

# Hawaii Association For Family & Community Education

## 2006 Annual Report



The Many Faces of FCE

## About the Cover

Hawaii FCE members from Hamakua, Hilo, Kauai, Kona, Maui,  
Molokai, South Oahu, West Oahu, and Windward Oahu Councils

Annual Report prepared by:  
Denise Smith



## President's Message

Greetings!

In 2006 Hawaii Family and Community Education presented workshops and programs in five Education Program areas. *Health* workshops on diabetes, Alzheimer's and Brain Power were conducted. *Home and Community Environment* inspired councils to help at county fairs, share collections of their favorite items and learn to make things instead of purchasing them. The *International* focus was on learning about other countries, their customs, food, and history. *Leadership* events included "Candidates Night" just before elections and learning about intergenerational communications. *Youth Education* featured a "CHARACTER COUNTS!" essay and artwork contest, genealogy, and working with a school on a science project. We instituted the "Thrive" program to increase membership. We were recognized by our national organization for a community service project, Christmas Ideas, presented by the FCE councils on Oahu. One of our members, Ms. Betty Jo Thompson won the National Family Community Leadership Award, "Spirit of FCL".

Hawaii members continue to volunteer for many organizations. Members donated over 200 books for "Books for Newborns" program on May 15<sup>th</sup> to hospitals and organizations who work with families. Many members went into their craft boxes and donated skeins of yarn and embroidery floss, knitting needles and crochet needles to the India and Romania projects. Many gave monetary donations to other organizations. Hawaii FCE continues to thrive by learning and then sharing with our communities.

*Susan Yee*

President 2005 – 2006

# **HAWAII ASSOCIATION FOR FAMILY & COMMUNITY EDUCATION**

Hawaii Association for Family & Community Education (FCE) is a non-profit volunteer organization with 9 councils comprised of 48 clubs with a total of 470 members on the islands of Hawaii, Kauai, Maui, Molokai, and Oahu.

Since its organization in January of 1949, Hawaii FCE has maintained its strong ties with the Cooperative Extension Services, College of Tropical Agriculture and Human Resources, University of Hawaii at Manoa. Hawaii FCE is a member of the National Association for Family and Community Education with a membership of over 12,000 in 24 states. We also maintain affiliation with the Associated Country Women of the World as a Non-governmental Organization (NGO) with consultative status to the United Nations.

Our members are dedicated to the FCE concept of leaning and then sharing what we learn with our families and our communities. Our members have seen numerous name changes over the years in our organization but we continue to thrive and work to improve lives and communities in the spirit of the Land Grant College.

Our association with such agencies as the CHARACTER COUNTS! Coalition, Excellence in Media, Citizen's Task Force on Television Violence, American Association of Family and Consumer Science, and the Literacy Volunteers of America gives us materials and resources to help families better their lives. Our Family Community Leadership (FCL) program has trained members and non-members alike to take active roles in their neighborhoods, their work places, community agencies, their churches, and in their volunteer efforts. We are committed to making a difference ~ one step at a time ~ for a better Hawaii and a better nation.

# HAWAII FCE BOARD OF DIRECTORS

**President ~ Susan Yee**

**Vice President ~ Katsuko Enoki**

**Secretary ~ Marian Matsuda**

**Treasurer ~ Bernie Tangalin**

**Historian ~ Denise Smith**



M. Masuda

B. Tangalin

K. Enoki

S. Yee

D. Smith

## Council Presidents

Hamakua

Carol Yurth

Molokai

Gladys Brown

Hilo

Carolyn Sewake

South Oahu

Alice Kim

Kauai

Sanae Morita

West Oahu

Mildred Nishiyama

Kona

Rose Mesick

Windward Oahu

Jeanette Pang

Maui

Helen Tamashiro

## Education Committee Chairs

Health Education

Barbara Nishizawa

Home and Community Environment Education

Veronica Akiona

International Education

Margaret Carvalho

Leadership Skills Education

Charlotte Muraoka

Youth Education

Mary Takeshita

## Committee Chairs

Bylaws

Dr. Jacqueline Maly

Finance

Bernie Tangalin

Trimble Foundation

Denise Smith

Trimble Distribution

Amy Bugado

Nominating

Marian Matsuda

Education

Katsuko Enoki

Ways & Means

Jollette Nakamura

Membership

Lauretta Hadama

Newsletter

Oarlene Wingate

Convention Chair

Helen Tamashiro & Margaret Carvalho



## The Spirit of FCL

One of the hallmarks of the Family Community Leadership program is to assist members of a community in taking control of their lives and changing the world for the better. This award is given to someone who has taken FCL training and has provided education and leadership to a community group beyond the membership of FCE. The result is the empowerment of that community group and the actions taken by it. This award is sponsored by the National Association for Family & Community Education and was developed by the W.K. Kellogg Foundation Funds.

