE at the National Conference in Grand Rapids, Michigan.

Misae was enticed to join FCE by opportunities for self-development, continuing education and fellowship. She joined Hilo Council's University Heights Club in 1991 and has been the club president since 1996. Misae has been supporting her aging club's goal to age gracefully by enjoying each other's company at brown bag lunch meetings and to remain physically and mentally active via field trips and interesting educational programs. Half of her club is over 80 years of age. Positive outcomes for these projects are due to her leadership, dependability, reliability and ability to work well with others. Her leadership skills extend to Hilo Council as committee chair for many of its activities. Misae is a retired surgical unit registered nurse and served as head nurse of Hilo Medical Center. She is active in her community volunteering as coordinator for the Project Dana at Hilo Hongwanji Mission and the “Peanut Butter Ministry” at Hilo Methodist Church. Hawaii's Heart of FCE, Misae, is highly regarded and dearly loved by all.

## Members Honored

**50 Years of Service:** Audrey Kong (Maui)

**55 Years of Service:** Ann Nathaniel (Hilo) • Margaret Yamamoto (Hilo) • Helen Onuma (Lanai) • Lillian Tada (Maui) • Stella Yamamoto (Maui) • Phyllis Chang (South Oahu) • Kamila Malterre (South Oahu)

**60 Years of Service:** Fusayo Matsuyama (Hilo) • Mary Uyeda (Maui)

**65 Years of Service:** Florence Botelho (Hamakua)



## Cooperative Extension Service Educators

Cooperate Extension Service Educators are College of Tropical Agriculture and Human Resources (CTAHR) employees that assist in program planning and provide administrative, educational and logistical support to Hawaii FCE councils on a local level.



*Joan Chong  
Hawaii County*



*Heather Greenwood  
Maui County*



*Rhoda Yoshino  
Oahu*



*Jean Young  
FCE State Advisor  
FCL Coordinator*

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## Farewell to Rhoda Yoshino and Jean Young

It is with much gratitude and appreciation that Hawaii FCE says mahalo and good-bye to Rhoda Yoshino and Jean S. M. Young as they retire from the University of Hawaii. Both have contributed to the development of FCE members statewide by sharing their skills, wisdom and love for the organization. They have continually provided a resource base for FCE members to educate themselves, their families, and their communities. We wish them all the best in their future endeavors.

**Rhoda Yoshino** is retiring after 41 years with the College of Tropical Agriculture and Human Resources, University of Hawaii Manoa as a Cooperative Extension Educator. Her first three years were spent in nutritional education and her remaining years were devoted to working with and eventually being responsible for all of the FCE clubs on Oahu. Her focus was on nutritional education, leadership development, and volunteer management. Yoshino was renowned for her nutrition workshops on all aspects of food and cooking, from making cost saving healthy family meals to the delights of wonderful desserts.

Yoshino wrote and obtained a federal grant from the Department of Transportation for \$10,000 which enabled FCE members to become educated about seat belt safety and to share this information in their communities. She also encouraged a group of FCE members to form a coalition to assist grandparents and kinship caregivers who were raising their grandchildren. The Na Tutu coalition eventually wrote legislation which was passed into state law. After 10 years this coalition is still in effect and continues to support Hawaii's families.

Yoshino says the most satisfying aspect of her job has been watching FCE members develop leadership skills and use those skills to impact their communities.

**Jean S. M. Young** was hired by the University of Hawaii at Manoa, in November 1981, as the newly created Family Community Leadership (FCL) Coordinator. One of six original state coordinators nationwide, Young helped to co-create the FCL curriculum and program structure. Young was selected to serve on two national strategic planning committees on Leadership and Volunteer Development and was elected to serve as National FCL Co-Chair. Young helped FCL to move from 6 states to all 50 states, Guam and Puerto Rico.

