



*E Ho'ōla
Me Ke
Aloha*

Giving Life with Love

65th Annual Convention

Hawaii Association for
Family and Community
Education

October 16-18, 2015

Hilo Hawaiian Hotel



E Ho'ola Me Ke Aloha - Giving Life with Love
65st Hawaii FCE Convention
October 16-18, 2015
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TENTATIVE SCHEDULE

Friday, October 16, 2015

<i>Time</i>	<i>Activity</i>
9:00 – 10:00 am	State Executive Officers Meeting
10:00 am – 12:00 pm	Board Meeting – State Executive Officers, Education Chairs, Standing and Special Committee Chairs, Council Presidents and Advisors
12:00 – 1:00 pm	Lunch on Your Own
12:00 – 4:00 pm	Registration & Information Quality Gift & Ticket Stub Drop-off Memorial Picture Drop-off Set up of displays in meeting room
1:30 – 3:00 pm	Council Presidents, Vice Presidents, and Education Chairs Meeting
5:00 – 6:00 pm	Pre-Convention Workshop – Hermeneutics Dr. Sandra Claveria, Assistant Professor, Hawaii Community College
6:00 – 6:15 pm	Processional Line Up
6:15 – 9:00 pm	Opening Session, Dinner and Awards

Saturday, October 17, 2015

<i>Time</i>	<i>Activity</i>
7:30 – 9:00 am	First Timers Breakfast Past Presidents Breakfast
8:00 – 10:00 am	Registration
7:00 am – 12:30 pm	Fun Workshop – Downtown Hilo Experience <i>Pre-arranged Transportation to downtown Hilo – meet in Lobby</i> Breakfast and Lunch on Your Own
1:30 – 3:30 pm	Business Meeting - State Exec. Officers, Education Chairs, Standing and Special Committee Chairs, Council Presidents, Council Vice Presidents, Convention Delegates, Convention Attendees and Advisors
5:30 pm	Picture Taking
6:00 – 9:00 pm	Installation Dinner & Fun Night

Sunday, October 18, 2015

<i>Time</i>	<i>Activity</i>
7:00 – 8:00 am	Convention Attendees – Breakfast on Your Own
7:30 – 8:00 am	Set up for Memorial Service
8:00 – 9:00 am	Memorial Service
9:00 – 11:00 am	Educational Workshop – Blue Zone
11:30 am – 1:00 pm	Friendship Luncheon
1:30 – 2:30 pm	Convention Committee Evaluation Meeting <i>Pre-Arranged Transportation to Airport – Meet in Lobby</i>
3:00 – 4:00 pm	Executive Board Meeting

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CONVENTION INFORMATION

Please read through packet as there is lots of information!

Convention Registration:

Registration Deadline: Postmarked by July 15, 2015

Cancellation Deadline: Postmarked by September 15, 2015

Registration Postmarked after July 15, 2015 will be an additional \$40.00.

Registration Form: Please fill out the registration form. Make two copies and keep a copy of the form for your records. Mail one copy with your check, payable to **2015 Hawaii FCE Convention**, to Rose Vierra, P.O. Box 4203, Hilo, Hawaii 96720.

Special Package: \$160.00 includes your Registration Fee, Friday's Awards Dinner, Saturday Installation Banquet, Workshop Fees, Sunday's Friendship Lunch and a convention bag.

One-Day Convention Registration: The registration for a single day attendance is \$50.00 plus Ala Carte items of your choice.

Guests: Guests for meals are welcomed . . . please use a separate Convention Registration form, mark that they are a guest, indicate the meals under the Ala Carte section and include the form and payment of guest meals with your registration.

***Convention Registration, Special Package, Meals, and Workshop fees will not be refunded if cancellation is postmarked after September 15, 2015. However, they may be transferred to another person.*

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**Centerpieces and Favors:** Because we are trying to simplify this convention, all favors and centerpieces will be provided by Hilo Council.

**Convention Ads:** Celebrate your outstanding members, program accomplishments or club/council achievements by placing an ad in the 2015 Hawaii FCE Convention Program Book. Please refer to the Convention Book Ads Sale page for information.

**Convention Bags:** Convention bags will be provided for all registrants.

**Council Display:** We would love to see what you are doing in your clubs and councils. Instructions for a display are in your packet.

