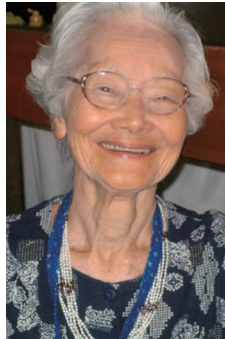


# Hawai'i Association For Family & Community Education

## 2009 Annual Report



Celebrating  
60 Years  
1949 - 2009



## The Hawai'i FCE Mission Statement

The mission of the Hawai'i Association For Family & Community Education  
is living the "Aloha Spirit"  
to strengthen individuals, families and communities  
through continuing education, developing leadership,  
and community action.

## About the Cover

Celebrating FCE members and 60 years of their service

top row (l to r): Flossie Fergerstrom (Hawai'i), Joyce Watase (Kauai), Masako Kuwaye (Hawai'i),  
Florence Botelho (Hawai'i), and Lillian Takabayashi (Maui)

middle row: Eunice Sakata (Oahu) became a member in 1949 and served as Hawai'i's President in  
1952. Pictured in the 1952 Board Installation photo (center) and at the 2009 Hawai'i FCE Convention,  
she is the oldest living past president.

bottom row (l to r): Violet Loo (Oahu), Masako Ishii (Kauai), Eiko Muranaka (Kauai), Masae Saito  
(Hawai'i), and Marion Watanabe (Maui)

not pictured: Hatsuyo Takahashi (Hawai'i)



Aloha!

We have enjoyed sixty years of Family & Community Education (FCE) experiences, visions, and keeping up with the times. We are still growing and willing to try new things. Technological knowledge has taken over the world, and we, as an updated organization, have done the same. Community environment issues have made us aware of how to be green and use things of the world in a wiser way. Families have always made the world go around and the people caring for those families are important. Keeping them healthy and informed - these are the FCE issues that we care about.

The year of 2009 found us using many new techniques, such as conducting a state wide ad hoc meeting via poly com. This will become an oft-used tool for future state meetings. It is a way to save money, especially in these economic times, but still keep our oneness. We have our own web site and are using it to reach others - informing them of who we are and what we do. It is wonderful to be able to connect statewide and to find many members who are willing to participate. Age does not limit our ability to try new things.

FCE's focus on family and health issues continues to dominate our program choices. The CHARACTER COUNTS! essay and artwork contest for 4th grade students this year featured RESPONSIBILITY and our state health project was counting our steps as we exercise in an attempt to "walk around the world".

We are looking forward to making a difference in the next sixty years. We will be here, caring for and sharing with Hawaii's families, by continuing to educate, helping to develop leadership skills, and involving ourselves in community action.

*Diane Hultman*

President 2009

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## FCE History

***Edith Izumi***

*Elected in 1949, Edith Izumi was the first Hawaii Home Demonstration Council President, forerunner of the Hawaii Association For Family & Community Education. She was also named "Woman of the Year" (1949-1950) for her contributions to the organization and her community service work.*



## HAWAII ASSOCIATION FOR FAMILY & COMMUNITY EDUCATION

Hawaii Association For Family & Community Education (FCE) celebrates its 60th year as a non-profit volunteer organization with 9 councils comprised of 37 clubs and a total of 390 members on the islands of Hawaii, Kauai, Maui, Molokai, and Oahu.



Since its organization in January 1949, Hawaii FCE has maintained strong ties with the Cooperative Extension Service, College of Tropical Agriculture and Human Resources (CTAHR), University of Hawaii at Manoa. Hawaii FCE is a member of the National Association For Family & Community Education (NAFCE) with a membership of 6,378 in 22 states. It also maintains affiliation with the Associated Country Women of the World as a

Non-Governmental Organization (NGO) with consultative status to the United Nations.

Our members are dedicated to the FCE concept of learning and then sharing what we learn with our families and our communities. Our members have seen numerous name changes over the years in our organization, but we continue to thrive and work to improve lives and communities.

Our association with such agencies as the CHARACTER COUNTS! Coalition, Excellence in Media, Citizens Task Force on Television Violence, National Council on Aging, Entertainment Software Rating Board, and the Literacy Volunteers of America provides resources and literature to help families better their lives. Our Family Community Leadership (FCL) program has trained members and non-members alike to take active roles in their neighborhoods, their work places, community agencies, their churches, and in their volunteer efforts. We are committed to making a difference ~ one step at a time ~ for a better Hawaii and a better world.