Besides FCL, Young eventually was asked to serve as Acting State Leader for FCE serving more than 13 years in the position. Young helped initiate the first annual FCE report for Hawaii and the first FCE State Service Project - Blankets and Books for Newborns. Most recently, she helped the Trimble Distribution Committee and the FCE State Exec Board hold their first video teleconference meeting via Polycom. Young helped write grant proposals that secured more than \$40,000 for Windward Oahu FCE Council to generate microenterprise projects for public housing residents.

Young has always challenged the Hawaii FCE members to continue their good works and community support. She loves the stories, laughter and wisdom of the FCE members and wishes them continued excellence in their programs.



# \$13,600 Awarded in State FCE Scholarships and Donations



## TRIMBLE FOUNDATION

The Trimble Foundation honors Alice P. Trimble, who helped organize the County Extension Council in 1947 and served as the first Cooperative Extension State Leader for the FCE organization in Hawaii. To raise foundation funds FCE members create aprons that are auctioned off at the annual state FCE convention. Proceeds from this fundraiser and other donations are invested, and income distributions are awarded each year to applicants meeting the requirements. The Trimble Distribution Committee is comprised of representatives from Kauai, Oahu, Maui/Molokai, and the Big Island plus the past state president, state FCE advisor, and a bank trustee.

### 2010 Grant Recipients

Maui Mental Health	\$1,400
Na Tutu Legislative Bill	\$1,500

To make a donation or apply for the Trimble Foundation Program, send your inquiries to:

### Trimble Foundation

P.O. Box 7066, Hilo, HI 96720



Katsuko Enoki models an apron and bag ensemble donated for the Trimble Foundation fundraiser.

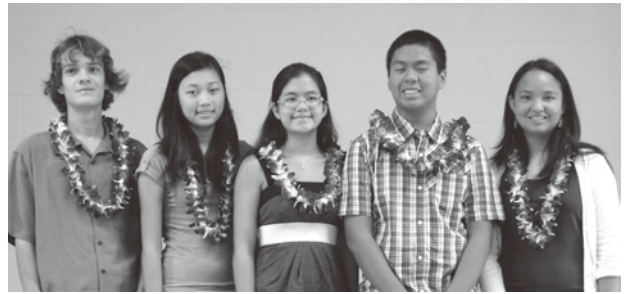
### Trimble Distribution Committee Members

Gladys Brown (Maui/Molokai), Evelyn Cabral (Oahu, Chair), Meleen Corenevsky (Bank of Hawaii, Trimble Trust), Jodean Dela Cruz (Hawaii), Katsuko Enoki (Past President, Secretary), Gladys Fujiuchi (Kauai) and Jean Young (FCE State Advisor)

## MAUI FCE

The Maui Association for Family & Community Education awarded \$2,000 scholarships to five 2010 high school graduates of Maui schools, and donated \$700 to four local organizations. Scholarships and donations for the year totaled \$10,700. Funds are generated through the sale of Maui FCE cookbooks.

### 2010 Scholarships to Graduating Seniors

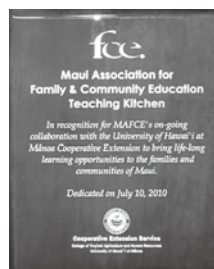


(l to r)

<b>Wasseem Bel</b>	University of Colorado at Boulder
<b>Jing Hua</b>	University of California, Davis
<b>Josie Gomez</b>	Lawrence University
<b>Michael Bayle</b>	University of California, Los Angeles
<b>Tani Nakamitsu</b>	Brigham Young University-Hawaii

### Recipient Organizations

Hale Makua	Maui County Fair
Keiki Dream	Trimble Foundation



Over the past two years Maui FCE has donated a total of \$3,000 towards the renovation of the University of Hawaii Maui College Community Services Building. Funds were used to provide a full-sized oven with range, counter top and draperies. Maui College of Tropical Agriculture and Human Resources (CTAHR) agents volunteered their time to coordinate the project. On July 10, 2010 a dedication ceremony was held to reopen the building. It is now being used by the college, Maui FCE and many other community groups for educational meetings, presentations and events.