**Educational Workshop:** We will introduce you to the Blue Zone Project. The Blue Zones' Personal Pledge can help us make healthier choices in our own homes and personal lives. From moving naturally more often to eating more vegetables; from connecting with our neighbors to finding individual purpose in our lives; making small changes in our kitchens, bedrooms, and daily routines, can encourage changes that lead to living longer, happier, and healthier lives.



**First Timers Breakfast:** Please indicate on the registration form if this is the first Hawaii FCE Convention that you are attending.

**Fun Workshop – Downtown Hilo Experience:** This convention's fun workshop is experiencing the museums, art galleries, unique shops, restaurants, and the local favorite, the Hilo Farmers Market in historic downtown Hilo. It is an easy walk from the hotel ... about 1.5 miles; a great way to get your walking in. If walking is not for you, please indicate your transportation request for the Downtown Hilo Experience on the registration form or email Warren at [jw.chong@hawaiiantel.net](mailto:jw.chong@hawaiiantel.net) by October 1st so arrangements can be made for you.

**Fun Night: Enjoy what the Convention Committee has planned for you!**

**Hotel Registration:** Please make your reservations directly with the hotel. We have a special group room rate of \$120 for Garden view and \$140 for Ocean view, plus applicable taxes. Maximum occupancy is 4 persons using existing beds. See the hotel registration form provided in the packet for more information. If you need special accommodations, e. g., a room close to an elevator, please contact the hotel. We urge you to stay at the Hilo Hawaiian Hotel. There will be a \$25.00 surcharge for those who choose to stay elsewhere. Tipping is at the discretion of the individual. Parking is free.

**Memorial Service:** Please submit the name and information of the member(s) who have passed on since the **2013** Convention, one form per member. Please drop off picture of deceased member at the registration table.

**On-site Registration hours:**    Friday, October 16, 2015                      **noon to 4:00 p.m.**  
                                                 Saturday, October 17, 2015                      **8:00 – 10:00 a.m.**

**Past President's Breakfast:** Hawaii FCE State Past Presidents are encouraged to attend the breakfast. Please indicate on the registration form if you are attending.

**Picture Taking:** *Everyone is requested to be at the picture taking site before 5:30 p.m. on Saturday.*

**Quality Gifts:** Please drop off your quality gifts and stubs of your tickets at the registration table on Friday, October 16, 2015. Please look for the sign: Drop your Quality Gifts Here.

**Resolutions:** If your council would like to submit a resolution, please follow the instructions on the Resolutions page. Deadline for submission is July 1, 2015.

**Transportation:** If you need transportation to and/or from the airport, please fill out the transportation page. We will need your flight information by October 1, 2015. One way - \$2.50; roundtrip - \$5.00. Please include payment with your registration form.

**\*\*Reminder:** Please bring a sweater or jacket as the rooms may be cold.

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**CONVENTION REGISTRATION FORM**

Name \_\_\_\_\_ Phone No. \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Council \_\_\_\_\_ Club \_\_\_\_\_ Email \_\_\_\_\_

**Please mark with an X all that apply**     Member     Delegate     Advisor

Guest of \_\_\_\_\_

Hawaii FCE State Past President     First Timer at Convention

Board of Directors Member (State Exec. Officer, Educ. Chair, Standing and Special Committee Chair, Council President, Advisor)

| Please check all that apply to you                                         | Yes | No |
|----------------------------------------------------------------------------|-----|----|
| I am registered at the Hilo Hawaiian                                       |     |    |
| I will attend Saturday's Hawaii FCE State Past President's Breakfast       |     |    |
| I will attend Saturday's First Timer's Breakfast                           |     |    |
| I will attend Sunday's Friendship Lunch                                    |     |    |
| I will need a ride to and from the Downtown Hilo Experience (Fun Workshop) |     |    |