## HAWAII FCE BOARD OF DIRECTORS



*(left to right)*

*Past President*

*Treasurer*

*President*

*Secretary*

*Vice President*

Katsuko Enoki

Bernie Tangalin

Diane Hultman

Elaine Fukui

Patricia Kubo

## COUNCIL PRESIDENTS

*Hamakua*

*Hilo*

*Kauai*

*Kona*

*Maui*

Jodean Dela Cruz

Martha Yamada

Gladys Fujiuchi

Rose Mesick

Ruth Yamamura

*Molokai*

*South Oahu*

*West Oahu*

*Windward Oahu*

Gladys Brown

Alice Kim

Barbara Nishizawa

Consuelo Cabasag

## EDUCATION COMMITTEE CHAIRS

*Health Issues*

*Home and Community Environment*

*International*

*Leadership Skills*

*Youth Education*

Carolyn Sewake

Jodean Dela Cruz

Gay Okada

LaVerne Lei Chow

Sanae Morita

## COMMITTEE CHAIRS

*Bylaws*

*Convention 2009*

*Education*

*Finance*

*Membership*

Dr. Jacqueline Maly

Susan Yee

Patricia Kubo

Bernie Tangalin

Charlotte Muraoka

*Newsletter*

*Nomination*

*Trimble Foundation*

*Trimble Distribution*

*Ways and Means*

Oarlene Wingate

Elaine Fukui

Katsuko Enoki

Gladys Fujiuchi

Helen Tamashiro



## The 2009 National Spirit of Family Community Leadership Oarlene Wingate



The National Spirit of Family Community Leadership award is given to someone who has taken Family Community Leadership (FCL) training and has provided education and leadership to a community group beyond the membership of FCE within the past three years. The 2009 recipient was Oarlene Wingate.

Enhanced leadership skills were needed to encourage FCE members at club and council levels to take on leadership roles or improve in their current leadership positions. The members also wanted to learn how they could effectively participate in meetings and have their input properly recognized. Oarlene Wingate used her FCL training, her knowledge of Robert's Rules of Order, and her leadership skills to conduct monthly workshops on parliamentary procedure. She presented material that was educational and involved discussions and exercises. As a result, the members report being more confident in their leadership roles and they will likely take on more challenging positions in the future.

Oarlene is recognized as a leader and is a shining example of a grassroots member who has learned to lead. She believes in the Family Community Leadership concept and its ripple effect. She has conducted FCL workshops for the YWCA, ABWA (American Business Women's Association) in Hawaii, at FCE state meetings in the Western Region, and at National FCE conferences. The members attending her workshops can follow her example of learning leadership skills and applying them for personal improvement, for family situations, and for community issues. Oarlene has served as Hawaii FCE State President, National FCE Western Region Director, and National FCE President. She is a member of the National Association of Parliamentarians and is a 32-year member of the Hoaloha FCE Club on the Big Island.

### Members Honored

*55 Years of Service*

Shimomi Araujo - Hilo

Ann Nathaniel - Hilo

Stella Yamamoto - Maui

Dorothy Haitsuka- Windward Oahu



*60 Years of Service*

Joyce Watase - Kauai

*65 Years of Service*

Violet Loo - East Oahu



## Hawaii's Heart of FCE Sanae Morita

This award pays special tribute to the “unsung grass-roots” member who has made a difference in her community through FCE. This year Sanae Morita was recognized as Hawaii's Heart of FCE at the National Conference in Portland, Oregon.

When Sanae Morita first joined FCE in 1965 she was actively employed as a teacher, but managed to make FCE an integral part of her life. With retirement, she now lives FCE and embodies all that FCE stands for in Health issues, Home and Community Environment, Youth Education, Leadership skills, and International programs.

Sanae maintains a healthy diet, exercises as a practitioner of tai chi and yoga, is a member of the Athletic Club and takes daily walks with her husband Bill. In addition to FCE, she is a member of the Lihue Christian Church, Delta Kappa Gamma International Society, a docent at Grove Farm Homestead, a volunteer at the Kauai Museum, a member of the Kauai Retired Teachers' Association, and was a recipient of the HEA Outstanding Retired Teacher Volunteer Award.

