

# Hawai'i Association For Family & Community Education

## 2008 Annual Report

# Living the Aloha Spirit



## The Hawai'i FCE Mission Statement

The mission of the Hawai'i Association For Family & Community Education is "Living the Aloha Spirit" to strengthen Individuals, Families and Communities through Continuing Education, Developing Leadership, and Community Action.

## About the Cover



Sue Ota watches as Fire Fighter Moraes checks Betty Wung's blood pressure at the Annual FCE Fair.



FCE members Jared Cambra and Atriel Tanaka demonstrate how to make a First Aid Kit.



Helen Tamashiro and Pukalani Club members celebrate fellow member, Yoshiko Maeda's 90<sup>th</sup> birthday.

Annual Report Prepared By:  
Katsuko Enoki, Denise Smith & Audrey Tamashiro-Kamii



Aloha!

Members of the Hawaii Association For Family & Community Education have continued to live the “Aloha Spirit” in their involvement with individuals, families, and the communities they serve. We are sharing a glimpse of our activities in 2008 through the pictures and articles in this report.

We are one of 22 states with 6,940 members who belong to the National Association For Family & Community Education established in 1937. Our roots include members who worked and supported food safety i.e., pasteurization of milk, hot lunches for our children, bookmobile libraries for rural areas, national safety programs, promotion of immunizations to wipe out childhood diseases, and development of local public health services. Recent programs have been involved with children and television, literacy, environment, family, and public policy issues.

We promoted CHARACTER COUNTS!, a national art and essay contest for 4th graders which teaches character development to children using the six core ethical values: trustworthiness, respect, responsibility, fairness, caring and citizenship. Our 5 educational areas are Health Issues, Home and Community Environment, International, Leadership, and Youth Education. Our Hearth Fire Series of books include cooking, health promotion, travel, etiquette, quality media, lobbying, resolving conflict, learning heritage skills, and much more!

Our state project for the year was promoting the Na Tutu (Grandparents Raising Grandchildren) project. We educated grandparents and schools about the Education and Medical Consent Acts advocated by FCE members, in partnership with organizations and agencies concerned with issues facing the care giving of minor children. In Hawaii, 14,029 grandparents report they are responsible for their grandchildren living with them.

We belong to the Associated Country Women of the World helping women worldwide to lead better lives. The 459 members in Hawaii can certainly be proud that we have had opportunities to touch people's lives not only in our local communities but throughout the world!

IMUA! We continue to go forth and make a difference!

*Katsuko Enoki*

President 2007 - 2008

## HAWAII ASSOCIATION FOR FAMILY & COMMUNITY EDUCATION

Hawaii Association For Family & Community Education (FCE) is a non-profit volunteer organization with 9 councils comprised of 43 clubs with a total of 459 members on the islands of Hawaii, Kauai, Maui, Molokai, and Oahu.

Since its organization in January of 1949, Hawaii FCE has maintained its strong ties with the Cooperative Extension Service, College of Tropical Agriculture and Human Resources (CTAHR), University of Hawaii at Manoa. Hawaii FCE is a member of the National Association For Family & Community Education (NAFCE) with a membership of 6,940 in 22 states. We also maintain affiliation with the Associated Country Women of the World as a Non-Governmental Organization (NGO) with consultative status to the United Nations.

Our members are dedicated to the FCE concept of learning and then sharing what we learn with our families and our communities. Our members have seen numerous name changes over the years in our organization but we continue to thrive and work to improve lives and communities.

Our association with such agencies as the CHARACTER COUNTS! Coalition, Excellence in Media, Citizens Task Force on Television Violence, American Association of Family and Consumer Science, and the Literacy Volunteers of America provides resources and literature to help families better their lives. Our Family Community Leadership (FCL) program has trained members and non-members alike to take active roles in their neighborhoods, their work places, community agencies, their churches, and in their volunteer efforts. We are committed to making a difference ~ one step at a time ~ for a better Hawaii and a better nation.