## TV Series: Life in the Community

Windward Oahu FCE Council wanted to energize their members and contribute to their community by sharing their knowledge and skills with the public. They began an ambitious project of filming FCE members engaged in demonstrating crafting ideas, cooking favorite dishes, and “talking story” about their involvement in FCE and their families. The project was assisted by Kimo Keawe, director of ‘Ōlelo Public Television - Channel 52, on Oahu. Over twelve episodes entitled “Life in the Community” were filmed using two to three FCE members per segment, either being interviewed or as demonstrators. The series began airing in June 2010. The results were an increased awareness by the viewing public of FCE and its mission, as well as giving the Windward Oahu FCE members the opportunity to regenerate friendships and camaraderie among their clubs.



*Kimo and Lillian Tim Sing discuss the show while Tiffany wires Katherine Wong up with her mic.*

*Alice Kim in the control room with Kimo.*



## Meet the Candidates

Hilo FCE Council hosted a “Meet the Candidates” night, an event which they have been holding every election year for over 20 years. All candidates who were running for any office in the local or state districts were invited to attend, regardless of party affiliation. Twenty-eight candidates running for the offices of school board to governor accepted the invitation.



*2010 participants of “Meet the Candidates” night hosted by Hilo FCE at the University of Hawaii at Hilo.*

An enthusiastic audience of 90 FCE members and the public listened intently as each candidate was allowed 3 minutes to introduce him or herself and state their platform. One of the candidates was an FCE member who was running for a county council seat.

The venue was a stadium classroom at the University of Hawaii at Hilo. The event was followed by refreshments provided by FCE members and an opportunity for the public to engage in informal “talk story” time with the candidates. This event was described by an attendee as “one-stop shopping” during the hectic political season.

## CHARACTER COUNTS! Essay and Artwork Contest



*“Fairness” was the theme for 2010. Rilen Loo’s submission from Kauai was chosen to represent Hawaii at the National FCE Essay & Artwork Contest for Character Counts! Rilen was congratulated by Sanae Morita, Hawaii FCE Youth Education Chair.*

The objective of this contest held statewide and on the national level is to promote ethics among children using the “Six Pillars of Character” (responsibility, fairness, caring, citizenship, trustworthiness, and respect). It also encourages students to improve their writing and drawing skills, creates public awareness in the achievement of students, and offers an opportunity for local FCE members to participate in a nationwide project. Any current 4th grade student attending a public, private or home school is eligible to participate in the contest which begins September 1 and runs through March 1.

### What is Fairness?

What is Fairness? To me fairness is when everyone is treated equally. My grandparents treat all nine of their grandchildren equally. That's why they're so awesome. They don't show favorites but tell us we're all special. When our report cards come out they always say "good job" or "try harder." We all have different abilities but they don't make us feel bad. I know they're proud and that makes me want to try harder.

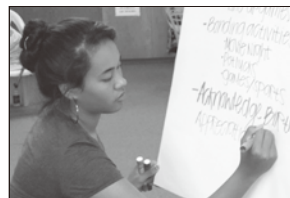
Fairness is when everyone is treated equally even though their abilities are different.

Rilen Loo  
Wilcox School, Kauai



## Jeannette Salfen

At age sixteen, Jeannette Salfen has some very awesome goals and she does all that she can to see that she reaches them. She received a \$100 scholarship to attend FCL training at the National FCE conference held in Grand Rapids, Michigan in 2010. Jeannette astounded the group during the 12 hour session with her experience in presentations and prior community work. Jeannette has advocated for her charter high school to receive authorization from the county to expand. She also has participated in a major fund raising project for a local health clinic in her community. Her FCL training will be put to good use in her future plans for bettering her community. Jeannette is a 3rd generation member of Hilo FCE Council.