**Please indicate your choice by placing the cost in the Amount column**

| Special Package                                                                                                                                                                                                   | Cost/pp          | Amount |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|--------|
| <b>Special FCE Member Package: Includes Registration Fee, Friday's Awards Dinner, Workshop Fees, Saturday's Installation Banquet, Sunday's Friendship Lunch, and Convention Bag (postmarked by July 15, 2015)</b> | \$160            |        |
| <b>FCE Membership Registration postmarked between July 16 – October 1, 2015</b>                                                                                                                                   | \$200            |        |
| Ala Carte Items                                                                                                                                                                                                   |                  |        |
| One-Day Conference Registration Fee:                                                                                                                                                                              | \$50             |        |
| Workshop Fee                                                                                                                                                                                                      | \$10             |        |
| Friday's Award Dinner                                                                                                                                                                                             | \$50             |        |
| Saturday's Installation Banquet                                                                                                                                                                                   | \$50             |        |
| Sunday's Friendship Lunch                                                                                                                                                                                         | \$35             |        |
| Hotel Surcharge Fee (if not staying at hotel)                                                                                                                                                                     | \$25             |        |
| Transportation to and from hotel/airport: (\$2.50 one-way, \$5.00 round-trip)                                                                                                                                     | \$2.50 or \$5.00 |        |
| <b>Total Cost</b>                                                                                                                                                                                                 |                  |        |

Emergency Contact: Name \_\_\_\_\_ Phone \_\_\_\_\_

**REGISTRATION DEADLINE: July 15, 2015. Make checks payable to 2015 Hawaii FCE Convention.**

Please print out two copies of your registration. Send one copy with your check to: Rose Vierra  
 P. O. Box 4203  
 Hilo, HI 96720

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**DISPLAY FORM**

**REQUIREMENTS:**

1. Displays by Club / Council / or a Group associated with Hawaii FCE.
2. Can be poster, digital photographs, scrapbook, etc. to celebrate your Council or Club activities.
3. Your activities can also be shared via "flash drive". Photos will be shown throughout the convention.
4. Show accomplishments, significant events, or community outreach during the past three years (2012-2015).

**SET-UP:** Friday, October 16, 2015 at Convention meeting room from 12:00 to 4:00pm

**DISPLAY:** Please pick up your display after Sunday's Friendship Lunch.

***Please print in CAPS.***

Club Name \_\_\_\_\_

Council \_\_\_\_\_

Group Name \_\_\_\_\_

Contact Person or Person in Charge \_\_\_\_\_

Email: \_\_\_\_\_ Phone No. \_\_\_\_\_

Display type and brief description:

\_\_\_\_ Poster

\_\_\_\_ Scrap book

\_\_\_\_ Flash drive

\_\_\_\_ Other: \_\_\_\_\_

**Please submit this form with your registration form by July 15, 2015.**



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### ***EDUCATION WORKSHOP – BLUE ZONE***

What began as a National Geographic expedition to find the longest living cultures evolved into a finding a recipe for living longer. Researchers traveled the world to identify longevity hotspots and to learn their secrets. They called these areas Blue Zones. The people inhabiting Blue Zones share nine common lifestyle characteristics that contribute to their longevity. In these “Blue Zones” they found that people reach age 100 at rates 10 times greater than in the United States. Join us to learn more about what the world’s longest-living people can teach us.

### ***FUN WORKSHOP – DOWNTOWN HILO EXPERIENCE***

Find fun things to see and do in Historic Downtown Hilo! Here are some highlights:

**Pacific Tsunami Museum** - Hilo experienced two major Tsunamis in 1946 and 1960. The Pacific Tsunami Museum features amazing exhibits, sharing deep insights into Hilo’s past. Saturday Hours: 10:00 am to 4:00 pm. Seniors and Kama’aina Admission: \$7.00

**Mokupapapa Discovery Center** – Learn more about the Northwestern Hawaiian Islands, the coral reefs, fishes, marine animals, and the environmental challenges of the area at this FREE Ocean Discovery Center. Saturday Hours: 9:00 am to 4:00 pm.

**Kalakaua Square** - King Kalakaua, the Merrie Monarch, designated this area as the first municipal area of Hilo in the 1870’s. Visit his statue, the ancient Sun-Dial, and view the Interpretive Signage to learn more about Kalakaua Square.

**The Historic Palace Theater** - Built in 1925, the historic Palace Theater is the venue for many wonderful films, concerts, and live theater plays.