Sanae is a skilled seamstress and has made and taught others to make rugs and blankets. She is also an excellent cook, has shared many recipes, demonstrated sushi making, and has published the recipes from the fair contests. Sanae was part of a group that headed a Baby Book Club, sponsored by Borders, to make sure each newborn was given new books. After it disbanded last year because of the loss of the sponsor, the \$2,207 left in the treasury was donated to Kauai FCE Books for Newborns project based on Sanae's recommendation. She has also conducted workshops for parents and Council members on the READ to ME program. She has actively promoted the CHARACTER COUNTS! Essay and Art Contest in the schools.

Sanae has held various FCE offices, including President at the club and council level. She has chaired two state conventions and co-chaired two state conventions on Kauai. She is serving as the Youth Education Chair on the state board and volunteered to sit on an Ad Hoc committee to address state convention issues. She has also chaired the Farm Bureau Home Show. Her interest in other countries has taken her to Japan, Okinawa, Europe and China. She even has an adopted grandchild from China.

## Cooperative Extension Service Educators

Originally called Home Demonstration Agents, Cooperative Extension Service Educators are College of Tropical Agriculture and Human Resources (CTAHR) staff that assist in program planning and provide administrative, educational and logistical support to Hawaii FCE councils on a local level. Extension Educators have been servicing Hawaii FCE since 1949.



*Joan Chong  
Hawaii County*



*Heather Greenwood  
Maui County*



*Rhoda Yoshino  
Oahu*



*Jean Young  
FCE State Advisor  
FCL Coordinator*



## Hawaii Association For Family & Community Education, Inc.

### Statement of Assets, Liabilities and Fund Balances

Cash Basis – December 31, 2009

#### Current Assets

Cash in Bank	\$ 7,595
Savings Accounts & Certificates of Deposit	\$ 46,185
History/Quilt Books & State Pins	\$ 1,484
<b>Total .....</b>	<b>\$55,264</b>

<b>Current Liabilities</b>	<b>\$ 0</b>
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<b>Total Liabilities &amp; Fund Balance .....</b>	<b>\$55,264</b>
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#### Support and Revenues

Membership Dues	\$ 2,063
Investment Revenues	\$ 1,351
Donations & Fund Raising	\$ 7,114
<b>Total .....</b>	<b>\$10,528</b>

#### Expenses

Program Development & Implementation	\$ 15,246
International Support & Donations	\$ 150
FCL Support	\$ 1,000
Leadership Development	\$ 2,400
<b>Total .....</b>	<b>\$18,796</b>

#### Excess of Expenses

<b>Over Support &amp; Revenue</b>	<b>\$ 8,268</b>
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# Total State FCE Scholarships and Donations Awarded in 2009 \$9,750



## TRIMBLE FOUNDATION

The Trimble Foundation honors Alice P. Trimble, who helped organize the County Extension Council in 1947 and served as the first Cooperative Extension State Leader for the FCE organization in Hawaii. Donations are accepted and invested with income distributions awarded each year to applicants meeting the requirements. The Trimble Distribution Committee members are comprised of representatives from Kauai, Oahu, Maui/Molokai, and the Big Island plus Past state president, state FCE advisor, and a bank trustee.

### 2009 Scholarship Recipient

Kimberlee Tong \$950

### 2009 Grant Recipients

Neighborhood Place of Puna \$950  
Hilo FCE Council \$950

To make a donation or apply for the Trimble Foundation Program, send your inquiries to:

**Trimble Foundation**  
P.O. Box 7066, Hilo, HI 96720

## MAUI FCE

Maui FCE awarded \$1,000 scholarships to five 2009 Maui high school graduates. It also donated draperies worth \$1,300 to the Community Services Building at the University of Hawaii Maui College (formerly MCC) and funds of \$600 to local organizations. Scholarships and donations for the year totalled \$6,900.

### 2009 Scholarships to Graduating Seniors



(l to r)

**Larrisa Nakamatsu**  
**Anuhe Medeiros**  
**Kaitlin Madriaga**  
**Leslee Mahoney**  
**Tiare Pimentel**

*Brigham Young University*  
*Occidental College*  
*University of Washington*  
*Gustavus Adolphus College*  
*Brown University*

### Trimble Distribution Committee Members



(l to r) Gladys Fujiuchi (Kauai, Chair), Evelyn Cabral (Oahu), Carol Yurth (Alternate for Jodean Dela Cruz), Gladys Brown (Maui/Molokai), Jean Young (CES State Advisor), and Katsuko Enoki (Past HAFCE President). (not in photo) Jodean Dela Cruz (Hawaii, Secretary) and Meleen Pang Corenevsky (Trust Officer, Bank of Hawaii).

