

Hawaii Association
For
Family & Community Education

Strengthening Families and Communities Through FCE

2004 Annual Report



About the Cover

Shelly (center), daughter of Big Island FCE member Oarlene Wingate,
plays with her cousins Nohea (left) and Courtney (right)

Annual Report prepared by:
Denise Smith



President's Message

The spirit of our FCE members is a powerful statement of dedication to our families, our communities, and to ourselves. Through continuing education, developing leadership and community action we have, for 55 years, worked to strengthened the base of Hawaii's communities – the family. With literacy programs, writing legislative bills that assist families, providing consumer information, getting involved in environmental and world issues, we support our communities. Our relationship with Cooperative Extension Services of the College of Tropical Agriculture and Human Resources has enabled us to learn, grow, and reach out to help improve lives in Hawaii.

In 2004 we held candidate's forums for the public and provided workshops on Alzheimer's disease and osteoporosis. Worldwide we provided support for Indian women in need and Romanian youth seeking leadership skills. We campaigned for less violence in the media, provided means for parents to enhance their children's literacy skills and learned about the "Ice" epidemic in Hawaii and what we can do to help stem the spread of it.

We, as FCE members, feel that the basis of a strong and caring community is a strong and caring family. Our members form the foundation of this local, national, and worldwide concept. We invite you to learn more, share more, and reach more by supporting the Hawaii Association for Family & Community Education.

Denise Smith, President 2003 - 2004

HAWAII ASSOCIATION FOR FAMILY & COMMUNITY EDUCATION

Hawaii Association for Family & Community Education (FCE) is a non-profit organization with 9 councils comprised of 46 clubs with a total of 545 members on the islands of Hawaii, Kauai, Maui, Molokai, and Oahu.

Since its organization in January of 1949, Hawaii FCE has maintained its strong ties with the Cooperative Extension Services, College of Tropical Agriculture and Human Resources, University of Hawaii at Manoa. Hawaii FCE is a member of the National Association for Family and Community Education with a membership of over 13,000 in 26 states. We also maintain affiliation with the Associated Country Women of the World as a Non-governmental Organization (NGO) with consultative status to the United Nations.

Our members are dedicated to the FCE concept of leaning and then sharing what we learn with our families and our communities. Our members have seen numerous name changes over the years in our organization but we continue to thrive and work to improve lives and communities in the spirit of the Land Grant College.

Our association with such agencies as the Character Counts Coalition and the Citizen's Task Force on Television Violence gives us materials and resources to help families better their lives. Our Family Community Leadership (FCL) program has trained members and non-members alike to take active roles in their neighborhoods, their work places, community agencies, their churches and in their volunteer efforts. We are committed to making a difference ~ one step at a time ~ for a better Hawaii and a better nation.



Hawaii Family & Community Education State Officers and Committee Chairs – 2004

Row 1 – Bernie Tangalin, Susan Yee, Denise Smith, Edna Baldado, Diane Hultman
 Row 2 – Dr. Jacqueline Maly, LaVerne Lei Chow, Betty Toda , Kimie Yoshida , Gladys Brown ,
 Laureta Hadama

HAWAII FCE BOARD OF DIRECTORS

President	Denise Smith
Vice President	Susan Yee
Secretary	Diane Hultman
Treasurer	Bernie Tangalin
Historian	Edna Baldado

Council Presidents

Hamakua	Mary Hinck	Molokai	Gladys Brown
Hilo	Amy Bugado	South Oahu	Susan Yee
Kauai	Ruth Okihara	West Oahu	Barbara Nishizawa
Kona	Rose Mesick	Windward Oahu	Ruth Haitzuka
Maui	Pasita Pladera		

Committee Chairs

Family	Betty Toda	Trimble Distribution	Gladys Brown
Global/Literacy	Milo Ferreira	Nominating	Diane Hultman
FCL/Public Policy	LaVerne Lei Chow	Education	Susan Yee
Environment	Kimie Yoshida	Ways & Means	Jolette Nakamura
By Laws	Dr. Jacqueline Maly	Membership	Lauretta Hadama
Finance	Bernie Tangalin	Newsletter	Oarlene Wingate
Trimble Foundation	Edna Baldado	Oral History	Gladys Brown

Convention Chairs Gladys Fujiuchi / Sanae Morita

50 YEARS OF SERVICE

MEMBERS HONORED

Helen Lizama – Kauai

Ludvina Abrew – Maui

Stella Yamamoto – Maui

Tsugie Hamasaki – Maui

Shimomi Araujo - Hilo

The Hawaii FCE Mission Statement

The mission of the Hawaii Association
for Family and Community Education
is

“Living the Aloha Spirit”
to strengthen individuals, families and
communities through
Continuing Education,
Developing Leadership,
and Community Action

Hawaii’s Heart of FCE Winner

This award is designed to pay special tribute to the “unsung grass-roots” member who has made a difference in her community through her FCE work. The 2004 winner is Betty Toda from Honolulu. She was recognized along with other state “Heart” winners at the National FCE conference in Albuquerque, New Mexico.