**Hilo Farmers Market** - Conceived and developed in 1988 by Richard "Mike" Rankin, the Hilo Farmers Market had a humble beginning with only four farmers who sold their goods from their parked cars and trucks. Today, the market has grown to over 200 vendors selling everything from fresh island fruits and vegetables to locally grown tropical flowers, special Big Island food products, and beautiful gifts made with Aloha.





71 Banyan Drive  
 Hilo, HI 96720  
 808-935-9361/808-961-9642  
 www.castleresorts.com

**HILO HAWAIIAN**  
 HOTEL

**Advance Reservations Form**

Client/Organization \_\_\_\_\_  
**FCE State Convention**

Time Frame \_\_\_\_\_  
 Checkin Date: Fri 10/16/2015  
 Checkout Date: Sun 10/18/2015  
 Release Date: Fri 09/04/2015  
 Group Code: HH5143

*STANDARD GARDEN VIEW ROOM: \$120.00 PLUS TAX, PER NIGHT*

*DELUXE OCEAN VIEW ROOM: \$140.00 PLUS TAX, PER NIGHT*

**ROOM COMMITMENTS**

**TERMS AND CONDITIONS**

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Arrival date: \_\_\_\_\_ Time: \_\_\_\_\_ Departure date: \_\_\_\_\_

Please indicate number of people in room: \_\_\_\_\_

STANDARD GARDEN VIEW: \_\_\_\_\_ Bedding: 1 King or 2 Doubles  
 Maximum persons: 4 with existing bedding

DELUXE OCEAN VIEW: \_\_\_\_\_ Bedding: 1 King or 2 Queens  
 Maximum persons: 4 with existing bedding

Rates are net, non-commissionable.  
 Cancellation Policy: 4 days cancel notice is required for a refund.  
 Roll away: Please add \$30.00 plus tax, per day. Roll-away(s) needed: \_\_\_\_\_  
 All rates subject to 13.4166% GE and Transient tax. Taxes subject to change without notice.  
 All rooms have a Mini Refrigerator and 4-cup Coffee Maker

To confirm your reservation, please enclose a 1 nights' deposit. If you wish to confirm with your credit card, a 1 nights' deposit of room and tax will be charged upon confirmation. Please fax to (808) 969-6472 OR Email to hhhres@castleresorts.com.

Type of credit card: \_\_\_\_\_ Number: \_\_\_\_\_

Full name on credit card: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Signature on credit card: \_\_\_\_\_

\*\*Request for rooms must be received by the release date noted above or be subject to rate and space availability.

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**MEMORIAL SERVICE**  
**Sunday, October 18, 2015**

Please submit the name(s) of your FCE members who passed away since the 2013 Hawaii FCE Convention and bring a 5" x 7" or 8" x 10" framed photo (free standing) of them. We will honor them by having your designated representative say a few words about the deceased member. Also, if you have a former member who passed away, we will remember them by including only their name and club in the program book. If you have any questions or need further information, please call Diane Hultman at 808-965-8494 or email her at [jhultman@hawaii.rr.com](mailto:jhultman@hawaii.rr.com).

Please turn in a photo of the deceased at the Registration/Information Desk on Friday, October 16, 2015.

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**MEMORIAL SERVICE FORM**  
*(Please fill out one form per person)*  
**Due September 15, 2015**

Please print in CAPS.

Name of Deceased member \_\_\_\_\_

Years in FCE \_\_\_\_\_ Club \_\_\_\_\_ Council \_\_\_\_\_

Please provide a representative who will be prepared to say a few words about the deceased member. (Approximately 2-3 minutes) State the offices held (Club, Council, State, National) and other pertinent information.

Name of Representative \_\_\_\_\_

Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

Mail this form to     Diane Hultman  
                                 PO Box 1406  
                                 Pahoa, HI 96778

Thank you for your cooperation!



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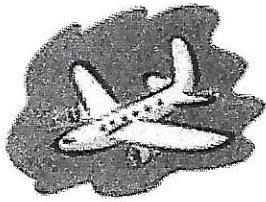
## **RESOLUTION**

If your Council would like to submit any Resolution at the Annual Business Meeting, please prepare in writing a completed document for circulation by July 1, 2015.