### Recipient Organizations

Hale Makua: elder care  
Maui County Fair: Homemakers' Exhibit  
Trimble Foundation  
UH Maui College: Community Services



Maui FCE began its scholarship program in 1979 awarding five \$200 scholarships to graduating high school seniors. Over the past 30 years Maui FCE has awarded 119 scholarships totalling \$80,700.

## National FCE Conference and Family Community Leadership Training



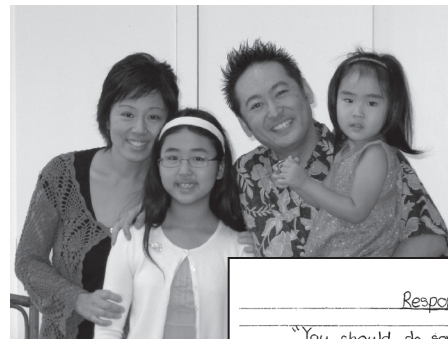
“Gathering the Roses of Life” was the theme of the 73rd Annual National FCE Conference held in Portland, Oregon. A delegation of 19 members from Hawaii attended the festivities and participated in numerous workshops ranging from arthritis and exercise sessions to cyber bullying and sexting. Family Community Leadership Training focused on public policy, Robert’s Rules and Being Prepared for Change. Hawaii took 3rd Place for the Membership Award, and received Certificates of Appreciation for the following:

- Public Relations Award
- Program Award Book - 3rd Place  
*(Category: Leadership)*
- Program Award Display Board - 1st Place  
*(Category: Leadership)*
- Community Service Award

Hawaii has always been an active member on the national level since acquiring membership in 1949. This year two Hawaii FCE members served on the National Board: Denise Smith, Pacific Region Program Coordinator; and Susan Yee, Pacific Region Public Policy Coordinator. In the past it hosted the National Conference in 1964 and 1999. The National President from 1995-1997 was Hawaii FCE member Oarlene Wingate, this year’s winner of the National Spirit of FCL Award.

## CHARACTER COUNTS! Essay and Artwork Contest

The objective of this contest held statewide and on the national level is to promote ethics among children using the “Six Pillars of Character” (responsibility, fairness, caring, citizenship, trustworthiness, and respect). It also encourages students to improve their writing and drawing skills, creates public awareness in the achievement of students, and offers an opportunity for local FCE members to participate in a nationwide project. Any current 4th grade student attending a public, private or home school is eligible to participate in the contest which begins September 1 and runs through March 31.



**Character Counts!  
2009 State Winner**  
*Lia Yamasato*  
*(pictured with family)*

Responsibility

“You should do something responsible today!” my mother said. “OK!” I said. As I went to my room, I was thinking, “How can I reorganize my room?” When I got there, I couldn’t believe how messy it was! It had stuffed animals, books, and toys all piled up on top of each other. They invaded my room!

Monday I installed two brand new book shelves and donated some stuffed animals and toys. At last, I swept up the dusty floor and used citrus cleaning sprays to wipe up everything.

“Voilà!” A clean room! That was a big responsibility.

Lia Yamasato  
Mr. Russel Onuma  
Wilcox Elementary School



“Responsibility” was the theme for 2009. Out of 334 entries Lia Yamasato’s submission from Kauai was chosen to represent Hawaii at the National FCE Essay & Artwork Contest for Character Counts!

## Na Tutu Grandparents Raising Grandchildren

In Hawaii 14,029 grandparents report that they are responsible for grandchildren living with them. 22% of these grandparents live in households without the children's parents present. In the early 2000s, FCE members formed a coalition to write bills that would assist these grandparents with the care of their grandchildren. FCE members wrote, refined, and promoted these bills. With the passage of Act 99, 2003 Legislative Session - Education consent and Act 208, 2005 Legislative Session - Medical consent, much has been accomplished. FCE members actively continue to support this state project by disseminating information to grandparents and schools regarding the education and medical consent laws. In March of 2009, FCE members once again participated in Caregiver's Day. This event included exhibits and displays and was held on the State Capitol grounds. Over 2,000 people attended so FCE members were able to provide many with valuable information about the Na Tutu bills.