You can only give to

Others

what you have inside yourself.

fce[®]
National Association For
Family & Community Education

2004 Heart of FCE

Betty Toda is a 43-year member in the Kaimuki FCE Club. Over the years Betty has held many club and council offices and chairmanships. She has served as state treasurer and currently serves as Family Education Chair. In that position, she has encouraged members to receive bone density tests in conjunction with the Hearthfire book, “Bone Breaking Facts”. Betty has also spearheaded her council’s annual “Consumer Education Mini Courses”, a series of informational workshops held for the public.

Betty exemplifies the meaning of FCE with her dedication, motivation, and commitment to her family and our programs.



Statement of Assets, Liabilities and Fund Balances

Cash Basis - December 31, 2004

Current Assets

Cash in Bank	\$ 9,557
Savings Account	\$ 5,338
Certificates of deposit	\$66,397
History/Quilt Books & State pins	\$ 3,500

Total **\$84,792**

Current Liabilities \$ 0

Total Liabilities & Fund

Balance..... **\$84,792**

Support and Revenues

Membership Dues	\$ 5,153
Investment Revenues	\$ 1,198
Scholarship Donations	\$ 75

Other Donations \$ 7,016

Total **\$13,442**

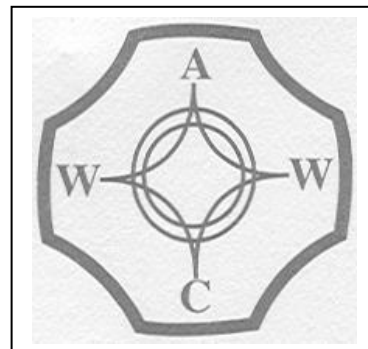
Expenses

Program Development & Implementation	\$11,834
National Expenses	\$ 3,684
International Support	\$ 205
Scholarship Support	\$ 500
Total	\$16,223

Excess of Expenses

over Support & Revenue: \$2,781

The path for each of us is made smoother when taken with others who feel the same about where the road may be going.



Associated Country Women of the World

ACWW is a non-political, non-sectarian international organization of 70 million members in womens' societies in 70 countries. It works to improve standards of living for all women and their families through its worldwide projects. ACWW also works with the United Nations on a consultative basis as a non-governmental organization (NGO). The work of ACWW is supported through membership, Pennies for Friendship donations, and contributions to specific projects. The ACWW Triennial, a world conference, is held every three years. In 2004, as a member, National FCE submitted a resolution to establish and fund formal character education to encourage ethical behavior worldwide. They also submitted a recommendation that humanitarian aid be expedited, through international agreements, to countries in crisis.

**TRIMBLE FOUNDATION
DISTRIBUTION COMMITTEE**

2004 AWARDS

Maui Council awarded scholarships to two 2004 graduates and renewed aid to six students who are already in college:

Keith Molina	MIT	\$1000
Johnathan Eno	Brown University	\$1000
Shalayne Yamamoto	University of Portland	\$1000
Milo Smith	Gonzaga	\$1000
Erin Eno	Embry-Riddle	\$1000
Hailey Crowel	Occidental College	\$1000
Amber Yamamoto	University of Washington	\$1000
Isa-Lei Hoffman	University of Puget Sound	\$1000

**State FCE Total Scholarships
Awarded in 2004**

\$11,525

**Hawaii State FCE Leadership grants
awarded FCE members:**

Kalei Tong ~ \$325 for FCL Leadership
Training

\$35,000 donated for Scholarship Fund

Mabel Inada Ito of Maui FCE established an endowed student scholarship fund worth \$35,000 for the College of Tropical Agriculture and Human Resources. The Fund will provide scholarships to undergraduate students in the Department of Family and Consumer Sciences at CTAHR. Mrs. Ito graduated from the University of Hawaii Manoa in 1941 with a BS in home economics and served as a county extension agent for more than 30 years before retiring. She was also instrumental in getting the Maui FCE popular cookbook, “50th Anniversary Best of Our Favorite Recipes 1946 – 1996” published. Funds from the cookbook sales are used to provide scholarships for Hawaii high school students going on to college.