Hawaii FCE Mid-Year Board Meeting

## HAWAII FCE BOARD OF DIRECTORS

<i>President</i>	Katsuko Enoki	<i>Treasurer</i>	Bernie Tangalin
<i>Vice President</i>	Diane Hultman	<i>Historian</i>	Susan Yee
<i>Secretary</i>	Marian Matsuda		

## COUNCIL PRESIDENTS

<i>Hamakua</i>	Jodean Dela Cruz	<i>Molokai</i>	Gladys Brown
<i>Hilo</i>	Carolyn Sewake	<i>South Oahu</i>	Alice Kim
<i>Kauai</i>	Gladys Fujiuchi	<i>West Oahu</i>	Barbara Nishizawa
<i>Kona</i>	Rose Mesick	<i>Windward Oahu</i>	Consuelo Cabasag
<i>Maui</i>	Ruth Yamamura		

## EDUCATION COMMITTEE CHAIRS

<i>Health Issues</i>	June Tom
<i>Home and Community Environment</i>	Gay Okada
<i>International</i>	Lauretta Hadama
<i>Leadership Skills</i>	Aimee Nakasone
<i>Youth Education</i>	Mary Takeshita

## COMMITTEE CHAIRS

<i>Bylaws</i>	Dr. Jacqueline Maly	<i>Newsletter</i>	Oarlene Wingate
<i>Convention 2008</i>	Gladys Fujiuchi	<i>Nominating</i>	Marian Matsuda
	Sanae Morita	<i>Trimble Foundation</i>	Susan Yee
<i>Education</i>	Diane Hultman	<i>Trimble Distribution</i>	Betty Toda
<i>Finance</i>	Bernie Tangalin	<i>Ways &amp; Means</i>	Margaret Carvalho
<i>Membership</i>	Denise Smith		



## The Spirit of Family Community Leadership Susan Yee

The Spirit of Family Community Leadership award is given to someone who has taken Family Community Leadership training and has provided education and leadership to a community group beyond the membership of FCE within the past three years.

An active member for 37 years, Susan Yee has been involved on the club, council, state and national levels in significant leadership positions. She attended 3 Western Region Family Community Leadership (FCL) training conferences, came back to Hawaii and became involved with programs such as “Day at the State Capitol” and “Hawaii FCL State Institutes.” Susan has a good understanding of the legislative process, public policy, leadership development, and communication skills.

Susan Yee received her FCL Leader Certification and Trainer Certification from the National Association For Family & Community Education (FCE) in 2007. She has mentored and influenced her 4H group to seek legislation for a roadway for the Pearl City Urban Garden Center which is well utilized by the Oahu Cooperative Extension Service and the public. Working with the youth in 4H, young parents in the expanded nutrition program, and Hawaii FCE members, Susan has helped many develop self confidence, regain their self esteem, and made them realize they can be responsible, contributing members of society. Susan serves as Hawaii Association For Family & Community Education (Hawaii FCE) past president and will serve on the National Board as Western Region Public Policy Coordinator.

Born on Oahu, Susan graduated from Farrington High School. She did clerical work for several companies. She retired from Expanded Food and Nutrition Education Program (EFNEP), as program assistant for 11 years. Susan enrolled in the National family membership program which added her husband Ted and daughter Theodene to our FCE membership. Married over 40 years, Susan and Ted have 4 children and 6 grandchildren, their pride and joy!





## Hawaii's Extraordinary Woman of FCE Dr. Jacqueline Maly

For the first time, this year FCE celebrated outstanding women ~one from each state~ at the National Family and Community Education Conference. Hawaii submitted Dr. Jacqueline Maly as Hawaii's Extraordinary Woman of FCE. Jacquie is a 35 year member of FCE and has held every office at every level of the organization in Hawaii. She served on the National FCE Board for 8 years. Outside of FCE, she has been a science teacher at UH, Windward Community College (WCC), served on the board of the Women's Campus Club, and does presentations at the Imaginarium (Planetarium) and Aerospace Lab at WCC. She formed a retirees' group at WCC, is a member of the Board of PACT (Parents and Children Together), and has coordinated "Family Science Night". She volunteers at the Bishop Museum, was the first woman to join the Kiwanis, became the first woman president and was elected Lt. Governor of Kiwanis for Hawaii. Currently she is working with young students to encourage them to do community service. We are so grateful for Jacquie's sharing of her love for education and science enrichment!



## Hawaii's Heart of FCE Mollie Chun

This award pays special tribute to the "unsung grass-roots" member who has made a difference in her community through FCE. This year Mollie Chun was recognized as Hawaii's Heart of FCE at the National Conference in Burlington, Vermont with proud husband and FCE member, Harvy, witnessing the event! This was the 6th National Conference they have attended together.

As a 27 year charter member of Kulaimano FCE Club, Mollie has gained the respect from the membership by being an exceptional role model. She has been able to outreach to members of her community through her work as co-chair of the Hilo FCE Quilt Workshop. Under her leadership the group has annually made and distributed 80 to 100 patchwork quilts, lap blankets and bibs to the homebound elderly, extended care facilities and homeless shelters. She has also sewn and donated many quilts that were raffled off as fundraisers. Mollie is Hawaii's "Heart of FCE", for she is a shining example of a grassroots FCE member.

