Hawaii Association For

Family & Community Education

Taking care of our community and our world



2014 Annual Report

The Hawaii FCE Mission Statement

The mission of the Hawaii Association for Family & Community Education is "Living the Aloha spirit" to strengthen Individuals, Families, and Communities through Continuing Education, Developing Leadership and Community Action.

FCE is a non-profit volunteer organization with 8 councils, 28 clubs 319 individual and family members on the islands of Hawaii, Kauai, Maui, Molokai, and Oahu. In 1949, Hawaii FCE was officially organized in Hawaii with support from the Cooperative Extension Services of the College of Tropical Agriculture and Human Resources of the University of Hawaii at Manoa. This year members will celebrate 65 years of working in their communities to improve home and family life, develop leadership skills, and promote community action. Hawaii FCE is a member of the National Association for Family & Community Education and is affiliated with the Associated Country Women of the World, a non-governmental organization (NGO) with consultative status at the United Nations. Membership is open to all interested men, women, and children regardless of age, sex, or religious affiliation.

About the Cover

The members of Kauai FCE Council show some of the many dresses they created for the Dress A Girl Around the World Program. Serving as a statewide project in 2014, FCE members throughout the state have been diligently sharing their talent and their creativity to provide as many dresses as possible to ship to countries around the world.

For more information visit our website at: <u>www.hawaiifce.org</u>

Annual Report Prepared by OarleneWingate Mahalo to Committee members: Denise Smith and Karen Hamada



State President's Message..... FCE is a nationwide organization made up of neighborhood clubs that provide opportunities for men, women and children to grow in knowledge to strengthen their families. In Hawaii, we continue to live our FCE creed striving for the highest ideals of home life, being a friendly neighbor, and building a peaceful home by working through our community, and country for a peaceful world. We continue to support community events, and agencies providing

services in Hawaii, and offer support to individuals who pursue education that benefits the health and welfare of the people of Hawaii. I know you will find pleasure reading about the creative ways our members volunteer their time to make Hawaii better.



Mílo Ferreira, President 2013 - 2014

Advisor's Message..... The Hawaii Association for Family and Community Education (Hawaii FCE) has been a strong voice in promoting a healthier and better life for individuals, families, and communities. FCE members take action on critical issues by utilizing the skills learned and tailoring the educational programs and projects to meet the needs of Hawaii's families and communities. Hawaii FCE provides:

•Continuing Education – FCE members learn current information

on family issues, health issues and other timely matters in a supportive environment and shared experience.
Developing Leadership - FCE provides training for emerging leaders and opportunities to practice techniques to develop confidence for leadership positions.
Community Action – FCE members conduct educational programs and projects that enhance family and community life. They also build partnerships within their communities.

Hawaii FCE members work collaboratively with other organizations and businesses to deliver educational programs to address healthy living, personal and home safety, environmental stewardship, finances, and leadership development to enhance and strengthen the life skills people need to improve their quality of life in Hawaii. I applaud the efforts of Hawaii FCE members who dedicate their time, talents, and energy in making a difference for Hawaii's families! These volunteers committed at least 17,000 volunteers hours in 2013 and according to the Independent Sector's Value of Volunteer Time at \$22.16 per hour; it is a contribution of more than \$376,720.00 towards a better Hawaii! I'm sure these devoted volunteers have matched or surpassed this figure in 2014. Awesome!

Joan Chong, Extension Educator



Financial Statement

Cash Basis – December 31, 2014

\$24,840

Current Assets: Cash in Checking Account Savings Account &

Certificate of Deposits History Books/Quilt Books	27,578
& Sate Pins TOTAL	<u>600</u> \$53,018
Current Liabilities:	0
TOTAL ASSETS, LIABILITIES & FUND BALANCE	\$53,018
Support and Revenues:	
Membership Dues	\$3,541
Donations, Fundraising,	
& Grants	<u>3,674</u>
TOTAL	\$ 7,215
Expenses:	
Program Development	
& Implementation	\$5,250
Leadership Development	<u>3,480</u>
TOTAL	\$ 8,730
Excess of Expenses Over	

Excess of Expenses Over

Revenue	\$1,515
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2014 Hawaii FCE State Board

Executive Officers

President	Milo Ferriera	
Vice President	Sally Bowman	
Secretary	Katherine Uehana	
Treasurer	Bernie Tangalin	
Past President	Patricia Kubo	
Parliamentarian	Dr. Jacqueline Maly	