### National Spirit of FCL Winner Betty Jo Thompson



Betty Jo Thompson has always believed that the FCL program could strengthen the leadership of Hawaii FCE. From its inception, Betty Jo embraced the program and felt it would give FCE a stronger leadership base and strengthen the ability to lead and lobby for FCE programs. She attended the very first Family Community Leadership training in Portland, Oregon in 1981 and since then she has encouraged homemakers daily to take leadership roles and stand up to make a difference in their communities and their nation. It has been her major goal in life for FCE and FCL training to be used as strong stepping stones in meeting that goal. For 30 years, as the Hilo Council Extension Agent, she nurtured and groomed leaders in the state of Hawaii. Betty Jo's positive attitude and strong desire for women to be confident and well informed in their decision making abilities by using FCE programs and FCL training has impacted thousands of individuals throughout the state of Hawaii. She utilized every situation to teach others and to set an example for continuing education.

**"You can only give to others what you have inside yourself"**

50 YEARS OF SERVICE

MEMBERS HONORED

**Utako Goo, Susanne Hotta,  
Kimie Yoshida, Lillian Bradley  
& Margaret Glipa**



## *The Hawai'i FCE Mission Statement*

*The mission of the Hawai'i Association  
for Family and Community Education  
is "Living the Aloha Spirit" to  
strengthen Individuals, Families and  
Communities through Continuing  
Education, Developing Leadership, and  
Community Action*

## Hawaii's Heart of FCE Winner

This award is designed to pay special tribute to the "unsung grass-roots" member who has made a difference in her community through her FCE work. The 2006 winner is Shimomi Araujo of Hilo. She was recognized along with other state "Heart" winners at the National FCE conference in Nashville, Tennessee.

### 2006 Heart of FCE

Having been a member of Lanakila FCE Club of Hilo for 52 years, Shimomi feels blessed for the knowledge she has gained through FCE which helped her launch a successful career from seamstress to management by the time she retired. She currently directs the production of merchandise for Hilo Council's partnership with KTA Superstores. She gives back to her community by volunteering her time 6 days a week. She works monthly sewing beautiful quilts that are donated by FCE to local care facilities.

Shimomi exemplifies the meaning of FCE with her dedication, motivation, and commitment to her family and our programs.



**Hawaii Association for  
Family & Community Education, Inc.**

**Statement of Assets, Liabilities and Fund  
Balances**

**Cash Basis - December 31, 2006**

**Current Assets**

Cash in Bank	\$14,860
Savings Accounts and Certificates of deposit	\$70,440
History/Quilt Books & State pins	\$ 2,494
<b>Total .....</b>	<b>\$87,794</b>

<b>Current Liabilities</b>	\$ 0
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<b>Total Liabilities &amp; Fund Balance.....</b>	<b>\$87,794</b>
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**Support and Revenues**

Membership Dues	\$ 4,283
Investment Revenues	\$ 1,661
Donations and Fund Raising	\$ 6,603
<b>Total .....</b>	<b>\$12,547</b>

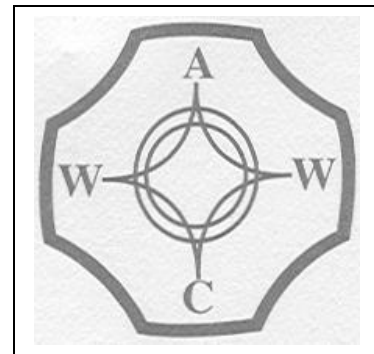
**Expenses**

Program Development & Implementation	\$16,220
International Support & Donations	\$ 240
F C L Support	\$ 500
Leadership Development	\$ 1,250
<b>Total .....</b>	<b>\$18,210</b>

<b>Excess of Expenses over Support &amp; Revenue:</b>	<b>\$5,663</b>
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**Cooperative Extension Service  
Agents**

L to R  
Jean Young – State FCE Advisor and FCL  
Coordinator, Rhoda Yoshino – Oahu,  
Joan Chong – Hawaii



**Associated Country Women of the World**

ACWW is a non-political, non-sectarian international organization of 60 million members in women's societies in 70 countries. It works to improve standards of living for all women and their families through its worldwide projects. ACWW also works with the United Nations on a consultative basis as a non-governmental organization (NGO). The work of ACWW is supported through membership, Coins for Friendship donations, and contributions to specific projects. The ACWW Triennial, a world conference, is held every three years. A resolution submitted in 2004 by the National Association for Family & Community Education (NAFCE) to establish and fund formal character education was passed at the Triennial held in Hobart, Tasmania. Also passed was a resolution, submitted by NAFCE, to expedite humanitarian aid to developing countries.