## Cooperative Extension Service Educators



Joan Chong  
Hawaii County



Heather Greenwood  
Maui County



Rhoda Yoshino  
Oahu



Jean Young  
FCE State Advisor  
FCL Coordinator

## Members Honored 60 Years of Service

Florence Fergerstrom - Hilo

Masae Saito - Hilo

Masako Ishii - Kauai

Eiko Muranaka - Kauai

Gladys Tashiro - Kauai

Marian Watanabe - Maui



## Hawai'i Association For Family & Community Education, Inc.

### Statement of Assets, Liabilities and Fund Balances

Cash Basis - December 31, 2008

#### Current Assets

Cash in Bank	\$ 15,598
Savings Accounts & Certificates of Deposit	\$ 45,315
History/Quilt Books & State Pins	\$ 1,415
<b>Total .....</b>	<b>\$62,328</b>

#### Current Liabilities

\$ 0

**Total Liabilities & Fund Balance ..... \$62,328**

#### Support and Revenues

Membership Dues	\$ 4,085
Investment Revenues	\$ 1,826
Donations & Fund Raising	\$ 9,162
<b>Total .....</b>	<b>\$15,073</b>

#### Expenses

Program Development & Implementation	\$ 27,483
International Support & Donations	\$ 184
FCL Support	\$ 500
Leadership Development	\$ 810
<b>Total .....</b>	<b>\$28,977</b>

#### Excess of Expenses

**Over Support & Revenue \$13,904**



# Total State FCE Scholarships and Donations Awarded in 2008 \$5,460

## TRIMBLE FOUNDATION

The Trimble Foundation honors Alice P. Trimble, who helped organize the County Extension Council in 1947 and served as the first Cooperative Extension State Leader for the FCE organization in Hawaii. Donations are accepted and invested with income distributions awarded each year to applicants meeting the requirements.

### 2008 Scholarship Recipient

Diane Bodhi Searles \$1,000

### 2008 Grant Recipient

Hawaii Island Anti-Bullying Coalition \$1,500

To make a donation or apply for the Trimble Foundation Program, send your inquiries to:

**Trimble Foundation**  
P.O. Box 7066, Hilo, HI 96720



## Trimble Distribution Committee Members



Front row (l to r)

Meleen Corenevsky	Bank of Hawaii, Trimble Trust
Betty Toda	Oahu, Chair
Susan Yee	Past President, Secretary
Pasita Pladera	Maui/Molokai

Back row (l to r)

Jean Young	FCE State Advisor
Jodean Dela Cruz	Hawaii
Gladys Fujiuchi	Kauai

## MAUI FCE

Maui FCE awarded \$1,000 scholarships to two 2008 Maui high school graduates and donated a total of \$960 to six organizations. Scholarship and donation funds are generated through the sale of Maui FCE cookbooks.

### 2008 Scholarships to Graduating Seniors



**Chaclyn Barut**  
Carnegie Mellon  
\$1,000



**Dominique Valencia**  
Washington State  
\$1,000

### Recipient Organizations

- Community Work Day
- Hale Makua (elder care)
- Maui County Fair - Homemakers Exhibit
- Maui Food Bank
- PBS Television
- Trimble Foundation



Maui FCE members (l to r) Yoshiko Maeda, Katsuko Enoki and Margaret Raymond present Lynn Curtis, Maui Food Bank Agency Relations Coordinator with a check and donated food items.



Family  
Community  
Leadership

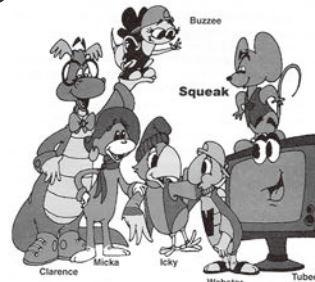
“Together We Make a Difference” is the theme for the FCL program. To help strengthen and build individuals, family, and communities, FCL conducted the following activities:

A **mini reunion and training** was held in Hilo on August 2, 2008, attracting 35 FCL graduates and FCE members. Hawaii Community College faculty Sandi Claveria presented a high tech version of *Ho’āla Hou*, “reawakening the spirit from within”. Participants enjoyed the training so much, plans are underway for a FCE/FCL joint training in Summer 2010. Since its inception in 1981, FCL has trained over 22,000 individuals in the state of Hawaii. FCL State Coordinator Jean Young oversees the program.

