2015 NAFCE Spirit of FCL

Katsuko (Kats) Enoki is a long time FCE member from Pukulani, Maui. She received some of her FCL training at several National FCE conferences and at workshops in Hawaii. She has put the skills she learned at these training sessions to good use in her position as Hawaii State President (2007 – 2008) and as a co-teacher for the "Powerful Tools for Caregivers" workshops which were held in Maui, in 2012. Kats is a member of a small group of 8-10 people (men and women) meeting weekly to study the Bible. Due to sudden illness and death, the group was without a host and leader. While praying for someone to step up, Kats felt convicted when God asked "why not you?" She



stepped in to offer her home and facilitate the small group. Instead of didactic presentations, Kats introduced the concept of facilitation and group process. She did not force anyone and offered other roles i.e. timer, recorder, prayer, and encourager. She provided education and leadership using bonding exercises, conflict resolution, delegation, teaching, and listening. Although many were frail and elderly, the members were willing and eager to help feed the homeless and with fundraising for missionaries.

Members not only attended Po'okela Church but worshipped at Baptist, Lutheran, Catholic, Mormon, and 7th Day Adventist churches. The group was agreeable to the proposed rotation of a facilitator role. Kats explained the facilitation process she learned through Family Community Leadership (FCL) in Hilo and at National conferences. Some members were familiar; others were willing to try the process. She did not force anyone not ready to be a facilitator. She used FCL techniques to work with members who tend to monopolize the conversation and those with distracting behaviors. She provided education and leadership using bonding exercises, delegation, teaching, and listening and being a role model. The outcomes achieved were that members felt comfortable with facilitation and were actively participating in church wide events.

Today there are 21 members: the youngest is 57 years old, there are 5 in their 60's, 5 in 70's, 7 in 80's, and 3 in their 90's. The meeting site is now at a church fellowship hall due to the size of the group. The final outcome is that those comfortable with facilitation are agreeable to rotate this role and have done so. When others try it for the first time, members are quick to encourage and praise their efforts. Members are bonded working and studying together and fellowshipping at weekly potlucks. The group shops, cooks, and serves one dinner annually to the homeless. Members help with the monthly rummage sales and annual bazaar. Funds from one monthly rummage are designated to help fund missionaries.

Initially Kats wanted to keep the group from abandoning and now she sees the members grow spiritually, studying and learning the Bible, loving God and others, thanks to her FCL skills!

Congratulations Kats!