## Welina Tong

Welina is following in her mother's footsteps as an avid FCE member and community supporter. She and her three siblings and parents are all members of Hilo FCE Council on the Big Island. Welina received a scholarship to attend this summer's FCL training held in Hilo. At age seventeen, she was the youngest participant but showed her worth and ability during the three day session. She brought fresh and innovative ideas to the presentations and lessons, as well as lots of energy. Welina will use her newly gained skills to find employment after she graduates and to contribute to her church, her FCE club, and her community in Upper Puna.



## Kauai

Each year the Kauai FCE members host the Home Show at the Kauai County Fair in August. Among their responsibilities are deciding on a theme for the show, set up, and securing judges. The various categories of competition include baking, crafts, sewing items, needle work and jewelry making. This year featured a pie contest which several FCE members entered. The Home Show reaches 2,000 to 3,000 attendees during the 4 day run of the fair.



## Maui

Healthy cooking was the theme of a Maui pot luck dinner. Members demonstrated the virtues of tofu and prepared several dishes for all to sample. The nutritional values of tofu were disseminated to the audience also. Keeping the theme of staying healthy, Maui members learned to dance the cha cha cha as a form of exercise. Maui also hosted the state convention for the year which involved many hours of meetings and planning for workshops and presenters.



## Molokai

Molokai FCE Council's local efforts focused on recycling to protect the environment and to benefit its local schools. Members also walked and recorded their miles for the State FCE

project of "Walking Around the World". Molokai annually contributes a large number of volunteer hours to numerous community organizations.



## Oahu

South Oahu FCE Council hosted an educational workshop at the Pearl City Urban Garden Center (UGC) on *Hawaiian Herbs* as part of UGC's monthly "open house" for the community. A tour was conducted by Francine Dudoit-Tagupa, Director of Native Hawaiian Healing. The garden was likened to a pharmacy because it is so rich in useful plants. All the Oahu councils participated in Senior Care Day at the Blaisedell Center and Youth and Keiki Day at the State Capitol. They also presented "Christmas Ideas" to the community which featured handmade Christmas gifts.



## Hawaii

Once a year the three councils on the Big Island gather for a day of education, adventure, and camaraderie. Hilo, Hamakua, and Kona councils met in Waimea and toured the Waimea Middle School's garden project which is filled with Hawaiian and traditional vegetables. The members learned how the project was initiated and what the students and community have gained from planting and tending this outdoor educational experiment. Lessons learned from successful projects like the Waimea garden will be used for planning future FCE programs.

## CONTRIBUTIONS FOR A BETTER HAWAII 2010

PROGRAM AREA	HOURS VOLUNTEERED	MEMBERS & NON-MEMBERS REACHED	CONTRIBUTIONS CALCULATED AT \$20.25/HOUR
<b>LEADERSHIP SKILLS</b> FCL Training • Installation of Officers • Parliamentary Procedures • Fundraising Activities • Promoting FCE • Mentoring	<b>2,700</b>	<b>33,413</b>	<b>\$54,675.00</b>
<b>HEALTH ISSUES</b> Hawaiian Medicinal Herbs • Empowering Through Exercise • Nutrition Workshops • Acupuncture • Activity Pyramid • Gastric Ulcers • Food Safety • Panic Attacks • Fibromyalgia	<b>868</b>	<b>281</b>	<b>\$17,577.00</b>
<b>INTERNATIONAL PROJECTS</b> International Day • Maui Matsuri • Chinese New Year • Ireland • International Flavors of FCE	<b>407</b>	<b>552</b>	<b>\$8,241.75</b>
<b>CHARACTER COUNTS! ESSAY &amp; ARTWORK CONTEST</b> Character Building Lessons & Writing/Drawing Skills Enhancement	<b>48</b>	<b>2,724</b>	<b>\$972.00</b>
<b>YOUTH EDUCATION</b> Books for Newborns • School Book Fair • 4H Show • Health & Safety Guide Distribution • School Supply Giveaway • Alika's Rabbit Garden	<b>314</b>	<b>19,398</b>	<b>\$6,358.50</b>
<b>HOME &amp; COMMUNITY ENVIRONMENT</b> Christmas Service Project • Computer Workshop • Making Plans to Travel • Are Your Papers in Order • Hydroponic Lettuce • Decluttering Your Home • Litter Pick Up • Hands Free Cell Phone Info • Quilt Making Workshops	<b>5,719</b>	<b>3,297</b>	<b>\$115,809.75</b>
<b>BUILDING MEMBERSHIP</b> Inviting Potential New Members • Distribution of FCE Brochures • County Fair • FCE Fair	<b>482</b>	<b>723</b>	<b>\$9,760.50</b>
<b>PROGRAM COORDINATION &amp; ORGANIZATIONAL MAINTENANCE</b> Planning Educational Programs • State and Local Newsletters • Civic Engagement • Planning/Participation in State & National Conferences	<b>9,160</b>	<b>48,228</b>	<b>\$185,490.00</b>
<b>TOTAL</b>	<b>19,698</b>	<b>108,616</b>	<b>\$398,884.50</b>