The first **Asia Pacific Volunteer Leadership Conference** attracted participants from 11 countries at the Hawaii Convention Center in September 2008. FCL was one of the partner organizations helping organize 42 concurrent workshops covering four conference tracks, featuring volunteer management, emergency preparedness, working with the elderly, and peace education. There were 9 representatives of Hawaii FCE in attendance.

**Alaka’i Academy** was held in Ka’u on the Big Isle for 24 community leaders attending three training weekends in Fall 2008. FCL teamed with 4 other agencies to put on the ambitious training. FCE member Denise Smith served as a member of the FCL State Design Team.

## CHARACTER COUNTS! Essay and Artwork Contest



The objective of this contest held statewide and on the national level is to promote ethics among children using the “Six Pillars of Character” (responsibility, fairness, caring, citizenship, trustworthiness, and respect). It also encourages students to improve their writing and drawing skill, creates public awareness in the achievement of students, and offers an opportunity for local FCE members to participate in a nationwide project. Any current 4th grade student attending a public, private or home school is eligible to participate in the contest which begins September 1 and runs through March 1.

## Candidates’ Nights



Candidates’ Nights were hosted by Windward Oahu and Hilo FCE Councils. The events drew a total of 200 people in attendance, attracting a diverse group of candidates, interested persons from the community and FCE members. Attendees had the opportunity to hear key issues, meet the candidates and ask questions.

## Books for Newborns

Kauai Council participated in “Books for Newborns”, a National Family Community Education program to encourage reading to children at an early age and enhancing their literacy skills. 52 books were distributed, and 30 people were reached, with a cost of \$200.00.

## Na Tutu Grandparents Raising Grandchildren



*Jackie Chong giving a presentation on Na Tutu*

In Hawaii 14,029 grandparents report that they are responsible for grandchildren living with them. 22% of these grandparents live in households without the children’s parents present. In the early 2000s, FCE members formed a coalition to write bills that would assist these grandparents with the care of their grandchildren. FCE members wrote, refined, and promoted these bills. With the passage of Act 99, 2003 Legislative Session – Education consent and Act 208, 2005 Legislative Session – Medical consent, much has been accomplished. FCE members actively continue to support this state project by disseminating information to grandparents and schools regarding the education and medical consent laws. In March of 2008, FCE members participated in the Caregiver Health

and Resource Fair. This event included exhibits and displays and was held on the State Capitol grounds. Legislators were visited as part of this event.

## Health & Nutrition Issues



*Eleanora Cadinha doing a cooking demonstration*

Hawaii FCE clubs held workshops on Healthy Salads, Germ Awareness, Soy Products, Diabetes, Massage, Mind Writing, Superfoods, Walking, Healthy Living, Brain Exercises, Nutrition and Healthy Aging, Brain Gym, Care Management, and Healing through Humor.

## Sew Fun

Sew Fun classes for children started in 2008 in Hamakua. Sessions were held weekly throughout the school year. The students learned to sew “jams”, potholders, pillow cases, cover notebooks, and make a small quilt. Hamakua FCE members are in the process of buying 10 new sewing machines through a grant. The children will also learn to make blankets for area shelter residents.

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“Learn everything you can, anytime you can, from anyone you can - there will always come a time when you will be grateful you did.”

--Sarah Caldwell

■ Programs: Strengthening Communities

## The ServiceNation Day of Action

September 27, 2008, was designated nationwide as a day of action. Sixty-six Hawaii FCE members from 6 councils participated. This project involved over 60 events statewide and over 2,700 events nationwide. Hawaii's efforts made our state #1 in the nation in the number of events per capita.

The Day of Action was held to promote volunteerism as a way to improve our communities and help to solve problems within our neighborhoods. It was heart-warming to hear of the kind and generous giving of our members' time, talents, and money to their families, friends, neighbors,

and the community. A total of 420 hours and \$925.51 were spent.

## Caring for Our Kupuna



Windward Oahu Council accompanied by Santa and Mrs. Claus (FCE's Barbara Sheeder), donated lap blankets and bibs to 2 nursing homes in Kaneohe, Oahu.