# State FCE Total Scholarships Awarded in 2006

## \$7,300

### TRIMBLE FOUNDATION DISTRIBUTION COMMITTEE

#### 2006 AWARDS

The Trimble Foundation honors Alice P. Trimble, who helped organize the County Extension council in 1947 and served as the first Cooperative Extension State Leader for the FCE organization in Hawaii. Donations are accepted and invested with income distributions awarded each year to applicants meeting the requirements.

**Noelle Arausa ~ \$2300**

**Brandi Corpus ~ \$1000**

#### 2006 Distribution Committee members:

<b>Amy Bugado</b>	Hawaii, Chair
<b>Betty Toda</b>	Oahu, Secretary
<b>Melinda Ishii</b>	Maui
<b>Gladys Brown</b>	Molokai
<b>Sanae Morita</b>	Kauai
<b>Meleen Pang Corenevsky</b>	Trust Officer Bank of Hawaii
<b>Jean Young</b>	CES State Advisor

Trimble Foundation  
PO Box 7066  
Hilo, HI 96720

**Maui FCE awarded scholarships to two 2006 graduates and renewed aid to two students who are already attending college:**

Graduating Seniors:

<b>Shannon Rasnak</b>	Cornell	\$1000
<b>Marissa Ulep</b>	Creighton	\$1000

Continuing Education:

<b>Milo Smith</b>	Gonzaga	\$1000
<b>Shalayne Yamamoto</b>	University of Portland	\$1000



Trimble Foundation Committee  
Members - 2006

*Row 1, L to R:  
Meleen Pang Corenevsky, Amy Bugado, Sanae Morita  
Gladys Brown*

*Row 2, L to R:  
Melinda Ishii, Betty Toda, , Jean Young*

# Strengthening Individuals

## CHARACTER COUNTS! Essay & Artwork Contest

Kauai, the Big Island, Maui, Molokai, and Oahu FCE members hosted essay and artwork contests for 4<sup>th</sup> grade students with focus on character building. This year's theme was "Trustworthiness" with 189 students participating. The purpose was to promote ethics among children and to encourage them to improve their writing and drawing skills. Area winners advanced to state and national level contests. The Hawaii FCE state winner was *Anita-Elaine Harris from Oahu*. Anita-Elaine's essay and art work went on to win third place at the national level contest.

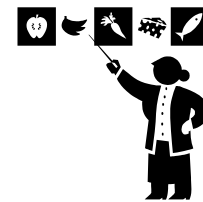
### More Valuable than Gold

In my opinion, trustworthiness means being honest enough to not lie, cheat or steal to or from anyone. A trustworthy person is one that is reliable. Trustworthiness goes right along with respect for yourself as well as respect for others. If you lie no one will trust you once the lie is found out. If you cheat you are not respecting yourself or the privacy of others. If you are a thief you risk going to and hurting your parents feelings. In conclusion, just like respect, trustworthiness has to be earned and is more valuable than gold.



## Family Community Leadership

The College of Tropical Agriculture and Human Resources Cooperative Extension Services, University of Hawaii and Hawaii Family and Community Education (FCE) sponsor this educational program jointly. Hawaii is one of six original FCL project states funded by grants from the W.K. Kellogg Foundation. Since its inception in 1981, FCL has trained over 20,000 individuals in the state of Hawaii. FCL State Coordinator Jean Young oversees the program. Under her guidance, with the help of many volunteers and facilitators, individuals are empowered with the people skills, knowledge, and attitudes that help them to accomplish their community goals. In 2006, 36 individuals received training. For registration forms and fees information, contact any Cooperative Extension office in Hawaii.



## Health and Nutrition Issues

FCE members always work towards keeping themselves and their families healthy. Workshops and classes on health and nutrition were given by guest presenters or by FCE members. A total of 1,400 members of the public and FCE were reached by these workshops. Topics included skin cancer, Alzheimer's disease, healthy eating and cooking, prostate cancer, healthy eyes, diabetes, fast food values, and arm chair exercises. Many of the programs were based on the "Hearth Fire" series of books, available through National FCE.



# Strengthening Families

## Books for Newborns



*Kona FCE president Rose Mesick (L) presents a book and blanket to a new father and his baby*

Ten hospitals and 285 family members were reached when FCE members on 4 islands distributed children's books to families who had just given birth. The project encourages parents to begin reading to their children as soon as they are born. The books were distributed on May 15<sup>th</sup>, the National FCE Day of the Family, along with some handmade baby blankets.