The Resolution Committee will distribute a copy to each council and appropriate Executive Committee member for review, two (2) months prior to the annual business meeting.

Please send your resolution(s) to:

Dr. Jacqueline Maly  
44-025 Kaimalu Place  
Kaneohe, HI 96744

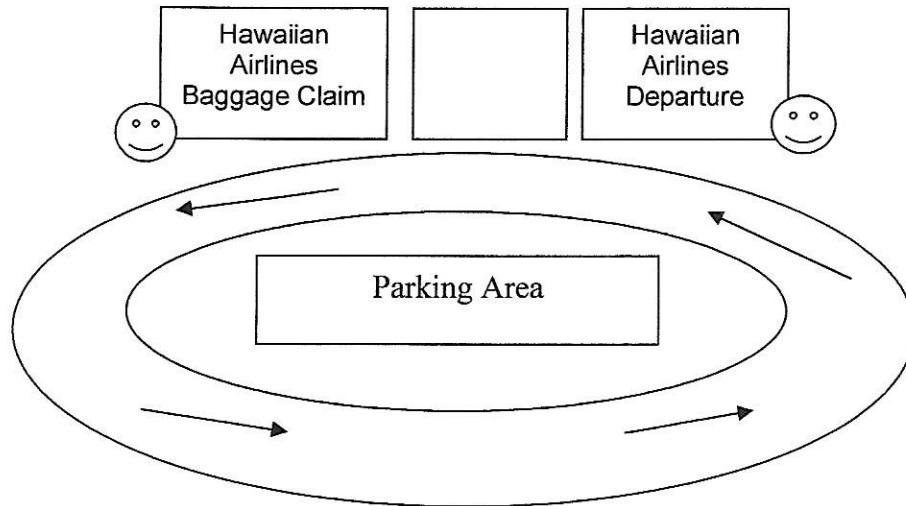


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## TRANSPORTATION

Hilo FCE will be happy to transport you from the airport to the hotel and back to the airport. Cost: \$2.50 one-way or \$5.00 round-trip. Please provide us with your arrival and departure information so we can make the necessary arrangements. Pick up upon arrival will be at curbside at the baggage claim areas. **For departure from the hotel, meet in the hotel lobby. Deadline to submit arrival/departure information: October 1, 2015. Please remit payment with your registration form.**



Name \_\_\_\_\_

Cell Phone Number \_\_\_\_\_ Email \_\_\_\_\_

Council \_\_\_\_\_

Arrival Date \_\_\_\_\_ Arrival Time \_\_\_\_\_

Airlines and Flight Number \_\_\_\_\_

\*\*\*\*\*

Departure Date: \_\_\_\_\_ Departure Time \_\_\_\_\_

Airlines and Flight Number: \_\_\_\_\_

If you have any questions, please call Warren at (808) 325-1060 or  
 email: [jw.chong@hawaiiantel.net](mailto:jw.chong@hawaiiantel.net)

Please mail to: Warren Chong  
 73-1390 Kaiminani Drive  
 Kailua-Kona, HI 96740





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**CONVENTION BOOK ADS SALE**

- \* *Announce your latest club or council achievement* \*
- \* *Celebrate your outstanding members* \*
- \* *Brag about your program accomplishments* \*
- \* *Advertise your business* \*

***Support your State Convention***  
***Do it by purchasing an ad in the 2015 Hawaii FCE Convention Book***

Ad spaces sell for \$75 for full page (8.0' x 4.5"), \$50 for half page (3.5" x 4.5")  
and \$25 for business card size (3/5" x 2.0")  
Back cover full page or inside back cover full page: \$100

Any questions, please call Robin at (808) 965-1391. Mail completed form, check payable to "2015 Hawaii FCE Convention" and camera ready copy of the ad (CD or email attachment) to:

Robin Messenheimer  
13-3366 Kaupili Street  
Pahoa, Hawaii 96778-8404  
rmessenheimer@earthlink.net

Deadline: **September 15, 2015**

\*\*\*\*\*

Please Print

Name: \_\_\_\_\_ Council: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Size: Full Page \_\_\_\_\_ Half Page \_\_\_\_\_ Business Card \_\_\_\_\_

Inside Cover or Back Cover Full Page \_\_\_\_\_