## Hawai'i FCE is ...



"The work of volunteers impacts on all our lives, even if we are not aware of it." --Anthony Worrall-Thompson

## CONTRIBUTIONS FOR A BETTER HAWAII 2008

PROGRAM AREA	HOURS VOLUNTEERED	MEMBERS & NON-MEMBERS REACHED	CONTRIBUTIONS CALCULATED AT \$20.25/HOUR
<b>LEADERSHIP SKILLS</b> Leader Opportunity Training • FCL Training • Installation of Officers • Team Building • Envisioning • Fundraising Activities • Candidates' Forums (Hilo & Windward Oahu)	<b>8,969</b>	<b>46,861</b>	<b>\$181,622.25</b>
<b>HEALTH ISSUES</b> Workshops on Nutrition & Exercise • Healthy Heart Talk • Food Safety • Healthy Salads • Cancer & Diabetes Prevention • Sarcopenia • Rest & Recuperation	<b>670</b>	<b>7,976</b>	<b>\$13,567.50</b>
<b>INTERNATIONAL PROJECTS</b> International Foods • Japanese Culture • Molokai Culture Holiday • History of Teas and Coffee • Tour of Waiola Tea Room • Kauai Coffee of the World • Experience of "High Tea"	<b>599</b>	<b>5,198</b>	<b>\$12,129.75</b>
<b>CHARACTER COUNTS! ESSAY &amp; ARTWORK CONTEST</b> Character Building Lessons, Writing & Drawing Skills Enhancement	<b>530</b>	<b>16,173</b>	<b>\$10,732.50</b>
<b>YOUTH EDUCATION</b> Books for Newborns • Na Tutu (Grandparents Raising Grandchildren) • 4H Food Show • Basic Sewing for Teens • School Supply Distribution • Read to Me Program	<b>1,135</b>	<b>25,077</b>	<b>\$22,983.75</b>
<b>HOME &amp; COMMUNITY ENVIRONMENT</b> Cooking Demonstrations • Recycling • Cultural & Holiday Crafts • Environment/Gardening • Fire Safety • Identity Theft • Donation of Clothes & Food to Homeless Centers • ServiceNation Project	<b>3,461</b>	<b>4,185</b>	<b>\$70,085.25</b>
<b>BUILDING MEMBERSHIP</b> County Fair • Senior Fair • Thrive Committee • Membership Building Meeting • Printing of New Brochures on FCE	<b>466</b>	<b>20,614</b>	<b>\$9,436.50</b>
<b>PROGRAM COORDINATION &amp; ORGANIZATIONAL MAINTENANCE</b> Planning Educational Programs • State & Local Newsletters • Civic Engagement • Planning/Participation in State & National Conferences • Visits to Maui Mayor, Dean and Associate Dean, College of Tropical Agriculture and Human Resources (CTAHR)	<b>9,208</b>	<b>6,283</b>	<b>\$186,462.00</b>
<b>TOTAL</b>	<b>25,038</b>	<b>132,367</b>	<b>\$507,019.50</b>

Members volunteered a total of 25,038 hours at \$20.25/hour which totaled \$507,019.50 reaching 132,367 people. With material contributions totaling \$43,769.00 added to manpower hours, Hawaii FCE's total contributions were **\$550,788.50** in 2008!

## Partnering with CTAHR College of Tropical Agriculture and Human Resources

President Katsuko Enoki and State Secretary Marian Matsuda paid a visit on August 28<sup>th</sup> to Dean Andrew Hashimoto and Associate Dean Wayne Nishijima of the College of Tropical Agriculture and Human Resources (CTAHR) to advise them of current Hawaii FCE programs and reinforce the continuing partnership of CTAHR and FCE.



(l to r) Katsuko Enoki and Marian Matsuda with Andrew Hashimoto, Dean and Director of CTAHR.



(l to r) Marian Matsuda, Katsuko Enoki, and Wayne Nishijima, Associate Dean of CTAHR / Associate Director for Cooperative Extension.

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“Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has.”

--Margaret Mead

## National FCE Week



(l to r) Helen Tamashiro, Katsuko Enoki, Ruth Yamamura, and Mayor Charmaine Tavares.

On October 15, 2008, Maui County Mayor Charmaine Tavares signed a proclamation declaring October 12-18 as Family Community Education Week. The Mayor was very impressed with the community activities of Hawaii FCE and thanked the organization for serving the state of Hawaii for 59 years.

## Hawaii FCE Website



Thanks to Marian Matsuda and her son-in-law, Paul St. Ledger, Hawaii FCE now has a website with links to the National FCE website. Future plans include posting the quarterly Hawaii FCE newsletter, *The Homemaker Echo*, online. For the latest Hawaii FCE information visit:

[www.hafce.org](http://www.hafce.org)

## FCE CREED

I believe in striving for the highest ideals  
of home life by having a sound body,  
a clear mind and a generous spirit.

I believe in friendly neighborliness and  
understanding of ideas and customs of races  
that are different from my own.

I believe in building a peaceful home,  
working through my community and country  
for a peaceful world.



Hawai'i Association For Family & Community Education  
Katsuko Enoki, President  
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