Hawaii Wins National FCE Program Award



Hawaii FCE President Denise Smith receives award certificate from Anne Hammond, National FCE Southern Region Public Policy Coordinator

Developing human potential is the single most important contribution we can make as individuals and as an institution. It is the underlying motive of this organization.

Earlene Wingate

Past National FCE President

Hawaii FCE was awarded 3rd place in the Action category Program Award by the National FCE Board during the 2004 National FCE conference held in Albuquerque, New Mexico. The program display and report was about the work done by FCE members to pass the Na Tutu bill in the Hawaii state legislature in 2003. The bill allows caregiver families, particularly grandparents who are raising their grandchildren, to enroll them in their neighborhood schools without having to gain legal guardianship in court. The Award Report focused on how FCE members Jacqueline Chong, Carole Mulford, and Julia Duarte used **Family Community Leadership** skills to accomplish their goal of getting the bill passed. By forming a coalition with other community groups, enlisting the help of FCE members statewide, and learning about legislative procedures, they persevered for four years and saw their hard work pay off by the passage of the bill. This legislation will help an estimated 13,000 Hawaii children and their caregiver families.

FAMILY COMMUNITY LEADERSHIP

The University of Hawaii College of Tropical Agriculture and Human Resources Cooperative Extension Services and Hawaii Family and Community Education (FCE) sponsor this educational program jointly. Hawaii was one of six original FCL project states funded by grants from the W.K. Kellogg Foundation. Since its inception in 1981, FCL has trained over 20,000 individuals in the state of Hawaii. FCL State Coordinator Jean Young oversees the program. Under her guidance, with the help of many volunteers and facilitators, individuals are empowered with people skills, knowledge, and attitudes that help them to accomplish their community goals. In 2004, 70 individuals received training. For registration forms and fees, contact any Cooperative Extension office in Hawaii.



Strengthening Individuals

Women Helping Women

After learning about domestic abuse situations, Maui FCE used their sewing talents and donated materials to help those in the “safe” shelter. Their contributions reached an estimated 25 women and children.

MAFCE Women Helping Women

Kathy Moniz, Executive Director of Women Helping Women of Maui, discussed how abusers use power and control over their loved ones. Many of the abused women come to the shelter with only the clothes on their backs. This prompted MAFCE to provide these women with soap, shampoo and other basic necessities.



1,000 items and 33 children's books were donated as toiletry kits to Women Helping Women.



MAFCE members sewed 72 drawstring toiletry bags.



MAFCE members spent many hours sorting and stuffing the handmade bags.

International “India Project”

Members supported this NAFCE project by donating skeins of embroidery floss and making monetary donations. The embroidery floss is used by an Indian women’s coalition to teach income generating skills. The cash donations are used for purchasing sewing machines, teaching reading and writing fundamentals, and providing health care services to the women and their families.

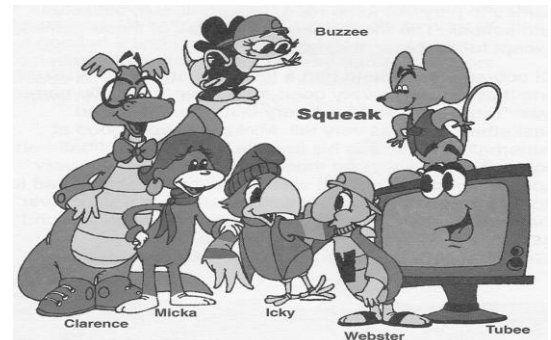
Learning Leadership Skills

FCE members attended workshops which taught them leadership techniques, how to facilitate meetings, and how to utilize resource materials.

Character Counts! Essay & Artwork Contest

Big Island, Maui, and Kauai FCE members hosted essay and artwork contests for 4th grade students with focus on character building. This year’s theme was “Respect” with 200 students participating. The purpose was to promote ethics among children and to encourage them to improve their writing and drawing skills. Area winners advanced to state and national level contests. The Hawaii FCE winner was Taylor Paragan from Oahu.

NAFCE “Friends” for Character Counts!



Health and Medical Workshops

On Oahu and Kauai, FCE members attended workshops on Alzheimer’s disease and osteoporosis as part of the NAFCE Health Fire series of booklets. Low impact exercise sessions were taught also.

Strengthening Families

Books for Newborns on "FCE Day of the Family"

This program was started to encourage new parents to read to their children, even as infants. On May 15th each year, FCE members present books to parents whose babies are born on this day. The Big Island, Maui, Kauai, and Oahu FCE members donated over 400 books to hospitals and other institutions to help instill good literacy habits at an early age.