Education Committee Chairs

Health Issues	Martha Yamada	
Home & Community		
Environment	Ruth Yamamura	
International	Lillian Tim Sing	
Leadership	Margaret Cambra	
Youth Education	Laurie Ho	

Committee Chairs

Bylaws Finance Trimble Foundation Trimble Distribution Nomination Education Ways & Means Membership Newsletter 2013 Convention Chair

Annual Report

Council Presidents

Hamakua Hilo Kauai Kona Maui Molokai South Oahu Windward Oahu Dr. Jacqueline Maly Bernie Tangalin Patricia Kubo Lenore Klass Katherine Uehana Sally Bowman Dana Morifuji Susan Yee Denise Smith Andie Simon & Anna Napoleon Oarlene Wingate & Denise Smith

Dana Morifuji Elizabeth Salfen Bernie Tangalin Gay Okada Pasita Pladera Gladys Brown Susan Yee Ruth Haitsuka



Hawaii FCE's "Heart of FCE" Ernelle Lum South Oahu FCE

Ernelle Lum has been an active charter member of the Palisades FCE Club for 45 years. She uses her leadership skills to coordinate South Oahu's Education Workshops and her current community service projects which include:

>Development of an ongoing partnership with Queens' Hospital's cancer unit and has donated over 300 "Journal of Love" Booklets.

>Coordination of the Waiau's Seniors Christmas Project for the Pearl City Convalescent Center.

> Participation in the Shoe Box Project for children in third world countries.

Ernelle's goals to reach the elderly, the sick and the poor reaffirms FCE's mission of seeking ways to contribute time and talent and be an important leader making a difference in her community.

The "Heart of FCE" award is designed to pay special tribute to the "unsung grass-roots member" who has made a difference in the community through FCE. All state winners are recognized at the National FCE Conference.

Ernelle Lum was recognized as Hawaii's Heart of FCE at the National FCE conference in Tucson, Arizona.



Hawaii FCE's 2014 Winner of the CHARACTER COUNTS!sm Art and Essay Contest is Hauoli Kalipi

Hauoli Kalipi, a fourth grader at Ernest B DeSilva Elementary School is pictured above with her teacher Mrs. Yamashita. Her artwork and Essay on "RESPECT" won First Place, a certificate and \$100. Hauoli's essay clarified what respect means and included three different ways a person can show respect: *Respecting someone's differences *Selfrespect and *Respecting the ideas of others. Hauoli's entry was submitted to the National Association for Family and Community Education to compete at the national level.

CHARACTER COUNTS! and the Six Pillars of Character are service marks of the CHARACTER COUNTS! Coalition, a project of the Josephson Institute of Ethics. The six pillars of character: Responsibility, Caring, Respect, Trustworthiness, Citizenship and Fairness - promotes and teaches ethical behavior and encourages students to improve their writing and drawing skills by participating in this contest which runs from September 1 through March 1 each year in all FCE member states.

The Trimble Foundation Scholarship

The Trimble Foundation was established in 1974 to provide scholarships to individuals and grants to non-profit organizations for the betterment of the people of Hawaii. Our Trimble Foundation was established in memory of Alice P. Trimble, Hawaii's first State Leader with Cooperative Extension Service. She promoted educational programs for families in the community and helped organize the Extension Homemaker Organization in every county in Hawaii. In 1991, the name of the organization changed to Family and Community Education. Information for the application process is available on the hawaiifce.org website. The deadline each year is July 31.

The Trimble Foundation portfolio is valued at \$77,061.00 as of July 31, 2014. The funds are derived from public and private donations and is maintained in the Community Foundation with Bank of Hawaii.

The Trimble Foundation Distribution Committee determines the eligibility of applicants and the amount of the award. The committee members for 2014 include: Chair Lenore Klass, Kauai; Vice Chair Katsuko Enoki, Maui; Secretary Pat Kubo, Hawaii FCE; Martha Yamada, Hawaii Island; Delfa Dumaran, Oahu; Joan Chong, CES Advisor; and Bank of Hawaii Trustee Meleen Corenevsky.

This year the recipients are:

LorMona Meredith, Oahu - \$1250.00 University of Hawaii-Manoa, Masters in Public Administration. Natsumi Yamasato, Kauai - \$1250.00 University of Phoenix, Masters in Education.

State and Council Scholarships

The Hawaii FCE state organization and some of the local councils offer scholarships to its members

who are first time attendees to the National FCE Conference, the State Convention, Family Community Leadership (FCL) training or workshops offered in the community.