### Increasing Membership

One of Hawaii FCE's goals for 2009 was to increase membership. Councils state-wide beefed up their programs to help families cope with the failing economy and appeal to a wider audience. Emphasis was placed on family memberships - having husbands and children

join FCE. Windward Oahu Council, with the help of 'Olelo's Kimo Kiawe, launched a pilot program showcasing FCE. "Life in the Community", is slated to be aired on 'Olelo, Channel OAHU, in 2010.

Windward Oahu Council also participated in the Aging in Place symposium held at the Ala Moana Hotel. Members manned 2 tables to help market FCE along with a brand new banner. Hilo Council hosted a membership tea with an international theme. The members invited their friends and family to the tea to learn about FCE as well as foreign countries. Hawaii FCE gained 20 new members in 2009 ranking 3rd in the nation.

### Walking with FCE



The purpose of this project was to promote exercise and good health among the members and their families. To make walking fun and interactive, members took a "walk around the world" together. Pedometers were used to track the number of each member's steps, and the combined totals were converted to miles. First stop on the world-wide tour was Tokyo, Japan, approximately 3,858.6 miles away from Honolulu. In 2009 Hawaii FCE members virtually traveled all over the Pacific Asian countries, as far as Saigon, South Vietnam, totaling 5,529 miles for the year.

## ■ Council and Local Programs



### Hawai'i

To help members “go digital”, Hilo FCE Council offered a series of workshops on how to use a digital camera, how to take great photos, and how to download them. Kona FCE Council continued its program to supply hand made blankets and bibs to a local long term care facility and launched a new elementary school project. Hamakua FCE Council conducted monthly sewing and handicraft workshops for students and adults. Funding for these workshops came from grants secured by FCE members.



### Kauai

Home Depot employees demonstrated simple drywall repairs and window screen replacement techniques for the Kauai FCE Council. Activities for the year included a speaker on mochi making for Boy's Day, a gardening workshop, learning to read and understand food labels (especially important for those watching their sugar and fat intake), and a trip to Kauai's Hindu temple.



### Molokai

Molokai FCE Council focused on expanding its membership. To overcome logistical issues and stay connected, Molokai members utilized email and the telephone to disseminate craft ideas and delicious recipes.



### Maui

4,000 people attended the Maui Matsuri, a celebration of Japanese culture which featured Maui FCE members making origami cranes and paper boxes that were later donated to the Children's Peace Monument in Hiroshima, Japan. Maui FCE Council also provided support for the Maui County Fair and various local community events, and held workshops in crafts, cooking, recycling, and “decluttering”.



### Oahu

Oahu FCE members participated in Agriculture Awareness Day. Six-hundred 5th grade students were reached in this island wide inter-generational dialogue to “Make and Take” and learn how to “Recycle, Reuse, and Reduce”. Oahu FCE councils organized sessions on organic gardening, prostate cancer awareness, and a workshop on self-breast exams. To end the year, they presented their annual “Christmas Ideas” to the public at the Kahala Community Center and received TV news coverage of the event.

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“You must give some time to your fellow men. Even if it's a little thing, do something for others - something for which you get no pay but the privilege of doing it.”