April 5th Tune Out Violence Campaign

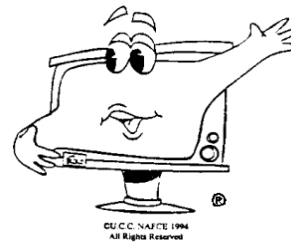
Television has tremendous potential to benefit our society. FCE's vision is that children will benefit from the television they see. April 5th has been designated as Tune Out Violence Day and FCE members gathered signatures of individuals who pledged to be aware of media violence. They are encouraged to make a conscientious effort to make good choices about their family's viewing and listening programs. This also helps parents and children to become more aware of the new required rating symbols. It supports Federal Communication regulations, including the V chip requirements. In 2004, Maui and Hilo FCE were recognized by National FCE for collecting over 1300 signatures.

Hawaii FCE Campaign Total3,320

Family ChoicE - TV

"Putting television to work for children"

TM 1995



Workshops on the "Ice" Epidemic

Hilo FCE sponsored two consecutive workshops on the fast growing epidemic of crystal methamphetamine – known as "Ice". The first workshop featured members from the local police vice squad who talked about the statistics of "Ice" and the effect it has on our communities as a whole. A presentation was given by an area woman who worked with female inmates, most of who were incarcerated for selling drugs. The second session's guest presenters were a woman who was in rehabilitation from "Ice" addiction and a counselor from a successful agency that works to help substance abusers recover. The FCE members elected to support one of the programs by giving presentations on various life skills for expectant mothers in drug rehabilitation. They reached 75 mothers with their workshops.

Strengthening Communities

Mini Workshops on Community Interests

South Oahu FCE sponsored their 33rd annual series of mini workshops available to the public that featured speakers on personal and home safety, care giving, the intergenerational gap, and bonsai art. Attendees received certificates for completion of the three sessions.

Candidate's Forum

Hilo FCE members hosted a candidate's forum, which was open to the public. The forum featured 32 candidates running for a variety of offices and from all political parties. 100 people attended it from the community.

Environmental Issues

FCE members around the state participated in community litter clean up days, learned about the new "Bottle Bill", and used their creative talents to make crafts and gifts from recycled materials. They recycled newspapers, aluminum cans, and glass bottles.



Hilo FCE members participate in "Get the Drift and Bag It" clean up of shorelines and beaches.

Community Health, Nutrition, Safety, and Care

Fifty-two lap blankets and pillows were lovingly made by FCE members and distributed to elder care facilities. Nutrition and Health workshops were held that reached over 500 people state wide. On two islands FCE members assisted their local fire departments to distribute safety booklets to 25,000 school age children. Cooperative Extension Services, 4-H, and FCE hosted K.A.M.P. (Kindergarteners Are Most Precious) orientations for 300 kindergarteners and their parents on two islands to help them acclimate to their new surroundings in school.

CONTRIBUTIONS FOR A BETTER HAWAII 2004

PROGRAM AREA	HOURS VOUNTEERED	REACHED MEMBERS & NON-MEMBERS	CONTRIBUTIONS CALCULATIED AT \$10/HOUR
FCL	214	640	\$2,140
<i>Leadership skills~ Leader Opportunity Training~ Candidate's forums~ FCL Training~ Youth Day at the State Capitol~ installation of officers</i>			
HEALTH ISSUES	56	71	\$560
<i>Workshop on Alzheimer's disease~ workshops on osteoporosis~ exercises for seniors</i>			
INTERNATIONAL PROJECTS	602	285	\$6,020
<i>India Project~Romania Project</i>			
CHARACTER COUNTS! ESSAY & ARTWORK CONTEST	160	500	\$1,600
<i>Character building lessons</i>			
YOUTH EDUCATION	390	1270	\$3,900
<i>Books for Newborns project~ Reading programs for children~ Orientation workshop for kindergarteners~ 4-H food show~ Tune Out Violence campaign</i>			
HOME & COMMUNITY ENVIRONMENT	3,636	1,508	\$36,360
<i>Environmental recycling~ Litter clean up~ workshops on "Ice"~ studying native Hawaiian plants~ Fruit fly eradication~ home security~ Financial planning workshops~ Domestic abuse workshop~Nutrition & food workshops~ touring art museum~handcraft workshops</i>			

Cooperative Extension Service Agents

L to R
 Jean Young – State FCE Advisor and FCL
 Coordinator
 Rhoda Yoshino – Island of Oahu
 Joan Chong – Island of Hawaii



FCE CREED

I believe in striving for the highest ideals of home life by having a sound body, a clear mind and a generous spirit.

I believe in friendly neighborliness and understanding of ideas and customs of races that are different from my own.

I believe in building a peaceful home, working through my community and country for a peaceful world.



Hawaii Association for Family and Community Education
Denise Smith, President
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