Maui FCE Scholarships



Maui FCE council has offered generous scholarships to graduating seniors of Maui high schools for the past 35 years. The funding for these scholarships has come from the sale of a series of six cookbooks that were written by the Maui FCE members starting in the early 1960s. All the recipes are contributed by members. A distribution committee determines the eligibility of the applicants and how much they receive.

This year the scholarship winners received \$2000 each. Below from L-R:

Nash Wuthrich (Baldwin HS) attending Gonzaga University studying Computer Science

Ryan Foree (Kamehameha HS) attending University of Southern California studying Human Biology

Marley Duncan (Kamehameha HS) attending Willamette University studying Exercise Science, Kinesiology

Brian Zamora (Maui HS) attending University of San Francisco studying Political Science

Alexandra Pardico (Maui HS) attending Gonzaga University, studying Biology.



Dress a Girl Around the World Project

The Dress A Girl Around the World Project believes that if each young girl in developing countries has a dress to wear, she will gain dignity and her chances of safety and opportunity will increase. Jen Laris, Hilo FCE member and the East Hawaii Ambassador for DAG thanks our dedicated FCE members for the many dresses donated in 2014. FCE members have collaborated with other community agencies to provide 253 dresses that went to Rotarian International to the Philippines; 20 dresses to "Mission to Uganda;" 37 dresses to "Mission to Tasmania," 279 dresses to "Mission to Mindoro, Philippines;" 35 dresses from South Oahu FCE members went to the Institute of Human Services: 50-lbs of dresses went to Missionaries of the Sure Foundation in Keaau; 75 dresses to Glad Tidings Church Missionaries for the Marshall Islands; and dresses have been added to the Christmas Shoebox Project delivered to children in Indonesia.

The DAG motto is "Keep on Keeping On." Information about this worldwide project can be found on <u>www.dressagirlaroundtheworld.com</u> or email to dressagirlaroundtheworldinhi@gmail.com.





Children and Youth Day at the State Capitol

Over 700 children learned to make yarn fork

flowers taught by FCE members with the help of the Kiwanis Club. Over 400 were serviced at the Bounce House for a fun day.









✤ <u>INTERNATIONAL</u>

Leadership - <u>Windward Oahu Council</u> Sewed 54 dresses for Dress a Girl state project; taught history of cards & how to play Hanafuda; taught history of ikebana & members made a chabana arrangement.

Education - South Oahu Council

Shared information about memorial traditions in Canada, China & Japan. Created displays & prepared foods for tasting. Created a newsletter for handout & taught participants the Bon dance.

Action - Hilo Council

Dress a Girl - two clubs in Hilo worked w/ community groups to sew dresses.

✤ <u>HEALTH ISSUES</u>

Leadership - Hilo Council

Coordinated a three day R & R council activity that focused on health topics. Totaled 2244 volunteer hours.

Education - <u>Windward Oahu Council</u> Castile Mulford submitted 9 health education reports. Topics included nutrition, mental health, fall prevention, cancer risk & chronic disease awareness.

Action - <u>Maui Council / Happy Valley Club</u> Collette Dang took her personal challenge, after experiencing a fall that hospitalized her, & coordinated a workshop with AARP.

LEADERSHIP <u>SKILLS</u>

Leadership - <u>Maui Council</u> Teach members & others about HAFCE program forms & reports.

Education - Maui Council

Celebrate the importance of International Day on the Philippines - cultures, people & food.

Action - Maui Council

Participation & public awareness in getting the word out on Trimble foundation.

✤ <u>YOUTH</u> <u>EDUCATION</u>

Leadership - Windward Oahu Council

Cultivating youth leadership was the end result. 22 FCE members participated making tie dye t-shirts.

Education - Kauai Council

114 Character Counts essays & artwork entries submitted by KAFCE. Excellent outreach.

Action - Windward Oahu Council

Project at state Capitol provided education & outreach about FCE to more than 3,000 community members. Made handouts, booklets & brochures.

✤ <u>HOME&</u> <u>COMMUNITY</u> <u>ENVIRONMENT</u>

Leadership - <u>Windward Oahu Council</u> Showcase FCE at Windward Community College Ho'olaulea. Reached over 500.

Education - Windward Oahu Council

Aging in Place - reached 800. Provided FCE & NaTuTu information. Shared activities with a mini book & opportunity to meet with other organizations for possible speaking engagements.