--Albert Schweitzer

## CONTRIBUTIONS FOR A BETTER HAWAII 2009

PROGRAM AREA	HOURS VOLUNTEERED	MEMBERS & NON-MEMBERS REACHED	CONTRIBUTIONS CALCULATED AT \$20.25/HOUR
<b>LEADERSHIP SKILLS</b> FCL Training • Installation of Officers • Team Building • Retreat • Fundraising Activities • Envisioning	<b>4,261</b>	<b>10,434</b>	<b>\$86,285.25</b>
<b>HEALTH ISSUES</b> Fats of Life • Workshops on Beans • Diets for Diabetics • Nutrition • Stress Relievers • HF #26 Celebrating You • HF #27 Power of Healing • Core Exercise • Women's and Men's Health Issues • Dementia, Alzheimer's • Disease, Age Related Macular Degeneration • Hawaiian Medicinal Herbs • Rest and Recuperation • Walking with FCE	<b>739</b>	<b>7,372</b>	<b>\$14,964.75</b>
<b>INTERNATIONAL PROJECTS</b> Maui Matsuri • Hoolaulea • Achievement Chinese Auction • Excursion to Hindu Temple • Portuguese Culture Excursion	<b>67</b>	<b>702</b>	<b>\$1,356.75</b>
<b>CHARACTER COUNTS! ESSAY &amp; ARTWORK CONTEST</b> Character Building Lessons, Writing & Drawing Skills Enhancement	<b>146</b>	<b>13,474</b>	<b>\$2,956.50</b>
<b>YOUTH EDUCATION</b> Books for Newborns • Na Tutu (Grandparents Raising Grandchildren) • 4H Food Show • Basic Sewing for Teens • Read to Me Program • School Supply Distribution • Furlough Friday Nutrition Program	<b>1,687</b>	<b>30,738</b>	<b>\$34,161.75</b>
<b>HOME &amp; COMMUNITY ENVIRONMENT</b> Cooking Demonstrations • Recycling • Cultural & Holiday Crafts • Environment/Gardening • Fire Safety • Donation of Clothes & Food to Homeless Centers	<b>3,721</b>	<b>3,358</b>	<b>\$75,350.25</b>
<b>BUILDING MEMBERSHIP</b> County Fair • Senior Fair • Distribution of Brochures on FCE • Inviting Potential New Members	<b>153</b>	<b>711</b>	<b>\$3,098.25</b>
<b>PROGRAM COORDINATION &amp; ORGANIZATIONAL MAINTENANCE</b> Planning Educational programs • State & Local Newsletters • Civic Engagement • Planning/Participation in State & National Conferences	<b>6,000</b>	<b>4366</b>	<b>\$121,500.00</b>
<b>TOTAL</b>	<b>16,774</b>	<b>71,155</b>	<b>\$339,673.50</b>

Members volunteered a total of 16,774 hours at \$20.25/hour which totaled \$339,673.50 reaching 71,155 people. With material contributions totaling \$11,477.00 added to manpower hours, Hawaii FCE's total contributions were **\$351,150.50** in 2009.

## Celebrating 60 Years of Hawai'i FCE

Although much has changed since 1949, Hawaii FCE has continually provided programs to enrich the lives of the people of Hawaii.



FCE focuses on developing leadership skills and enabling members to instigate positive change in their communities.

*(left) Members witnessing Governor Samuel W. King's signing of the proclamation declaring Territorial Home Demonstration Week. circa May 1955*



*(right) Members witnessing Governor Linda Lingle's signing of the Na Tutu Bill. May 2003*



FCE continues to offer programs in crafts, food, health, home improvement and safety, along with identity theft, digital photography and other current issues.

*(left) Demonstration on how to create flowers out of vegetables - Yasai Magic. 1954*



*(right) Demonstration on how to make a delicious, nutritious yet simple dish. 2009*



FCE strives to "Live the Aloha Spirit" by giving back to the community through volunteerism and community service projects. The Aloha Spirit is also the basis of FCE's support network and is reflected in the friendships among its members.

*(left) Making friends and "talking stories" at the 1952 Hawaii Home Demonstration Meeting.*



*(right) Friends enjoying a break at the 2009 Hawaii FCE conference.*

## FCE History

*This article appeared in the January 31, 1951 issue of the Maui News announcing the Maui Homemakers' attendance to the three-day conference on Oahu. Back then it was rare for women to travel without their "hubbies". FCE members were very progressive and so were their supporting families.*

### **THE TOWNCRIER Says**

"Household chores usually handled by the 'missus' will be entrusted to 'hubbies' this weekend, when the Maui delegation of 29 University Extension club women and three home agents departs for the three-day home demonstration meeting in Honolulu. The wives will probably be having a good time, while their husbands are learning — through experience, that cooking and house-cleaning are no easy tasks."



*Reprinted by permission of the Maui News.*

## FCE CREED

I believe in striving for the highest ideals  
of home life by having a sound body,  
a clear mind and a generous spirit.

I believe in friendly neighborliness and  
understanding of ideas and customs of races  
that are different from my own.

I believe in building a peaceful home,  
working through my community and country  
for a peaceful world.



Hawai'i Association For Family & Community Education  
Diane Hultman, President  
P. O. Box 1406  
Pahoa, HI 96778