## Project Aloha (Awesome Learning Opportunities with Hands-On Activities)

Hamakua FCE members on the Big Island secured a grant from the Hawaii Public School Foundation to purchase science supplies for lessons on insects and on rocks for two 2<sup>nd</sup> grade classrooms in Honoka'a. The FCE members visited the classrooms, interviewed the students and recorded their science projects on digital camera. Sixty students were reached.

## Plan To Be Ready



A FCE Council held a workshop on natural disaster preparedness. What to put in an emergency household kit, how to formulate a family escape plan, and how to survive until help arrives were some of the items covered. Forty members were informed.

# Strengthening Communities

## Code Adam

The Hawaii FCE state project for 2006 was to distribute “Code Adam” kits to stores and supermarkets. The kits contain employee training material on how to respond when a child is reported missing in a store. Six supermarkets were given kits.

## Candidate’s Forum

A candidate’s forum was sponsored by a Big Island FCE council. Fourteen statewide and fourteen local candidates spoke at the forum that was attended by over 150 members of FCE and the community. The forum involved over 154 volunteer hours by four clubs to prepare and present the event.



*Hilo FCE Member Liz Salfen presents food gift baskets to Mary Hyslop of NPP in Puna*

### **Donation of Food Gift Baskets**

One FCE club on the Big Island generously donated three food gift baskets worth \$100 each to needy families in their community. They partnered with Neighborhood Place of Puna for the distribution of the baskets.



*Kulaimanu FCE member Mollie Chun shows off one of the many sewn quilts to be donated*

### **A Gift of Warmth**

FCE members statewide continuously gather throughout the year to sew lap blankets, quilts, adult bibs, and walker bags to donate to care facilities. Over 115 sewn items were presented to 6 adult care facilities, medical facilities, children’s medical wards and homeless shelters.

## Community Workshops and Programs

Kauai and Maui councils helped with their island’s farm fairs, which included partnering with 4-H members. Workshops on nutrition and health issues were open to the public as well as workshops on crafts projects. Clubs and councils partnered with other organizations to distribute school supplies to needy families and to assist their local fire departments to distribute home safety guide books, reaching over 15,600 students. The Oahu councils continue to present their annual “Christmas Ideas Demonstrations” to their community, showing how to make holiday gifts and food items. Clubs participated in organized litter pick ups and presented workshops to the public on how to use recycled items for table favors.

# CONTRIBUTIONS FOR A BETTER HAWAII 2006

PROGRAM AREA	HOURS VOUNTEERED	REACHED MEMBERS & NON-MEMBERS	CONTRIBUTIONS CALCULATED AT \$18/HOUR
LEADERSHIP SKILLS	605	669	\$10,890
<i>Leader Opportunity Training~ FCL Training~ Installation of Officers~ Brown Bag Learning Series~ Team Building</i>			
HEALTH ISSUES	2627	1395	\$47,286
<i>Workshops on Alzheimer's disease~ Fast food values~ Diabetes diet~ Prostate cancer~ Healthy feet~ Arm chair exercises~ Brain power~ Healthy eyes~ Healthy nutrition</i>			
INTERNATIONAL PROJECTS	669	6397	\$12,042
<i>India Project~ Romania Project~ International Day~ Chinese foods~ Women's roles in Viet Nam~ Filipino Centennial Celebration~ Partnered with Okinawan/Hispanic/Portugese orgs.</i>			
CHARACTER COUNTS! ESSAY & ARTWORK CONTEST	207	271	\$3,726
<i>Character building lessons</i>			
YOUTH EDUCATION	243	1087	\$4,374
<i>Books for Newborns project~ School supply giveaway~ Scholarships~ Project Aloha~ Genealogy</i>			
HOME & COMMUNITY ENVIRONMENT	612	825	\$11,016
<i>Cooking Demonstrations~ Recycling~ Emergency preparedness~ Food basket donations~ Donation of knitted beanies~ Christmas ideas~ Food safety~ Donation of blankets &amp; lap quilts</i>			
BUILDING MEMBERSHIP	391	609	\$7,038
<i>County Fair~ Friendship tea~ Hearth Fire book #34</i>			
PROGRAM COORDINATION & ORGANIZATIONAL MAINTENENCE	10,275	1,500	\$184,950
<i>Educational Programs~ State Newsletter~ Civic Engagement</i>			

## **FCE CREED**

I believe in striving for the highest ideals of home life by having a sound body, a clear mind and a generous spirit.

I believe in friendly neighborliness and understanding of ideas and customs of races that are different from my own.

I believe in building a peaceful home, working through my community and country for a peaceful world.



Hawaii Association for Family and Community Education  
Susan Yee, President  
2321 Ahakapu Street  
Pearl City, HI 96782