Action - Kauai Council

Project graduation - reached over 650 students. Monetary awards for Kauai High School seniors. Partnered w/ Kauai Island Utility Co to earn money for project to provide chaperoned all night safe celebration for graduating seniors.

CONTRIBUTIONS FOR A BETTER HAWAII 2014

			1	
Program Area	Hours Volunteered	Persons Reached	Contributions Calculated at \$22.16 per hr.	
Leadership Skills	583	2,508	\$12,919	
FCL Training, Installation of Officers,	Planning club meet	ings, Hosting Candido	ates Forum	
Health Issues	3,344	3,647	\$74,103	
Fall Prevention, Learning about Sepsi	s, Reducing Cancer I	Risks, Diabetes, Deme	ntia, Staying Physically Active	
International Projects	246	137	\$5,451	
"Dress a Girl" Project-providing dresses to 3 rd world countries Learning about the cultures of the Philippines				
Character Counts! sm Essay & Artwork Contest	250	9,974	\$5,540	
Character Building Lessons – Coordinating the National CHARACTER COUNTS! sm Essay & Artwork Contest for 4 th grade students				
Youth Education	178	1,351	\$3,944	
Books for Newborns, Collaborate on Project Grads, Ag Day at Urban Garden Center, Youth Day at the Capitol				
Home & Community Environment	4,353	450	\$96,462	
Making quilts for Community Donation, Donating Food Baskets, Demonstrate craft projects to the public,				
Building Membership	89	3,170	\$1,972	
Distributing membership brochures at FCE Fair, Windward Community College Ho'olaulea				
Program Coordination & Organizational Maintenance	7,108	9,774	\$157,513	
Planning Educational Programs, Publishing State & Local Newsletters, Civic Engagement, Participating at State and National FCE conferences, Publishing Annual Report				
Total Hours/Value	16,151	30,831	\$357,904	
Total Material Contributions			\$14,410	
Total Contributions			\$372,314	

Candidates Forum in Hilo

In 2014 Hilo Council FCE members invited 90 candidates to the **Candidates Forum** held at the University of Hawaii at Hilo Campus Center. The forum, held on July 16th allowed each candidate 3 minutes to speak to the audience. Following the speeches, candidates were able to talk story over the wonderful refreshments provided by the Hilo FCE members. This event provided a great opportunity for our community to educate themselves on all of the candidates and issues.

Environment Projects in Hamakua

Hamakua FCE Council invited a speaker to talk to the membership and community about composting and raising worms to enhance their gardens. In May, they gathered flowers from their own yards and made beautiful floral arrangements for residents of the long term care facility Hale Ho'ola in Honokaa. They worked with the Lions Club to clean highway trash along the highway leading into Honokaa in June.

Helping the Homeless

Windward FCE Council members collected toiletries, diapers, and paper products each month in 2014 working with "Family Promise of Hawaii" to assist homeless families while they save their money to secure a place to rent.

Hilo Council members annually donate Thanksgiving Food Baskets and grocery gift cards to the Neighborhood Place of Puna who provides support for many families throughout the Puna District. For Christmas, the FCE members provide gifts for adults helped by the Neighborhood Place of Puna.



Promoting Better Health

FCE's statewide project provided learning opportunities for members to keep active and practice preventive measures to reduce the risks of Heart Disease. They used the American Heart Association's "My Life Check" to assess one's health and learn the "7 Simple Steps to Better Health."

AG Day at Urban Gardens & Second Saturday at Urban Gardens



Oahu FCE clubs participated and supported the Cooperative Extension Service – Agriculture Day event at the Pearl City Extension site. Over 500 – 5th graders on Oahu attended this event. FCE members taught over 150 students and their leaders to make Angry Bird Kendamas out of recycled materials. At "Urban Gardens' Second Saturday" open house to the public, FCE members taught the community to Reduce, Reuse and Recycle in line with the theme for the open house: "Environmental Awareness Day"

Reduce Reuse and Recycle

FCE members across the state continue to be aware of Reducing, Reusing, and Recycling in an effort to save the environment. Recycled cereal, soda and food boxes, and other reusable containers; sample wall paper; and scrapbook paper; fabric scraps; shells; ribbons; used tshirts; coconut shells; raffia; and beads are used to create beautiful products with creative, artistic craftsmanship. Workshops on how to make hand sewn books, cards, jewelry, Christmas memo leis. decorations, Ikebana, rag rugs, and beautiful quilts have been taught to interested individuals throughout the state. Completed items have been donated to long term care facilities, disabled individuals and the homebound.









FCE Members Reaching and Teaching Others











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