Members volunteered a total of 19,698 hours at \$20.25/hour which totaled \$398,884.50 reaching 108,616 people. With material contributions totaling \$40,183.00 added to manpower hours, Hawaii FCE's total contributions were **\$439,067.50** in 2010.

## FCL Training

FCL, or Family Community Leadership, is an educational program designed for people who want to make a difference in their communities. The trainings offered by FCL are designed to empower people to generate actions and realize goals that will make their community a better place to live. The trainings are also designed to increase their awareness and involvement as citizens in the community decision-making process.

Since its formation in 1981, FCL has trained over 17,000 individuals in Hawaii. Annually, FCL volunteers contribute thousands of hours of service to their communities in the state.

Hawaii is one of the six original FCL project states in the nation. The W.K. Kellogg Foundation provided the initial funding for FCL, and now the program is sponsored jointly by the University of Hawaii College of Tropical Agriculture and Human Resources Cooperative Extension Service and the Hawaii Association for Family & Community Education (FCE).

Family Community Leadership offers a wealth of training and resource materials in leadership skills, group process, issue identification and analysis, public policy education, volunteer management and how to teach adults.

During the summer of 2010, sixteen FCE members and members of the public received three 12 hour days of FCL training in Hilo, Hawaii under the guidance of state FCL Coordinator, Jean Young and a core of four volunteer trainers. They were assisted in logistical support by a group of 10 FCE members. The age range of the trainees was 17 to 70's with professions ranging from medical doctor to stay-at-home-mom and student. The results of the training manifested itself in empowered employees, volunteers, and family members who gained the knowledge and tools to make a difference in their lives, in their families and in their communities.

Each year Hawaii FCE recognizes a former FCL graduate for his/her work in the community using the FCL skills they have gained. The "Spirit of FCL" awardee can also be recognized at a national level by the National Association for Family & Community Education. Since 1999, five Hawaii FCE members have been recognized at the national level for their community projects.

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*(photos from top to bottom): Delfa Dumarán, Maiva Blaisdell and Sharon Beauchan listen during one of the lectures; Kalei Tong draws an ipu during a small group exercise while Milo Ferreria looks on; Maiva Blaisdell, Linda Cholos and Lillian Tim Sing participate in a Bonding exercise; and the graduates on FCL Training Graduation Day.*



## FCE CREED

I believe in striving for the highest ideals  
of home life by having a sound body,  
a clear mind and a generous spirit.

I believe in friendly neighborliness and  
understanding of ideas and customs of races  
that are different from my own.

I believe in building a peaceful home,  
working through my community and country  
for a peaceful world.



Hawai'i Association For Family & Community Education  
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